



Achieved Excellence

- In Customer Service
- Store Condition/Appearance
- Locally Owned & Operated

All Natural
Pork Spareribs
Medium
Single Pack

1.98
LB.



PRAIRIE FRESH NATURAL

LOCAL Equals FRESH

Local stores supporting local products.



Hill's Premium Meats
Tender Bite Brats
Selected Varieties
16 Oz.

4.48

Franz Cluster
Hamburger or
Hot Dog Buns
8 Count

2.98



Tillamook
Shredded
Cheese
Selected Varieties
16 Oz.

5.98



Fresh Ground
Extra Lean
Ground Beef
85% Lean, 15% Fat
Value Pack

4.98
LB.

Fresh
Boneless Skinless
Chicken Breast
Value Pack

2.48
LB.

GROCERY savings

LOCAL Equals FRESH
In Our Deli
Reser's
Pasta Salad
Selected Varieties
16 Oz.

4.48

Mission
Organic
Tortillas
Selected Varieties
8.67 to 10.5 Oz.

2.98

In Our Deli
Penny's Salsa or
Tortilla Chips
Selected Varieties
16 Oz. Salsa or
14 Oz. Chips

5.48

Local stores supporting local products. **LOCAL Equals FRESH**

Franz
Pan Bread
Selected Varieties
24 Oz.

3.98

Tillamook
Sliced Cheese
Selected Varieties
12 Oz.

4.98

Franz Premium
BBQ Buns
Selected Varieties
8 Count

3.98

Bob's Red Mill
Bob's Bar
Selected Varieties
1.76 Oz.

5/\$5

Darigold
Dari Whip
Whipped Topping
14 Oz. Aerosol
Can

3.98

Cosmic Bliss
Ice Cream or
Novelties
Selected Varieties
14 Oz. or 3 to 4 Count

4.98

Cascadian Farm
Cereal
Selected Varieties
9.2 to 14.6 Oz.

2/\$9

Darigold
Single Serve
Milk
Selected Varieties
14 Oz.

2/\$3

Yami
Whole Milk
Yogurt
Selected Varieties
32 Oz.

2.98

Darigold
Cottage
Cheese
2% or 4% Fat
24 Oz.

3.98

Hempler's
Ground Pork
Sausage
Selected Varieties
16 Oz.

6.48

Reser's
Hash Browns
Selected Varieties
20 Oz.

2/\$6

Fresh Produce

Fresh
Blueberries
6 Oz. Package

1.78
EA.

Ripe
Yellow
Peaches or
Nectarines

2.98
LB.

Cantaloupe **2/\$4**

LOCAL
Equals
FRESH

Tillamook Ice Cream or Novelties
Selected Varieties
15 Oz. or 4 Pack, 3 Oz.

3.98



LOCAL
Equals
FRESH

Umpqua Ice Cream
Selected Varieties,
48 Oz.

4.98



LOCAL
Equals
FRESH

Wild Mike's 14 Inch Pizza or Cheesy Bites
Selected Varieties
18 to 38.8 Oz.

6.98



LOCAL
Equals
FRESH

Darigold Cheese
Selected Varieties
24 to 32 Oz.

6.98



LOCAL
Equals
FRESH

Tillamook Sour Cream
24 Oz.

2.48



LOCAL
Equals
FRESH

Mission Soft Flour Tortillas
20 Count, 35 Oz.

3.98



LOCAL
Equals
FRESH

Tillamook Butter
Salted or Unsalted,
16 Oz. Quarter Cubes

4.48



LOCAL
Equals
FRESH

Zoi Greek Yogurt
Selected Varieties
6 Oz.

6/\$5



LOCAL
Equals
FRESH

Local stores supporting local products.

URM-BASE 6F

GROCERY values



Fritos or Cheetos Snacks
Selected Varieties
6.5 to 10 Oz.
2/\$7

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles
7.98



Hormel or Staggy Chili
Selected Varieties
15 Oz.
2.28



Folgers Coffee
Selected Varieties
22.6 to 25.9 Oz.
9.98



Jif Peanut Butter
Selected Varieties
15.5 to 16 Oz.
2.98



Smucker's Preserves, Jam or Marmalade
18 Oz.
3.48



Chicken of the Sea Chunk Light Tuna
Selected Varieties
2.5 to 5 Oz.
4/\$5



Chicken of the Sea Albacore or Yellowfin Tuna
5 Oz.
2/\$4

Minute or Mahatma Rice
Selected Varieties
12 to 22 Oz.
2/\$6



Dinty Moore Beef Stew
15 Oz.
2.48



Sun Chips Whole Grain Snacks
Selected Varieties
7 Oz.
2/\$7



Nabisco Family Size snack Crackers
Selected Varieties
12 to 14 Oz.
4.98



Ocean Spray Juice
Selected Varieties
64 Oz.
2/\$7



General Mills Large Size Cereal
Selected Varieties
12 to 18.2 Oz.
2/\$9



Mrs. Butterworth's Syrup
Selected Varieties
24 Oz.
3.48



Mom's Best Cereal
Selected Varieties
11.5 to 16.5 Oz.
2/\$6



Carnation Instant Breakfast
Selected Varieties
10 Pack
5.98



Sue Bee Honey
Spin or Squeeze Bear,
12 Oz.
4.98



Lucky Leaf Pie Filling
Selected Varieties
21 to 22 Oz.
3.98



Guittard Baking Chips
Selected Varieties
9 to 12 Oz.
4.98



Huggies Diapers
Selected Varieties
16 to 31 Count
12.98



Bounce Dryer Sheets
Outdoor Fresh,
240 Count
11.98



Febreze Air Freshener
Selected Varieties
8.8 Oz.
2/\$6



Alkaline 88 Water
Minerals & Electrolytes
128 Oz.
3.48



Act II Popcorn
Butter Lovers or Movie Theater
Butter, 6 Pack
3.98



True Citrus True Lemonade
Selected Varieties
10 Packets
2/\$5



Nature Valley Granola Bars
Selected Varieties
12 Count
5.98



CANDY

Haribo Gummies
Selected Varieties
4.5 to 5 Oz.
3/\$5



Hershey's Candy Bars
Selected Varieties
Single Count
4/\$5



Wonka Candy
Selected Varieties
Single Candy
5/\$5



Trolli Gummies
Selected Varieties
4 to 5 Oz.
2/\$3



Twizzlers
Selected Varieties
12 to 16 Oz.
3.48



Hershey's Share Size Candy
Selected Varieties
7.37 to 10.8 Oz.
5.98



NATURAL & SPECIALTY

Three Bridges Egg Bites
Selected Varieties
4 to 4.6 Oz.
3.98



Brown Cow Whole Milk Yogurt
Selected Varieties
5.3 Oz.
4/\$5



Stonyfield Organic Probiotic Yogurt
Selected Varieties
32 Oz.
2/\$9



Califa Cold Brew Coffee
Selected Varieties
48 Oz.
5.98



Happy Egg Free Range Brown Eggs
Dozen
5.98



Culina Plant Based Yogurt
Selected Varieties
5 Oz.
2/\$7



Nakano Rice Vinegar
Selected Varieties
12 Oz.
2/\$6



Bragg Organic Apple Cider Vinegar
32 Oz.
5.98



Bobo's Oat Bars
Selected Varieties
2.5 to 3 Oz.
2/\$5



Pitaya Foods Smoothie Packs
Selected Varieties
14 Oz.
4.98



Milkadama Macadamia Milk
Selected Varieties
32 Oz.
4.98



Goodpop Dessert Pops
Selected Varieties
10 to 14 Oz.
4.98



DAIRY fresh

Planet Oat Oatmilk
Selected Varieties
52 Oz.
3.48



Just Crack an Egg Scramble Kit
Selected Varieties
2.3 to 3 Oz.
2/\$5



Philadelphia Soft Cream Cheese
Selected Varieties
7.5 to 8 Oz.
3.98



Cracker Barrel Cheese Cubes
Selected Varieties
2 Oz.
2/\$3



Cracker Barrel Cheese Bites
Selected Varieties
1.58 Oz.
3/\$4



Florida's Natural Lemonade
Selected Varieties
59 Oz.
2.98



FROZEN favorites

Kellogg's Eggo Waffles
Selected Varieties
24 Count
6.98



Mr. Dell's Hash Browns
Selected Varieties
24 to 32 Oz.
3.98



Marie Callender's Meals
Selected Varieties
10.5 to 14 Oz.
3.98



Wild Mike's Pizza
Pepperoni or Supreme,
12.82 Oz.
2/\$7



Häagen-Dazs Butter Cookie Cone
Selected Varieties
4 Count
6.98



Häagen-Dazs Ice Cream or Novelties
Selected Varieties
14 Oz. or 3 Count
2/\$9



URM-BASE P2

fresh PRODUCE

New Crop
Red Cherries
 Natural Anti-Inflammatory,
 Source of Melatonin and
 Potassium, Fat Free

2.98
 LB.



organic PRODUCE

Jumbo
 Organic
Yellow Onions
1.48
 LB.

Organic
Bartlett Pears
1.98
 LB.



English Cucumbers
2/\$5

Taylor Farms
Salad Kits
 Selected Varieties
 8.1 to 11.4 Oz.
3.98
 EA.



Organic
Tomatoes
 Grape or Cherry
 1 Pint
3.48
 EA.



Envy Apples
1.98
 LB.

Whole Carrots
 2 Lb. Bag
2.28
 EA.



The Little Potato Co.
Microwave Ready Potatoes
 Selected Varieties
 1 Lb. Package
4.48
 EA.

Mari's
Dressing, Dip or Spread
 Selected Varieties
 18 Oz.
5.98
 EA.

DeGoede Farms
Living Bibb Lettuce
 5 Oz.
3.48
 EA.



FLORAL

Summer Glow Bouquet
12.98
 EA.

5 Stem Alstromeria Consumer Bunch
7.98
 EA.

6 Inch Succulents In Grower Pots
14.98
 EA.



refreshing BEVERAGES

Coke or Pepsi Products
 Selected Varieties
 24 Pack, 12 Oz. Cans
11.98

Your Choice!



Lipton Tea
 Selected Varieties
 12 Pack, 16.9 Oz. Bottles
6.98

Coke Products
 Selected Varieties
 6 Pack, 16.9 Oz. Bottles
3/\$12

Pepsi Products
 Selected Varieties
 6 Pack, 16.9 Oz. Bottles
2/\$11



A&W, RC Cola or Sunkist Products
 Selected Varieties
 2 Liter Bottles
2/\$4

Snapple
 Selected Varieties
 64 Oz. Bottles
1.78



Dasani Purified Water
 24 Pack, 16.9 Oz. Bottles
4.98

Bubly Sparkling Water
 Selected Varieties
 8 Pack, 12 Oz. Cans
2/\$8



Core Hydration Water or Hydration+
 23.9 to 30.4 Oz. Bottles
2/\$3

Rockstar Energy Drink
 Selected Varieties
 16 Oz. Cans
1.68



Powerade Sports Drink
 Selected Varieties
 28 Oz. Bottles
5/\$5

Bodyarmor Sports Drink
 Selected Varieties
 8 Pack, 12 Oz. Bottles
5.98



SHOP. BUY. SAVE. Easy as 1,2,3!

50¢ OFF
 when you buy any (2) Hershey's Brand Giant Bars
 Selected Varieties
 6.8 to 7.5 Oz.
 Offer valid July 12-18

\$2 OFF
 when you buy any (4) Nabisco Chicken Biskit Original
 Selected Varieties
 3.5 to 30 Oz.
 Offer valid July 12-18

\$2 OFF
 when you buy any (2) AHA Sparkling Water
 Selected Varieties
 8 Pack 12 Oz. Cans
 Offer valid July 12-18

\$4 OFF
 when you buy any (2) Bodyarmor Sports Drink
 Selected Varieties
 8 Pack, 12 Oz. Bottles
 Offer valid July 12-18

*Shop. Buy. Save items not available on ecommerce site

fresh MEAT & SEAFOOD

Premium Beef Boneless Beef Tri-Tip Roast

8⁹⁸ LB.



LOCAL Special FRESH St. Helens BEEF USDA CHOICE

OUR QUALITY ASSURANCE STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS; WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.

Premium Beef Boneless Beef Tri-Tip Steak Value Pack

9⁹⁸ LB.



St. Helens BEEF USDA CHOICE LOCAL Special FRESH

Premium Beef Boneless Beef Cross Rib Steak Value Pack

5⁹⁸ LB.



PREMIUM BEEF BONELESS BEEF CROSS RIB ROAST 5⁴⁸ LB. St. Helens BEEF USDA CHOICE LOCAL Special FRESH

All Natural Boneless Pork Loin Chops Center Cut, Value Pack

2⁹⁸ LB.



PRAIRIE FRESH NATURAL

No Antibiotics Ever Chicken Drumsticks Value Pack

1²⁸ LB.



NO ANTIBIOTICS EVER

Double R Ranch Wagyu Blend Ground Beef 80% Lean, 20% Fat 16 Oz. Brick

5⁹⁸ EA.



DOUBLE R RANCH Northwest Beef

Fresh Halibut Fillet Skin On

19⁹⁸ LB.



Dover Sole Fillet Excellent Stuffed

7⁹⁸ LB.



Cooked Tail-Off Shrimp 41 to 60 Count

7⁹⁸ LB.



Fusha Shrimp Stir-Fry Meals Selected Varieties 11 Oz.

9⁹⁸ EA.



SEAFOOD SUBJECT TO AVAILABILITY & WEATHER

DELI MEAT specials

Oscar Mayer Meat Wieners Selected Varieties 16 Oz.

2/\$7



Oscar Mayer Beef Franks Selected Varieties 14 to 16 Oz.

4⁴⁸ EA.



Eckrich Smoked Sausage Links, Loops or Li'l Cocktail Smokies Selected Varieties 10 to 14 Oz.

2/\$6



Nathan's Famous Bun Length Beef Franks Family Pack 28 Oz.

11⁹⁸ EA.



Cloverdale Thick Sliced Bacon Selected Varieties 16 Oz.

6⁴⁸ EA.



Cloverdale Tangy Summer Sausage 28 Oz.

9⁹⁸ EA.



Oscar Mayer Funpack Lunchables Selected Varieties 8.9 to 10.7 Oz.

2/\$6



Smithfield Prime Fresh Delicatessen Meats Selected Varieties 7 to 8 Oz.

4⁴⁸ EA.



BEER & WINE

Bale Breaker Selected Varieties 6 Pack, 12 Oz. Cans

10⁹⁸



Fort George Selected Varieties 6 Pack, 12 Oz. Cans

10⁹⁸



Michelob Ultra 12 Pack, 12 Oz. Cans

16⁹⁸



Michelob Ultra Organic Seltzer Signature or Essentials, 12 Pack, 12 Oz. Cans

19⁹⁸



service BAKERY

9 Inch Marionberry or Chocolate Cream Pie

10⁹⁸ EA.



LOCAL Special FRESH

Glazed Donut Rings or Pershings 4 to 6 Count

5⁹⁸ EA.



OUR SPECIALTY

3 inch Single Serve Cheesecakes Selected Varieties

2/\$7



CHUCKANUT BAY FOODS LOCAL Special FRESH

Sliced Loaf Cakes Selected Varieties 16 Oz.

5⁴⁸ EA.



Roasted Garlic Loaf Fresh garlic cloves are baked right into this classic artisan loaf. 16 Oz.

5⁹⁸ EA.



LA BREA BAKERY

Hogue Cellars Selected Varieties 750 ml.

8⁹⁸



LOCAL Special FRESH

Meiomi Chardonnay or Rose, 750 ml.

17⁹⁸



Rascal Pinot Noir 750 ml.

10⁹⁸



LOCAL Special FRESH

Milbrandt Selected Varieties 750 ml.

11⁹⁸



LOCAL Special FRESH

service DELI

Kretschmar Oven Roasted Turkey Breast

8⁹⁸ LB.



Roth Original Havarti Cheese

4⁹⁸ EA.



PROUDLY CHEESE WISCONSIN

Sonoma Creamery Cheese Crisps Selected Varieties 2 to 2.25 Oz.

4⁹⁸ EA.



Every Wednesday! 8 Piece Chicken 2 Each: Breast, Leg Thigh & Wing LIMIT 2 **8⁹⁸** EA.

Weekday Chicken Specials!

Every Friday! Whole Roasted Chicken LIMIT 2 **8⁹⁸** EA.




*not available on ecommerce site

Sailor Jerry Spiced Rum 750 ml.

19⁹⁸



Chopin Potato Vodka 750 ml.

22⁹⁸



Lunazul Tequila Primero Anejo, or El Humoso Blanco, 750 ml.

29⁹⁸



Pendleton Canadian Whisky 750 ml.

27⁹⁸

