

All Natural  
**Boneless Pork Tenderloin**  
 Twin Pack

**2.98** LB.

**PRAIRIE FRESH NATURAL**

**DRAPER VALLEY**  
 NO ANTIBIOTICS EVER

No Antibiotics Ever  
**Chicken Drumsticks**  
 Value Pack

**98¢** LB.

**Freshly Ground**  
**Lean Ground Beef**  
 80% Lean, 20% Fat  
 Value Pack

**4.98** LB.

Local stores supporting local products. **LOCAL Equals FRESH**

**Fresh Produce**

**Extra Large**  
**Red or Green Seedless Grapes**

**1.98** LB.

**GRAPES FROM CALIFORNIA**

**Fresh**  
**Gold Pineapple**  
**2.98** EA.

**Strawberries**  
 1 lb. Package  
**3.98** EA.

**Ice Cream Sale!**

**Crystal Creamery Ice Cream**  
 Selected Varieties  
 48 Oz.

**3.98**

**Duncan Hines Brownie Mix**  
 Selected Varieties  
 18 to 18.3 Oz.

**2/\$4**

**Smucker's Topping**  
 Selected Varieties  
 11.75 to 12.25 Oz.

**2.28**

**Food Club Whipped Topping**  
 Original or Extra Creamy, 13 Oz.

**3.48**

**Food Club Ice Cream Cups or Cones**  
 12 Count

**1.88**

**Food Club Baking Chips**  
 Selected Varieties  
 11 to 12 Oz.

**2/\$5**

**Food Club Peanuts**  
 Selected Varieties  
 12 to 16 Oz.

**2/\$5**

**Food Club Walnuts**  
 Halves & Pieces,  
 16 Oz.

**5.98**

**Crav'n Flavor Vanilla Ice Cream Cones**  
 8 Pack

**5.98**

**Crav'n Flavor Ice Cream Sandwich**  
 Vanilla or Neapolitan  
 12 Count

**3.98**

**Crav'n Flavor Ice Cream Bars or Pops**  
 Selected Varieties  
 12 to 20 Count

**3.98**

**Crav'n Flavor Banana Pops**  
 12 Count

**2.88**

**Crav'n Flavor Ice Cream Cups**  
 Strawberry Fudge or Vanilla, 12 Pack

**4.48**

**Outshine Fruit Bars**  
 Selected Varieties  
 6 Count

**2/\$8**

**Outshine Fruit Bars**  
 Selected Varieties  
 12 Count

**2/\$10**

PRINTED IN U.S. POSTAGE PAID PERMIT NO. 2274 PORTLAND, OR ECRSSS RESIDENTIAL CUSTOMER

**Wray's IGA Market Fresh**  
 YAKIMA: 7200 W. Nob Hill Blvd. YAKIMA: 401 W. Nob Hill Blvd.  
 YAKIMA: 5605 Summitview SELAH: 5605 121 E. 3rd Ave.

**Martin's Market Fresh**  
 CASHMERE:  
 130 Titchenal Way

**Okanogan IGA Market**  
 OKANOGAN:  
 310 2nd Avenue South

**Vashon IGA Market Fresh**  
 VASHON:  
 17639 100th Ave SW

# Frozen Favorites!



**Crav'n Flavor Rising Crust Pizza**  
Selected Varieties  
17.95 to 32.7 Oz. **2/\$10**



**Food Club Popcorn Shrimp**  
12 Oz. **2/\$8**



**Crav'n Flavor Appetizers**  
Selected Varieties  
8 Oz. **2/\$6**



**Crav'n Flavor Egg Rolls**  
Selected Varieties  
12.2 Oz. **2/\$7**



**Crav'n Flavor Chicken Meals**  
Selected Varieties  
21 Oz. **2/\$10**



**Food Club Frozen Vegetables**  
Selected Varieties  
12 Oz. **2/\$3**



**Crav'n Flavor Breakfast Bowls**  
Selected Varieties  
7 Oz. **2/\$6**



**Food Club Waffles**  
Selected Varieties  
12.3 Oz. **2/\$4**



**Nalley Chili**  
Selected Varieties  
14 Oz. **3/\$5**



**Green Mountain Coffee**  
Selected Varieties  
32 Count **18<sup>98</sup>**



**Kraft Macaroni & Cheese Cups**  
Selected Varieties  
2.05 to 2.39 Oz. **3/\$5**



**A.1. Steak or Heinz 57 Sauce**  
10 to 20 Oz. **5<sup>98</sup>**



**Filippo Berio Olive Oil**  
Selected Varieties  
16.9 to 25.3 Oz. **7<sup>98</sup>**



**Crisco Vegetable or Canola Oil**  
40 Oz. **4<sup>98</sup>**



**Malt-O-Meal Oats or Oatmeal**  
Selected Varieties  
9.8 to 42 Oz. **3<sup>48</sup>**



**Kellogg's Cereal**  
Selected Varieties  
9 to 15.5 Oz. **3<sup>98</sup>**



**Country Kitchen Syrup**  
Selected Varieties  
36 Oz. **2<sup>98</sup>**



**Country Time or Tang Drink Mix**  
Selected Varieties  
19 to 20 Oz. **4<sup>98</sup>**



**Nature Valley Crunchy Granola Bars**  
Selected Varieties  
12 Count **5<sup>48</sup>**



**Duncan Hines Cake Mix**  
Selected Varieties  
15.25 Oz. **2/\$4**



**Betty Crocker Delights Brownie Mix**  
Selected Varieties  
16 to 19.1 Oz. **2<sup>98</sup>**



**Kool-Aid Jammers Beverage**  
Selected Varieties  
10 Pack **2/\$7**



**Jell-O Gelatin or Pudding Mix**  
Selected Varieties  
9 to 3.9 Oz. **2/\$3**



**Jell-O Gelatin or Pudding Mix**  
Selected Varieties  
.6 to 6 Oz. **2/\$4**



**Duncan Hines Frosting**  
Selected Varieties  
16 Oz. **2<sup>28</sup>**



**Twizzlers Candy**  
Selected Varieties  
12 to 16 Oz. **3<sup>48</sup>**



**Kool Aid Drink Mix**  
Selected Varieties  
Envelope **3/\$1**



**Arm & Hammer Cat Litter**  
Selected Varieties  
20 Lbs. **11<sup>98</sup>**



**Blue Buffalo Nudges Dog Snacks**  
Selected Varieties  
16 Oz. **14<sup>98</sup>**



**Head & Shoulders Shampoo or Conditioner**  
10.9 to 12.5 Oz. **5<sup>98</sup>**



**Dawn Scrub Sponge**  
Selected Varieties  
3 Count **2<sup>98</sup>**



**Mr. Clean Duet Gloves**  
Small, Medium or Large,  
2 Count **2/\$5**



**Arm & Hammer Laundry Detergent**  
Selected Varieties  
100.5 to 105 Oz. or 48 Count Pods **11<sup>98</sup>**



**Charmin Ultra Bath Tissue**  
Soft or Strong,  
12 Mega Rolls **24<sup>98</sup>**

## NATURAL & SPECIALTY



**Kodiak Cakes Waffles**  
Selected Varieties  
8 to 12 Count **4<sup>98</sup>**



**Once Again Butter**  
Selected Varieties  
16 Oz. **5<sup>98</sup>**



**St. Dalfour Fruit Spread**  
Selected Varieties  
10 Oz. **2/\$9**



**Annie's Homegrown Baked Snack Crackers**  
Selected Varieties  
7 to 7.5 Oz. **2/\$7**



**Orchard Valley Harvest Candy Mix**  
Selected Varieties  
7 to 8 Oz. **2/\$9**



**Ginger People Candy**  
Selected Varieties  
3 to 3.5 Oz. **2/\$5**



**Suckerpunch Pickles**  
Selected Varieties  
24 Oz. **5<sup>98</sup>**



**Safe Catch Wild Elite Tuna**  
Selected Varieties  
2.6 to 3 Oz. **2/\$5**



**Cocomels Caramels**  
Selected Varieties  
3.5 Oz. **2/\$9**



**Vital Farms Pasture Raised Eggs**  
Dozen **6<sup>98</sup>**



**Barnana Plantain Chips**  
Selected Varieties  
3.5 to 5 Oz. **3<sup>98</sup>**



**Sheila G's Brownie Brittle**  
Selected Varieties  
4 to 5 Oz. **3<sup>98</sup>**

## DAIRY fresh



**Donald Duck Orange Juice**  
Selected Varieties  
59 Oz. **2<sup>98</sup>**



**Cherry Lane Omega Cage Free Large Eggs**  
Dozen **3<sup>48</sup>**



**Sargento Shredded or Sliced Cheese**  
Selected Varieties  
5 to 8 Oz. **2/\$6**



**Oui French Style Yogurt**  
Selected Varieties  
5 Oz. **2/\$3**



**Yami Yogurt**  
Selected Varieties  
6 Count **2<sup>28</sup>**



**Philadelphia Cream Cheese**  
Twin Pack,  
8 Oz. Cubes **6<sup>98</sup>**

## FROZEN favorites



**Stouffer's or Lean Cuisine Meals**  
Selected Varieties  
6 to 12.8 Oz. **2/\$7**



**Bertolli or P.F. Chang's Meals**  
Selected Varieties  
22 Oz. **8<sup>98</sup>**



**Healthy Choice Simply Steamers**  
Selected Varieties  
9.25 to 10 Oz. **3<sup>98</sup>**



**Banquet Pot Pie**  
Selected Varieties  
7 Oz. **3/\$4**



**Banquet Classic Meals**  
Selected Varieties  
7.4 to 11.88 Oz. **2/\$4**



**Stouffer's or Lean Cuisine Entrées**  
Selected Varieties  
8.5 to 12 Oz. **2/\$6**



**Lean Cuisine Entrées**  
Selected Varieties  
8.5 to 12 Oz. **2/\$6**

## GROCERY values

**Lay's Potato Chips**  
Selected Varieties  
4.75 to 8 Oz. **2/\$7**



**Quaker Life Cereal**  
Original or Cinnamon  
13 Oz. **2/\$7**



**Tim's or Hawaiian Party Size Potato Chips**  
Selected Varieties  
13 Oz. **3<sup>98</sup>**



**Nabisco Chips Ahoy! Cookies**  
Selected Varieties  
9.25 to 13.72 Oz. **3<sup>98</sup>**



# fresh PRODUCE

Yellow Peaches or Nectarines Local

**2.98** LB.



LOCAL Equals FRESH

Jumbo

Mangoes **2/\$3**



Green Onions Bunch

**68¢** EA.

DeGoede Farms Living Bibb Lettuce 5 Oz.

**3.48** EA.



Zespri Sungold Kiwifruit 1 Lb. Container

**4.98** EA.

# organic PRODUCE

Organic Romaine Lettuce Local

**2.48** EA.



LOCAL Equals FRESH USDA ORGANIC

Organic Blueberries 6 Oz. Package Local

**3.98** EA.



LOCAL Equals FRESH USDA ORGANIC

organicgirl Nutritional Blends Selected Varieties 4.2 to 5 Oz.

**3.98** EA.



USDA ORGANIC

# FLORAL

Melon Melody Bouquet

**14.98** EA.



Farm Fresh Bouquet **12.98** EA.

6 Inch Hanging Succulents Assorted **16.98** EA.



Taylor Farms Salad Blends Selected Varieties 6 to 12 Oz.

**3.48** EA.

Fresh Gourmet Salad Toppers Selected Varieties 3.5 Oz.

**3.48** EA.



Fresh Gourmet Fruit & Nut Toppers Selected Varieties 3.5 Oz.

**5.48** EA.



# local BAKERY

Franz Pan Bread Selected Varieties 24 Oz.

**4.48**



Franz Naked Bread Selected Varieties 22.5 Oz.

**2.98**



Franz Hamburger or Hot Dog Buns Selected Varieties 8 Count

**2.98**



Seattle International Buns Brioche or Pub, 8 Count

**4.98**



Franz Hawaiian Hamburger or Hot Dog Buns 8 Count

**3.98**

# service DELI



Oven Roasted Turkey **8.98** LB.

Mild Cheddar Cheese **7.98** LB.

Italian Style Shredded or Grated Cheese Cups Selected Varieties 5 Oz.

**3.98** EA.



American Classic Salads Selected Varieties 15 to 16 Oz. Tub

**2/\$7**



Grab & Go Green Salads Cobb Salad with Chicken & Bacon or Spinach Berry 9.25 to 10 Oz.

**7.98** EA.



Hummus Selected Varieties 10 Oz.

**4.98** EA.



# service BAKERY

French Baguette 10.5 Oz.

**3.48** EA.

Hawaiian Rolls Original Sweet or Savory Butter 12 Count

**4.98** EA.

Ring Cakes Selected Varieties 26 Oz.

**8.98** EA.



Every Wednesday!

Weekday Chicken Specials!

Every Friday!

8 Piece Chicken 2 Each: Breast, Leg Thigh & Wing LIMIT 2 **8.98** EA.



\*not available on ecommerce site



Whole Roasted Chicken LIMIT 2 **8.98** EA.

\*not available on ecommerce site



Sliced Loaf Cakes Selected Varieties 16 Oz. **5.48** EA.

Mini Cinnamon Roll Tub 12 Oz. **4.48** EA.

# fresh MEAT & SEAFOOD

**The King of Steak!**

Premium Beef  
**Beef T-Bone Steak**  
Value Pack

**12<sup>98</sup>** LB.

**PRAIRIE FRESH NATURAL**

All Natural  
**Center Cut Pork Chops**  
Loin or Rib, Value Pack

**2<sup>98</sup>** LB.

**OUR QUALITY ASSURANCE STATEMENT** | IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS; WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.

**Fresh Ground**

Lean Ground Beef  
80% Lean, 20% Fat  
Value Pack

**4<sup>98</sup>** LB.

Boneless Beef Chuck Roast \$5.98 LB.

Premium Beef  
**Boneless Beef Chuck Steak**  
Value Pack

**6<sup>48</sup>** LB.

**NO ANTIBIOTICS EVER**

No Antibiotics Ever  
**Grill Pack Chicken**  
Value Pack

**1<sup>98</sup>** LB.

**Colossal**

Royal Red Shrimp  
13 to 15 Count

**12<sup>98</sup>** LB.

Washington  
Troll Caught  
Coho Salmon  
Fillet

**13<sup>98</sup>** LB.

**Live**

Mediterranean  
Mussels in  
the Shell

**5<sup>98</sup>** LB.

**Fresh**

Rainbow  
Trout

**6<sup>98</sup>** LB.

SEAFOOD SUBJECT TO AVAILABILITY & WEATHER

## DELI MEAT specials

Jennie-O  
Turkey Tenderloin  
Selected Varieties  
24 Oz.

**8<sup>48</sup>** EA.

Farmland  
Sliced Bacon  
Selected Varieties  
16 Oz.

**5<sup>98</sup>** EA.

Farmland  
Sausage Rolls  
Selected Varieties  
12 Oz.

**2<sup>68</sup>** EA.

Smithfield  
Prime Fresh  
Delicatessen Meats  
Selected Varieties, 7 to 8 Oz.

**4<sup>48</sup>** EA.

Armour  
Meatballs  
Selected Varieties  
11 to 14 Oz.

**3<sup>98</sup>** EA.

Smithfield  
Smokehouse  
Reserve Boneless Ham

**5<sup>68</sup>** LB.

Armour  
Pepperoni  
Selected Varieties  
4 to 5 Oz.

**2/\$6**

Oscar Mayer  
Uploaded Lunchables  
Selected Varieties  
11.5 to 15.5 Oz.

**3<sup>98</sup>** EA.

## BEER & WINE

Black Raven  
Selected Varieties  
6 Pack, 12 Oz.  
Cans

**9<sup>98</sup>**

Incline Cider Co.  
Selected Varieties  
6 Pack, 12 Oz. Cans

**9<sup>98</sup>**

Incline Imperial  
Cider Co.  
Selected Varieties  
6 Pack, 12 Oz. Cans

**10<sup>98</sup>**

Coors or  
Coors Light  
18 Pack, 12 Oz.  
Bottles or Cans

**17<sup>98</sup>**

Modelo  
Especial or Negra,  
12 Pack, 12 Oz.  
Cans

**17<sup>98</sup>**

Bogle  
Selected Varieties  
750 ml.

**8<sup>98</sup>**

Argyle  
Vintage Brut  
750 ml.

**22<sup>98</sup>**

Thurston  
Wolfe  
Selected Varieties  
750 ml.

**15<sup>98</sup>**

Three  
Rivers  
Selected Varieties  
750 ml.

**11<sup>98</sup>**

Barefoot  
Selected Varieties  
1.5 Liter

**9<sup>98</sup>**

## refreshing BEVERAGES

Pepsi Products  
Selected Varieties  
12 Pack,  
12 Oz. Cans

**2/\$12**

Pepsi Products  
Selected Varieties  
6 Pack,  
16.9 Oz. Bottles

**2/\$10**

Pure Leaf  
Tea  
Selected Varieties  
6 Pack,  
16.9 Oz. Bottles

**6<sup>98</sup>**

Rockstar  
Energy Drinks  
Selected Varieties  
16 Oz. Cans

**3/\$5**

Bubly  
Sparkling Water  
Selected Varieties  
8 Pack, 12 Oz. Cans

**3/\$10**

Talking Rain  
Sparkling Ice  
Selected Varieties  
17 Oz. Bottles

**4/\$5**

Core Hydration  
Water or  
Hydration +  
Selected Varieties  
23.9 to 30.4 Oz.  
Bottles

**2/\$3**

Snapple  
Beverages  
Selected Varieties  
32 Oz. Bottles

**2/\$3**

A&W, RC Cola  
or Sunkist  
Products  
Selected Varieties  
2 Liter Bottles

**2/\$4**

## SPIRITS

503 Cocktails  
Selected Varieties  
4 Pack, 12 Oz.  
Cans

**14<sup>98</sup>**

Tito's  
Handmade  
Vodka  
750 ml.

**22<sup>98</sup>**

Elijah Craig  
Bourbon  
Straight Rye  
or Bourbon  
750 ml.

**32<sup>98</sup>**

Jim Beam  
Bourbon  
Selected Varieties  
750 ml.

**23<sup>98</sup>**