

Premium Beef
Boneless Beef London Broil
Excellent Marinated for the Grill

4.98
LB.

USDA CHOICE St. Helens BEEF LOCAL Equals FRESH



All Natural
Pork Baby Back Ribs
Single Pack

2.98
LB.

PRAIRIE FRESH NATURAL



Local stores supporting local products. **LOCAL Equals FRESH**

Fresh Produce
Fresh New Crop!

Blueberries
18 Oz. Container

2.98
EA.

LOCAL Equals FRESH



Ocean Spray

Bi-Color Corn on the Cob

10/\$6

LOCAL Equals FRESH



Walla Walla Sweet Onions

98¢
LB.

LOCAL Equals FRESH

Your Northwest food club Sale!

Wide Awake Coffee
Selected Varieties
11 to 12 Oz. or 10 Count

5.98

WIDE AWAKE COFFEE CO.



Food Club Drinking Water
24 Pack, 16.9 Oz. Bottles

2.98



Food Club Chunk Light Tuna
In Water, 5 Oz.

88¢



Food Club Macaroni & Cheese
Selected Varieties
5.5 to 7.3 Oz.

88¢



Food Club Mayonnaise
Regular or Lite
30 Oz.

3.98



Food Club Pasta
Selected Varieties
12 to 16 Oz. Box

3/\$5



Food Club Chunk White Chicken Breast
In Water, 5 Oz.

2/\$3



Food Club Shredded Cheese
Selected Varieties
2 Lb. Bag

6.98



Food Club Cranberry Juice
Selected Varieties
64 Oz.

2/\$6



Food Club Vegetable Oil
24 Oz.

2.48



Food Club Peanut Butter
Crunchy or Creamy, 28 Oz.

2/\$7



Food Club Apple Juice
64 Oz.

2/\$5



Simply Done Paper Towels
6 Big Rolls

4.98



Simply Done Bath Tissue
12 Rolls

Your Choice! 4.98

Seafood Sale

SEAFOOD SUBJECT TO AVAILABILITY & WEATHER

Fresh
ALASKA SOCKEYE SALMON FILLET
9⁹⁸ LB.

Fresh Live
MUSSELS IN THE SHELL LOCAL
5⁴⁸ LB.

Fresh
ROCK FISH FILLETS EXCELLENT CHOICE FOR FISH TACOS
6⁹⁸ LB.

Fresh
OREGON SHRIMP MEAT FULLY COOKED, READY TO SERVE
6⁹⁸ LB.

Extra Large
ARGENTINE ROYAL RED SHRIMP 16 TO 20 COUNT 2 LB. BAG - \$21.98 EA.
11⁹⁸ LB.

LARGE LEMONS GOES GREAT WITH SHRIMP
2/\$1

WATERBROOK SELECTED VARIETIES 750 ML.
12⁹⁸ EA.

FOUND IN THE SERVICE BAKERY
FRENCH BREAD
2⁷⁸ EA.

GROCERY values

<p>Bertolli Alfredo Pasta Sauce Selected Varieties, 15 Oz. 3⁹⁸</p>	<p>Hunt's Tomatoes Selected Varieties 14.5 Oz. 3/\$5</p>	<p>Yuban or Maxwell House Coffee Selected Varieties 24.5 to 31 Oz. 9⁹⁸</p>
<p>Bertolli Pasta Sauce Selected Varieties 24 Oz. 2/\$7</p>	<p>Italian Chef Pasta Selected Varieties 48 Oz. 3⁹⁸</p>	<p>Ragu Pasta Sauce Selected Varieties 16 to 24 Oz. 2/\$6</p>
<p>California Pizza Kitchen Dressing Selected Varieties 12 Oz. 2/\$7</p>	<p>Kraft Deluxe Pasta & Cheese Selected Varieties 12 to 14 Oz. 4⁴⁸</p>	<p>Langers Juice or Cocktail Selected Varieties 64 Oz. 2/\$7</p>
<p>Sun Chips Whole Grain Snacks Selected Varieties 7 Oz. 2/\$7</p>	<p>Doritos Tortilla Chips Selected Varieties 6 to 10.75 Oz. 2/\$7</p>	
<p>Pompeian Organic Extra Virgin Olive Oil 16 Oz. 10⁹⁸</p>	<p>Mott's Applesauce Selected Varieties 6 Pack 2⁷⁸</p>	<p>Gevalia Coffee Selected Varieties 12 Oz. 8⁹⁸</p>
<p>Nabisco Ritz Chips Selected Varieties 7 to 8.1 Oz. 4⁴⁸</p>	<p>Tim's or Hawaiian Potato Chips Selected Varieties 7.5 Oz. 2/\$6</p>	
<p>Kellogg's Club or Townhouse Crackers Selected Varieties 9.5 to 15.8 Oz. 4⁴⁸</p>	<p>Pringles Potato Crisps Selected Varieties 5.25 to 5.6 Oz. 2/\$5</p>	<p>Kellogg's Cereal Selected Varieties 9.6 to 16.6 Oz. 2/\$9</p>
<p>Kellogg's Large Size Cereal Selected Varieties 13.2 to 17.3 Oz. 4⁹⁸</p>	<p>Skippy Peanut Butter Selected Varieties 8.5 to 9.8 Oz. 4⁹⁸</p>	
<p>General Mills Chex Mix Snacks Selected Varieties 8.75 Oz. 2⁹⁸</p>	<p>Orville Redenbacher's Popcorn Selected Varieties 6 Pack 4⁹⁸</p>	<p>Planters Dry Roasted Peanuts Selected Varieties 16 Oz. 2/\$7</p>
<p>Hershey's Candy Bars Selected Varieties Single 4/\$5</p>	<p>Swedish Fish or Sour Patch Kids Soft & Chewy Candy Family Size 28.5 Oz. 6⁹⁸</p>	
<p>Downy Unstoppables Wash Scent Selected Varieties 20.1 Oz. 14⁹⁸</p>	<p>Tide Laundry Detergent Daybreak Fresh or Refreshing Breeze, 31 Oz. 3⁷⁸</p>	<p>Dawn Platinum Powerwash Refill Fresh Scent or Apple Scent, 16 Oz. 4⁴⁸</p>
<p>Dove Body Wash Selected Varieties 20 Oz. 8⁹⁸</p>	<p>Atta Cat! or Atta Boy! Pet Food Selected Varieties 16 to 16.5 Lb. 18⁹⁸</p>	

NATURAL & SPECIALTY

<p>Santa Cruz Organic Juice Selected Varieties 32 Oz. 2/\$4</p>	<p>Vital Farms Pasture Raised Butter Salted or Unsalted, 8 Oz. 3⁹⁸</p>	<p>Spudsy Sweet Potato Fries Selected Varieties 4 Oz. 2/\$7</p>
<p>Lundberg Rice Chips Snacks Selected Varieties 6 Oz. 2/\$7</p>	<p>C2O Coconut Water Selected Varieties 17.5 Oz. 2/\$4</p>	<p>Green Beverage Selected Varieties 6 Pack, 11.5 Oz. Can 6⁹⁸</p>
<p>Lucky Spring Rolls Selected Varieties 8.5 Oz. 2/\$7</p>	<p>Steaz Yerbamate Brew Selected Varieties 16 Oz. Can 2/\$4</p>	<p>Mingle Mocktails Selected Varieties 4 Pack, 12 Oz. Cans 6⁹⁸</p>
<p>Lundberg Rice Cakes Selected Varieties 5 to 11 Oz. 3⁹⁸</p>	<p>Lucky Gluten Free Spring Rolls Selected Varieties 8.5 Oz. 2/\$9</p>	<p>Caboo Bath Tissue 4 Rolls or Paper Towels 2 Rolls 2/\$9</p>

DAIRY fresh

<p>Tillamook Sour Cream Original or Reduced Fat, 16 Oz. 1⁹⁸</p>	<p>Mountain High Yogurt Selected Varieties 32 Oz. 3⁹⁸</p>	<p>Yoplait or Go-Gurt Yogurt Selected Varieties 8 to 16 Count 4⁹⁸</p>
<p>Sargento Balanced Breaks Selected Varieties 4.5 Oz. BUY ONE, GET ONE FREE</p>	<p>Sargento String Cheese Selected Varieties 9 to 12 Oz. 3⁹⁸</p>	<p>Philadelphia Cheesecake Crumble Selected Varieties 2 Pack 3⁹⁸</p>
<p>Almond Breeze Almondmilk Selected Varieties 59 to 64 Oz. 3⁴⁸</p>		

FROZEN favorites

<p>Dreyer's Ice Cream Selected Varieties, 48 Oz. or Nestlé Novelties Selected Varieties, 4 to 6 Count 2/\$9</p>	<p>Marie Callender's Meals Selected Varieties 11.85 to 14 Oz. 3⁹⁸</p>	<p>Stouffer's Large Size Entrées Selected Varieties 15.5 to 20 Oz. 4⁹⁸</p>
<p>Devour Meals Selected Varieties 9 to 12 Oz. 2/\$7</p>	<p>Rosina Ravioli or Tortellini Selected Varieties, 19 to 24 Oz. 4⁹⁸</p>	

fresh PRODUCE

Extra Large

Red or Green Seedless Grapes

248 LB.



Jumbo

Artichokes

2/\$6



LOCAL Equally FRESH

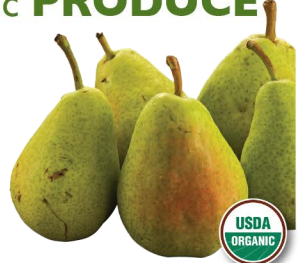
Green Beans

198 LB.

organic PRODUCE

Organic Anjou Pears

198 LB.



Organic Peeled Baby Carrots 1 Lb. Bag

198 EA.



Organic Green Kale Bunch

2/\$5



FLORAL

Jungle Safari Bouquet

1298 EA.



4 Inch Jade In Growers Pot

698 EA.



3 Stem Asiatic Lily Consumer Bunch

998 EA.

Green Cabbage

78¢ LB.

Spinach Bunch

148 EA.

Taylor Farms Salad Blends Selected Varieties 5 to 6 Oz.

348 EA.

Lighthouse Family Size Dressing Selected Varieties 20 Oz.

598 EA.

Good Sense Sunflower Kernels Salted/Roasted or No Salt/Roasted, 8 Oz.

2/\$5

Fresh Gourmet Organic Croutons Seasoned or Caesar, 4.5 Oz.

398 EA.

local BAKERY

Franz Pan Bread Selected Varieties 24 Oz.

398

Franz Bagels Selected Varieties 6 Count

448

Franz Naked Organic Bread Selected Varieties 22.5 Oz.

398

Seattle Sourdough Sliced Bread or Seattle International Garlic Bread 18 to 32 Oz.

498

service DELI

Kretschmar

Bavarian Ham

698 LB.

898 LB.

All Natural Provolone Cheese

MARY'S HARVEST

Sausage or Bacon Breakfast Burrito 8.5 to 9 Oz.

798 EA.

service BAKERY

French Bread Fresh from our Bakery. Each

278 EA.

Mini Cinnamon Roll Tub 12 Oz.

548 EA.

Mini Cupcakes Chocolate or Vanilla 10 Oz.

498 EA.

Marie Morin Individual Desserts Selected Varieties 3.17 to 3.6 Oz.

2/\$5

Soft Frosted Cookies Selected Varieties 13.5 Oz.

548 EA.

Sliced Cheese Tray Swiss, Colby, Cheddar & Pepperjack - sliced and ready to serve! 18 Oz.

1098 EA.

Baked Cheese Selected Varieties 6 Oz.

498 EA.

Crunchmaster Crackers! Delicious Plant-Based Crackers! Selected Varieties 3.54 to 4 Oz.

398 EA.

Every Wednesday!

8 Piece Chicken 2 Each: Breast, Leg Thigh & Wing LIMIT 2

898 EA.

Weekday Chicken Specials!

Every Friday!

Whole Roasted Chicken LIMIT 2

898 EA.

*not available on ecommerce site

fresh MEAT & SEAFOOD

No Antibiotics Ever
Chicken Wings
Tray Pack

2.98 LB.



No Antibiotics Ever
Boneless Skinless Chicken Breast
Value Pack

3.98 LB.

NO ANTIBIOTICS EVER



Fresh
Boneless Skinless
Chicken Thighs
Value Pack

2.98 LB.



All Natural
Boneless Pork Loin Roast
Center Cut, Excellent Grilled

2.98 LB.

PRAIRIE FRESH NATURAL



OUR QUALITY ASSURANCE STATEMENT | IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS; WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.

All Natural
Boneless Pork Loin Chops
Center Cut, Value Pack

2.98 LB.

PRAIRIE FRESH NATURAL



Premium Beef
Boneless Beef New York Steak
A Grilling Favorite

14.98 LB.

LOCAL Fresh **St. Helens BEEF** **USDA CHOICE**



All Natural
Pork Tenderloin with Seasoning
Selected Varieties 18.4 Oz.

6.48 EA.

PRAIRIE FRESH NATURAL



Double R Ranch
Wagyu Blend Ground Beef
80% Lean, 20% Fat 16 Oz. Brick

5.98 EA.

DOUBLE R RANCH NORTHWEST BEEF **LOCAL Fresh**



DELI MEAT specials

Jennie-O
Fresh Lean Ground Turkey or Patties
Selected Varieties 16 Oz.

4.98 EA.



Nathan's Famous
Beef Franks
Selected Varieties 16 Oz.

5.48 EA.



Oscar Mayer
Deli Fresh Shaved Meats
Selected Varieties 6 to 9 Oz.

5.98 EA.



Oscar Mayer
Deli Fresh Sliced Meats
Selected Varieties 16 Oz.

8.98 EA.



Nathan's Famous
Pretzel or Bagel Dogs
16 Oz.

8.48 EA.



John Morrell
Meat Franks
Selected Varieties 12 Oz.

3/\$5



John Morrell
Sliced Bacon
Selected Varieties 12 Oz.

4.48 EA.



Isernio's
Italian or Breakfast Sausage Rolls
Selected Varieties 16 Oz.

4.48 EA.

LOCAL Fresh



BEER & WINE

Icicle
Brewing
Selected Varieties 6 Pack, 12 Oz. Cans

10.98

LOCAL Fresh



Fort George
Selected Varieties
6 Pack, 12 Oz. Cans

10.98

LOCAL Fresh



Corona
Selected Varieties
12 Pack, 12 Oz. Bottles

17.98

White Claw Hard Seltzer
Selected Varieties 12 Pack, 12 Oz. Cans

17.98



Milbrandt
Selected Varieties
750 ml.

11.98

Goose Ridge G3
Selected Varieties 750 ml.

12.98

LOCAL Fresh



Waterbrook
Selected Varieties
750 ml.

12.98

Black Box
Selected Varieties 3 Liter Box

19.98

LOCAL Fresh



refreshing BEVERAGES

Pepsi Products
Selected Varieties 24 Pack, 12 Oz. Cans

11.98



Coke Products
Selected Varieties 12 Pack, 12 Oz. Cans or 8 Pack, 12 Oz. Bottles

5.98



Snapple Beverages
Selected Varieties 6 Pack, 16 Oz. Bottles

2/\$12



Pepsi Products
Selected Varieties 6 Pack, 16.9 Oz. Bottles

2/\$9



Pepsi Products
Selected Varieties 10 Pack, 7.5 Oz. Cans

5.58



A&W Root Beer or Sunkist Orange
Selected Varieties 6 Pack, 16.9 Oz. Bottles

3/\$10



Bubly Sparkling Water
Selected Varieties 8 Pack, 12 Oz. Cans

3/\$10



Coke Products
Selected Varieties 2 Liter Bottles

2/\$4



Core Hydration Water
6 Pack, 16.9 Oz. Bottles

5.48



SPIRITS

Espolon
Tequila Blanco
750 ml.

32.98

Ninkasi Cocktails
Selected Varieties 4 Pack, 12 Oz. Cans

10.98

LOCAL Fresh



Jameson
Cask Mates Irish Whiskey
Stout or IPA 750 ml.

34.98

Empress
1908 Indigo Gin
750 ml.

39.98

