

All Natural
Bone-In Pork Chops
Rib or Loin, Center Cut
Value Pack

2.98
LB.






9.98
LB.

Premium Beef
Boneless Beef New York Steak
Value Pack



2.98
LB.

Fresh
Boneless Skinless Chicken Breast
Value Pack





Local stores supporting local products. **LOCAL Equals FRESH**

Fresh Produce

New Crop
Gala Apples

1.28
LB.

LOCAL - Equals - FRESH





2.98
EA.

Fresh Express
Salad Blends
Selected Varieties
6 to 11 Oz.

Extra Extra Large

3/\$4

Yellow, Red or Orange Bell Peppers



Grocery Savings!

American Beauty Pasta
Selected Varieties
16 Oz.

5/\$5



Classico Pasta Sauce
Selected Varieties
15 to 24 Oz.

2/\$7



Jif Peanut Butter
Selected Varieties
15.5 to 16 Oz.

2/\$5



Starkist Chunk Light Tuna
In Oil or Water,
5 Oz.

5/\$5



Rosarita Refried Beans
Selected Varieties
16 Oz.

3/\$5



Knorr or Farmhouse Side Dishes
Selected Varieties
4 to 6 Oz.

3/\$5



Rice-A-Roni or Pasta-Roni
Selected Varieties
4.6 to 7.2 Oz.

4/\$5



Betty Crocker Potatoes
Selected Varieties
4.7 to 5.1 Oz.

3/\$5



PRSRT STD
U.S. POSTAGE
PAID
PORTLAND, OR
Permit No. 2214

The owners and managers of all your independently owned grocery stores would like to express our utmost thanks to all of our employees for their hard work and effort during this pandemic as well as thank our community for the support of your local grocer.

Items & prices may vary by location. Some items may not be available at all stores. No Sales to Dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. We reserve the right to correct all printer errors. Minimum purchase may be required.



Your Choice!

2/\$3

Hunt's Tomato Ketchup Squeeze Bottle 20 Oz.



Chef Boyardee Pasta Entrées Selected Varieties, 14.5 to 15 Oz.



Manwich Sloppy Joe Sauce Original or Thick & Chunky, 15 to 15.5 Oz.



VanCamp's Beanee Weenee 7.75 Oz.



Snack Pack Pudding or Gelatin Selected Varieties, 4 Pack, 3.25 Oz.

SHOP. BUY. SAVE. Easy as 1,2,3! Look for Tags on the Shelf!

50¢ OFF

when you buy any (1) Snicker's, Milky Way, 3 Musketeers, Twix, Skittles, Starburst or M&M's Fun Size Bag Selected Varieties, 9.69 to 11.5 Oz.



Offer valid October 4-10, 2023

\$1 OFF

when you buy any (2) Purina BEGGIN' Dog Treats Selected Varieties 6 to 48 Oz.



Offer valid October 4-10, 2023

50¢ OFF

when you buy any (1) Purina Friskies Party Mix or Playfuls Dry Cat Treats Selected Varieties 2.1 - 30 Oz.



Offer valid October 4-10, 2023

75¢ OFF

when you buy any (1) Purina Tidy Cats Clumping Litter Selected Varieties, 14 to 40 Lb.



Offer valid October 4-10, 2023

when you buy any (2) Original Premium Seltzer Crackers Selected Varieties, 8 to 24 Oz.

SAVE \$1.50 OFF any Soup Offer valid October 4-10, 2023



GROCERY values

Party Size Lay's Potato Chips Selected Varieties 8.125 to 13 Oz.

378



Family Size Nabisco Crackers Selected Varieties 12 to 14 Oz.

498



Malt-O-Meal Cereal Selected Varieties 30 to 37 Oz.

598



Betty Crocker Brownie or Cake Mix Selected Varieties 13.25 to 16.3 Oz.

178



Smucker's Jam or Preserves Selected Varieties 18 Oz.

398



Vlasic Pickles Selected Varieties 16 to 24 Oz.

2/\$7



VanCamp's Pork and Beans 15 Oz.

4/\$5



Party Size Snacks Ruffles, Tostitos, Doritos, Simply Cheetos, Fritos or Munchies Snacks Selected Varieties 9.75 to 17 Oz.

448



Langers Pineapple or Orange Juice 64 Oz.

398



General Mills Family Size Cereal Honey Nut Cheerios or Lucky Charms 18.6 to 18.8 Oz.

498



Progresso Soup Selected Varieties 18.5 to 19 Oz.

2/\$4



Quaker Oatmeal Squares Brown Squares 14.5 Oz.

348



Gevalia Coffee Selected Varieties 12 Oz.

998



Country Time or Tang Drink Mix Selected Varieties 19 to 20 Oz.

498



Orville Redenbacher's Microwave Popcorn Selected Varieties 6 Pack

498



General Mills or Mott's Fruit Snacks Selected Varieties 6 to 10 Count

298



Wiley Wallaby Licorice Selected Varieties 7.05 Oz.

298



Goldenberg's Peanut Chews 3 Oz.

4/\$5



Febreze Odor Eliminator Ocean or Fresh 25 Oz.

348



Gain Ultra Power Blast Dish Spray 18 Oz.

498



All Laundry Detergent Selected Varieties Liquid, 36 Oz. or 16 Pacs

898



Scope Mouthwash Original or Fresh Mint 33.8 Oz.

498



Fixodent Adhesive Cream 1.4 Oz.

298



Olay Body Wash Selected Varieties 22 Oz.

698



TRESemmé Hair Products Selected Varieties 8 to 11 Oz.

698



Bounty Essentials Paper Towels 6 Big Rolls or Charmin Essentials Bath Tissue 6 Mega Rolls

598



NATURAL & SPECIALTY

Montebello Organic Pasta Selected Varieties 16 Oz.

398



Pomi Chopped or Strained Tomatoes 26.46 Oz.

398



Napoleon Extra Virgin Olive Oil 16.9 Oz.

698



Nutpods Almond Coconut or Oatmilk Creamer Selected Varieties 25.4 to 32 Oz.

2/\$9



Annie Chun's Seaweed Snacks 35 Oz.

2/\$3



Primal Kitchen Pasta Sauce Selected Varieties 15 to 24 Oz.

698



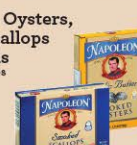
Chickapea Pasta Selected Varieties 8 Oz.

398



Napoleon Oysters, Clams, Scallops or Mussels Selected Varieties 3.75 Oz.

2/\$6



From the Ground Up Crackers Selected Varieties 3.5 to 4 Oz.

2/\$7



Annie Chun's Noodle or Soup Bowls Selected Varieties 5.9 to 8.1 Oz.

2/\$7



DAIRY fresh



Yoplait Yogurt Selected Varieties 4 to 6 Oz.

5/\$3

Yami Yogurt Selected Varieties 6 Pack, 4 Oz.

248



Philadelphia Cream Cheese 2 Pack, 8 Oz. Brick

698



Darigold Cottage Cheese Selected Varieties 16 Oz.

298



Kraft or Velveeta Singles Selected Varieties 10.7 to 12 Oz.

398



FROZEN favorites

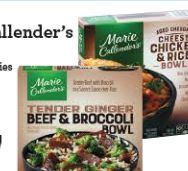


Mr. Dell's Hash Browns Selected Varieties 24 to 32 Oz.

398

Marie Callender's Bowls Selected Varieties 10.5 to 13 Oz.

2/\$7



Banquet Family Size Entrées or Mega Bowls Selected Varieties 13 to 27 Oz.

2/\$7



Edward's Pie Selected Varieties 23.5 to 36 Oz.

698



Michelin's Entrées Selected Varieties 4.5 to 8.5 Oz.

2/\$3



fresh PRODUCE

Fresh
Raspberries
6 Oz. Package

2/\$6

organic PRODUCE

Organic Zucchini Squash

1.98 LB.

Organic Roma Tomatoes

1.98 LB.

Organic Lacinato Kale Bunch

2.48 EA.

FLORAL

2 Inch Succulent in Ceramic Velvet Pumpkin

6.98 EA.

Golden Days Bouquet

9.98 EA.

NatureSweet Tomatoes Cherubs-Grape or D'Vines-Cherry, 9 to 10 Oz.

2.98 EA.

Large Portabello Mushrooms

6.98 LB.

Jumbo Red Onions

88¢ LB.

Extra Fancy Slicing Cucumbers

98¢ EA.

Litehouse Family Size Dressing Selected Varieties 20 Oz.

5.98 EA.

Fresh Gourmet Organic Croutons Caesar or Seasoned 4.5 Oz.

3.98 EA.

Seneca Apple Chips Selected Varieties 2.5 Oz.

2/\$5

local BAKERY

Franz Sliced Bread Selected Varieties 22.5 to 24 Oz.

2.98

Franz Pan Bread Selected Varieties 24 Oz.

3.48

Franz Bagels Selected Varieties 6 Count

3.98

Franz English Muffins Selected Varieties 6 Count

2.98

service DELI

Kreischmar

Smoked Turkey Breast Mesquite or Pepper Smoked

8.98 LB.

All Natural Swiss Cheese

8.98 LB.

Wrap Sandwiches Healthy, delicious and handcrafted in Seattle Selected Varieties, 8 to 10 Oz.

5.98 EA.

Dreamland

Chicken Wings Grab & Go for Tailgating Fun! Selected Varieties

5.98 LB.

Tyson

Penne Buno Gusto Salad

7.98 LB.

Grab & Go Penne Buno Salad 8 Oz.

5.48 EA.

Dreamland

service BAKERY

French Bread Fresh from our Bakery.

2.48 EA.

Bakery Fresh

Slider Buns Makes the perfect sized tailgating mini sandwich, 9 Count

4.98 EA.

King's Hawaiian

Cake Slices Selected Varieties 5.8 to 6.5 Oz.

2/\$7

RICH'S

Italian Style Cheese Cups Shaved, Shredded or Grated. Sprinkle some on your favorite hot dish or green salad! Selected Varieties 5 Oz.

3.98 EA.

BELGIOIOSO

3-Inch Single Serve Cheesecake Selected Varieties 3.5 Oz.

3.98 EA.

Sliced Loaf Cakes Selected Varieties 16 Oz.

5.48 EA.

Olson's

Wednesday & Friday Only!

Whole Rotisserie Chicken — OR — 8 Piece Chicken 2 Each: Breast, Leg, Thigh & Wing

Your Choice!

1.00 OFF

*not available on ecommerce site

fresh MEAT & SEAFOOD

Premium Beef
Boneless Beef
London Broil
Excellent Marinated
for the Grill

4.98
LB.



OUR QUALITY ASSURANCE STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS; WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.



Premium Beef
Extra Lean Ground Beef
85% Lean, 15% Fat
Value Pack
5.98
LB.



Premium Beef
Beef Short Ribs
Thin Cut Flanken Style
Value Pack
11.98
LB.



Premium Beef
Boneless Beef
Top Round Steak
Value Pack
5.98
LB.



No Antibiotics Ever
Chicken Wings
Tray Pack
2.98
LB.



All Natural
Stuffed Pork
Loin Chop
Center Cut
4.98
LB.



Premium Beef
Super Lean
Ground Beef
90% Lean, 10% Fat,
16 Oz. Brick
5.98
EA.

Colossal

Argentine
Royal Red
Shrimp
8 to 12 Count
13.98
LB.



Fresh

Albacore
Tuna Loin
13.98
LB.



Fresh

True Cod
Fillet
9.98
LB.



Fresh

Oregon
Shrimp
Meat
Fully cooked and
ready to serve.
6.98
LB.



SEAFOOD SUBJECT TO
AVAILABILITY & WEATHER

DELI MEAT specials



All Natural
Pork Tenderloin
w/Seasoning
Selected Varieties
18.4 Oz.
6.48
EA.



Farmland
Sliced Bacon
Selected Varieties
16 Oz.
5.98
EA.



Jennie-O
Fresh Ground
Turkey
Selected Varieties
16 Oz.
4.98
EA.



Oscar Mayer
Deli Fresh
Sliced Meat
Selected Varieties
7 to 9 Oz.
5.48
EA.



Eckrich
Sausage Links,
Loops or Li'l
Cocktail Smokies
Selected Varieties
12 to 14 Oz.
2/\$7



Jennie-O
Fresh Turkey
Patties
Selected Varieties
16 Oz.
4.98
EA.



Oscar Mayer
Uploaded
Lunchables
Selected Varieties
13.9 to 15.1 Oz.
3.98
EA.



Nathan's Famous
Beef Franks
Selected Varieties
10 to 12 Oz.
5.48
EA.



Nathan's Famous
Family Pack
Beef Franks
Colossal 1/4 Pounder
or Bun Length,
28 to 32 Oz.
11.98
EA.

refreshing BEVERAGES



Pepsi Products
Selected Varieties
6 Pack, 7.5 Oz.
Cans
3/\$11



Pepsi Products
Selected Varieties
12 Pack, 12 Oz.
Cans
2/\$12

SHOP. BUY. SAVE.
Easy as 1,2,3! *Shop, Buy, Save items not available on occasions site

\$1 OFF When You Buy (4) Glacéau VitaminWater Selected Varieties, 20 Oz.

Offer valid October 4-10, 2023



Pepsi Products
Selected Varieties
1.25 Liter
Bottles
2/\$3



7Up, A&W or
Canada Dry
Products
Selected Varieties
2 Liter Bottles
2/\$4



7Up, Canada Dry or
A&W Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans
3.98



Aquafina
Purified Water
24 Pack, 16.9 Oz. Bottles
6.48



Core
Hydration
Water
30.4 Oz. Bottles
4/\$5



Core
Hydration+
Enhanced
Water
Selected Varieties
23.9 Oz. Bottles
4/\$5

BEER and Wine

Fort George
Selected Varieties
6 Pack, 12 Oz.
Cans
10.98



Elysian
Pumpkin
Pack
12 Pack, 12 Oz.
Bottles
19.98



Elysian
Night Owl
6 Pack, 12 Oz.
Cans or Bottles
9.98



Columbia Crest
Grand Estates
Selected Varieties
750 ml.
11.98

Coors or
Coors Light
Selected Varieties
18 Pack, 12 Oz.
Cans or Bottles
17.98

Ryan Patrick
Selected Varieties
750 ml.
9.98



Waterbrook
Selected Varieties
750 ml.
13.98

Rodney Strong
Selected Varieties
750 ml.
16.98

SPIRITS

Ninkasi
Cocktails
Selected Varieties
4 Pack, 12 Oz. Cans
9.98

Easy Rider
Bourbon
750 ml.
24.98

Grey Goose
Vodka
Selected Varieties
750 ml.
29.98

Browne Family
Eye Whiskey
Bourbon or
Gigi's Garden Gin
750 ml.
39.98

Stock Up & Save

Case Sale!

Prices Good October 4-10, 2023



Food Club Canned Vegetables
Selected Varieties
14.5 to 15.25 Oz.

Food Club Canned Tomatoes
Selected Varieties
14.5 Oz.

Food Club Canned Beans
Selected Varieties
15.5 Oz.

Your Choice!

6⁹⁸
Case of 12



Food Club Canned Fruit
Selected Varieties
14.5 to 15.25 Oz.

13⁹⁸
Case of 12

Food Club Diced Tomatoes w/ Green Chili
Original or Mild
10 Oz.

9⁹⁸
Case of 12

Food Club Macaroni & Cheese
12/7.25 Oz.

5⁹⁸
Case of 12

Stock Up & Save!



Wide Awake Coffee
Selected Varieties
32 Count K-Cups

9⁹⁸



Merchant's Craft Soda
Selected Varieties
12 Pack, 12 Oz. Cans

2/\$5



Food Club Drinking Water
24 Pack, 16.9 Oz.

3⁹⁸

Simply Done Bath Tissue
12 Rolls

4⁸⁸



Simply Done Paper Towels
6 Rolls

4⁸⁸



Case Sale... Stock Up & Save!

Prices Good October 4-10, 2023

Stock Up & Save! Sale



Pantry Essentials



Food Club Pasta Sauce
Selected Varieties
23 to 24 Oz. **2/\$4**



Food Club Tomato Sauce
15 Oz. **4/\$5**



Food Club Condensed Soup
Chicken Noodle or Tomato, 10.5 to 10.75 Oz. **5/\$5**



Food Club Instant Oatmeal
Selected Varieties
10 to 12 Count **2/\$5**



Food Club Fruit Bowls
Selected Varieties
4 Pack **2/\$5**



Food Club Granola Bars
Selected Varieties
8 Count **2/\$6**



Merchant's Craft Trail Mix
Selected Varieties
28 Oz. **5⁹⁸**



Crav'n Flavor Beef Jerky
Original or Teriyaki
8 Oz. **7⁹⁸**



Food Club Popcorn
Selected Varieties
3 Pack **2/\$3**



Crav'n Flavor Crackers
Selected Varieties
7 to 13.7 Oz. **2/\$5**



Crav'n Flavor Cookies
Selected Varieties
9.5 to 15.3 Oz. **2/\$5**



Crav'n Flavor Fudge or Wafer Cookies
Selected Varieties
8.5 to 12.5 Oz. **2/\$5**

Stock Up & Save!

Freezer Favorites



Food Club Waffles
Selected Varieties
12.3 Oz. **2/\$4**



Crav'n Flavor Appetizers
Selected Varieties
8 Oz. **2/\$6**



Crav'n Flavor Tex-Mex Bowl
Selected Varieties
10 to 10.6 Oz. **2/\$6**



Food Club Frozen Veggies
Selected Varieties
12 Oz. **3/\$4**



Crav'n Flavor Breakfast Bowls
Selected Varieties
7 Oz. **2/\$6**



Crav'n Flavor Egg Rolls
Selected Varieties
12.2 Oz. **2/\$7**



Crav'n Flavor Rising Crust Pizza
Selected Varieties
28.2 to 32.7 Oz. **2/\$10**



Crystal Creamery Ice Cream
Selected Varieties
48 Oz. **3⁹⁸**

Household Supplies



Simply Done Disinfectant Wipes
Fresh Scent or Lemon, 75 Count **2/\$5**



Simply Done Dish Soap
19.4 Oz. **1⁹⁸**



Simply Done Paper Plates or Facial Tissue
Tissue, 144 Count or Plates, 44 Count **4⁹⁸**



Simply Done Basic Napkins
500 Count **2⁹⁸**



Simply Done Glass Cleaner or Refill
32 to 67.6 Oz. **2/\$5**



Simply Done Party Cups
50 Count, 18 Oz. **3⁹⁸**



Simply Done Storage Bags
Selected Varieties
38 to 80 Count **2/\$5**



Simply Done Aluminum Foil
Economy, 12 Inch, 75 Sq. Ft. **2⁹⁸**

Stock Up & Save!