

# MORE GREAT SAVINGS IN THE BAG!

OCTOBER 2023

Duncan Hines  
Brownie or  
Cake Mix

Selected Vtys.,  
15.25 to 18.3-oz.

**1.99**

Duncan Hines Frosting  
Selected Vtys., 16-oz. **2.49**



Stouffer's  
Party Size  
Entrées

Selected Vtys.,  
57 to 96-oz., Frozen

**17.99**

Herdez  
Salsa

Selected Vtys.,  
15.7 to 16-oz.

**2.99**



Calidad  
Tortilla Chips

Selected Vtys.,  
10.5 to 11-oz.

**3/\$5**

OFFERS VALID OCTOBER 4-31, 2023



# GROCERY SPECIALS



Libby's  
Vegetables  
Selected Vtys.,  
28 to 29-oz.

2/\$3

Langers  
Juice or Juice  
Cocktail  
Selected Vtys.,  
64-oz.

3<sup>49</sup>

Mission  
Zero Net Carbs  
Tortillas  
Selected Vtys., 14-ct.

3<sup>49</sup>

Mission Flour Tortillas  
Selected Vtys., 16 to 20-ct.

4<sup>99</sup>



Kikkoman  
Noodle Kits  
with Sauce  
Selected Vtys.,  
4.8-oz.

2<sup>89</sup>

California  
Pizza Kitchen  
Dressing  
Selected Vtys.,  
12-oz.

3<sup>49</sup>

Hunt's  
Tomato  
Ketchup  
20-oz.

1<sup>99</sup>

Libby's  
Vienna Sausage  
Original or Chicken  
4.6-oz.

99¢



Kraft  
Barbecue Sauce  
Selected Vtys.,  
18-oz.

2<sup>19</sup>

Idahoan  
Family Size  
Potatoes  
Selected Vtys.,  
7.3 to 8.2-oz.

3<sup>29</sup>

S&W  
Beans  
Selected Vtys.,  
15 to 15.5-oz.

2/\$3

Ortega  
Fire Roasted  
Green Chiles  
Selected Vtys.,  
4-oz.

1<sup>69</sup>



Classico  
Pasta Sauce  
Selected Vtys.,  
15 to 24-oz.

3<sup>89</sup>

Italian Chef  
Pasta  
Selected Vtys.,  
48-oz.

4<sup>19</sup>

Pacific Pearl  
Oysters or Clams  
Selected Vtys.,  
3.75-oz.

2<sup>39</sup>

Pacific Pearl Whole Cove Oysters  
8-oz.

3<sup>19</sup>

Fresh Gourmet  
Salad Toppings  
Selected Vtys.,  
3.5 to 4-oz.

3<sup>99</sup>

Fresh Gourmet Dried & Sweet Cranberries  
4-oz.

2<sup>89</sup>

OFFERS VALID OCTOBER 4 - 31, 2023

# GROCERY SPECIALS



Imperial Nuts  
Cashews or  
Mixed Nuts  
Selected Vtys.,  
8-oz.

**4<sup>99</sup>**

Betty Crocker  
Decorating  
Supplies  
Selected Vtys.,  
1-Package

**25%  
OFF**

Chef Boyardee  
Pasta  
Selected Vtys.,  
4/15-oz. Cans

**4<sup>49</sup>**

Chef Boyardee Pasta Bowls  
Selected Vtys., 4/7.5-oz.

**4<sup>89</sup>**



Ocean Spray  
Cranberry Sauce  
Whole Berry or Jellied  
14-oz.

**2<sup>29</sup>**

8-Pack  
Spindrift  
Sparkling Water  
Selected Vtys.,  
8/12-oz. Cans

**6<sup>29</sup>**

Manwich  
Sloppy Joe Sauce  
Selected Vtys.,  
15 to 15.5-oz.

**1<sup>79</sup>**

Libby's  
Vegetables  
Selected Vtys.,  
4/14.5-oz. Cans

**4<sup>49</sup>**



Spam  
Meat Products  
Selected Vtys.,  
12-oz.

**4<sup>29</sup>**

Swiss Miss  
Super Value Pack  
Hot Cocoa Mix  
Selected Vtys.,  
30-ct.

**6<sup>59</sup>**

CoCo Joy  
Natural  
Coconut Water  
16.9-oz.

**2<sup>19</sup>**

Progresso  
Soup Mix  
Selected Vtys.,  
6.5 to 8-oz.

**3<sup>79</sup>**



Country Time  
or Tang  
Drink Mix  
Selected Vtys.,  
19 to 20-oz.

**5<sup>29</sup>**

Gèvalia  
K-Cups Coffee  
Selected Vtys.,  
12-ct.

**9<sup>99</sup>**

Gèvalia Ground Coffee  
Selected Vtys., 12-oz.

**10<sup>39</sup>**

Snack Pack  
Pudding Cups  
Selected Vtys.,  
4/3.25-oz.

**1<sup>59</sup>**

Orville Redenbacher's  
Microwave  
Popcorn  
Selected Vtys.,  
6-ct.

**5<sup>39</sup>**

OFFERS VALID OCTOBER 4 – 31, 2023

# GROCERY SPECIALS



Act II  
Microwave  
Popcorn  
Selected Vtys., 6-ct.

**3<sup>99</sup>**

Crunch 'n Munch Buttery Toffee Popcorn  
3.5-oz. With Peanuts

**1<sup>29</sup>**

Hershey's  
Syrup  
Selected Vtys.,  
22 to 24-oz.

**3<sup>69</sup>**

Hunt's  
Tomatoes or  
Pasta Sauce  
Selected Vtys.,  
14.5 to 24-oz.

**1<sup>99</sup>**



Hormel  
Microwave Meals  
Selected Vtys.,  
9 to 10-oz.

**2<sup>99</sup>**



Kraft  
Macaroni &  
Cheese Cups  
Selected Vtys.,  
4-ct.

**6<sup>29</sup>**



Hunt's  
Tomato Sauce  
Original or No Salt Added  
8-oz.

**89¢**

Van Camp's Pork and Beans  
15-oz. In Tomato Sauce

**1<sup>19</sup>**



Nalley  
Big Chunk  
No Beans Chili  
14-oz.

**3<sup>39</sup>**

Nalley Beef Stew  
40-oz.

**4<sup>79</sup>**



Rosarita  
Refried Beans  
Selected Vtys.,  
16-oz.

**1<sup>89</sup>**



Taco Bell  
Seasoning Mix  
Selected Vtys.,  
1 to 1.4-oz.

**99¢**



Crystal Light  
Drink Mix  
Selected Vtys.,  
6 to 10-ct.

**2<sup>99</sup>**

Kool-Aid Jammers  
Selected Vtys., 10-ct.

**3<sup>49</sup>**



General Mills  
Large Size Cereal  
Selected Vtys.,  
12 to 18.2-oz.

**4<sup>49</sup>**

Funables Fruit Snacks  
Selected Vtys., 10-ct.

**3<sup>29</sup>**



Filippo Berio  
Sun Dried Tomato  
or Classic Pesto  
6.7-oz.

**2<sup>99</sup>**



Progresso  
Broth  
Selected Vtys.,  
32-oz.

**1<sup>79</sup>**



Jolly Time  
Microwave Popcorn  
Selected Vtys.,  
3-ct.

**2<sup>99</sup>**



Planters  
Peanuts  
Selected Vtys.,  
16-oz.

**3<sup>99</sup>**

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# GROCERY SPECIALS



Skippy  
Peanut Butter  
Selected Vtys.,  
26.5 to 28-oz.

**4<sup>99</sup>**



Malt O Meal  
Bagged Cereal  
Selected Vtys.,  
30 to 37-oz.

**5<sup>99</sup>**



Cascade Organic  
All-Purpose  
Flour  
5-lbs.

**6<sup>59</sup>**



Ro-Tel  
Diced Tomatoes  
& Green Chilies  
Selected Vtys., 10-oz.

**1<sup>99</sup>**



Mrs. Butterworth's  
Pancake Kits  
23.5-oz. Double Chocolate  
or 25-oz. Cinnabon

**6<sup>39</sup>**



Log Cabin  
Original  
Syrup  
24-oz.

**4<sup>59</sup>**



Betty Crocker  
Cookie Cups  
Selected Vtys.,  
14.1 to 15.1-oz.

**3<sup>69</sup>**

Betty Crocker Cupcake Kits  
Selected Vtys., 11.6 to 13.9-oz.

**4<sup>99</sup>**



Shake 'N Bake  
Parmesan Crusted  
Coating Mix  
4.75-oz.

**4<sup>59</sup>**



Pam No-Stick  
Cooking Spray  
Selected Vtys.,  
5 to 6-oz.

**4<sup>79</sup>**



Lucky Leaf  
Pie Filling  
21-oz. Apple or  
22-oz. Lemon

**3<sup>69</sup>**



Post  
Cereal  
Selected Vtys.,  
11 to 14.75-oz.

**4<sup>59</sup>**

## PET & HOUSEHOLD



Mr. Clean  
Magic Eraser  
Pads or Sheets  
Selected Vtys., 2 to 8-ct.

**3<sup>49</sup>**



Softsoap  
Hand Soap  
Selected Vtys.,  
11.25-oz.

**2<sup>69</sup>**

Softsoap Hand Soap Refill  
Selected Vtys., 50-oz.

**6<sup>79</sup>**



Febreze  
Air Freshener  
Selected Vtys.,  
8.8-oz. Spray

**3<sup>29</sup>**



Atta Boy!  
Dog Food  
16.5-lbs. Grilled Chicken  
and Rice Flavor

**19<sup>99</sup>**

Atta Cat! Cat Food  
16-lbs. Chicken & Salmon Flavor

**20<sup>79</sup>**

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# EXCLUSIVE BRAND SAVINGS



Food Club Dressing  
Selected Vtys.,  
16-oz.

**3<sup>29</sup>**

Food Club Fruit  
Selected Vtys.,  
15 to 15.25-oz.

**1<sup>99</sup>**

Food Club Fruit Bowls  
Selected Vtys., 4-ct.

**2<sup>89</sup>**

Food Club Seasoning or  
Gravy Mix  
Selected Vtys.,  
.75 to 1.375-oz.

**79¢**



Culinary Tours Mustard  
Selected Vtys.,  
7.6 to 7.7-oz.

**2<sup>89</sup>**



Food Club Instant Oatmeal  
Selected Vtys.,  
9.8 to 15.1-oz.

**3<sup>29</sup>**



Food Club Wild Caught Light Tuna  
Selected Vtys.,  
2.6-oz.

**1<sup>29</sup>**



Wide Awake K-Cups Coffee  
Selected Vtys.,  
10-ct.

**6<sup>29</sup>**



Culinary Tours Salsa  
Selected Vtys.,  
16-oz.

**4<sup>49</sup>**



Food Club Macaroni & Cheese  
Selected Vtys.,  
12-oz.

**3<sup>59</sup>**



Food Club Beans  
Selected Vtys.,  
15.5-oz.

**1<sup>29</sup>**



Food Club Hot Cocoa Mix  
Selected Vtys.,  
28.5-oz.

**5<sup>99</sup>**



Food Club Microwave Popcorn  
Selected Vtys.,  
6-ct.

**3<sup>69</sup>**



Crav'n Flavor Crackers  
Selected Vtys.,  
9 to 12.4-oz.

**3<sup>29</sup>**

Crav'n Flavor Beef Jerky  
Selected Vtys., 2.85-oz.

**3<sup>99</sup>**



Paws Happy Life Dog Food  
Selected Vtys.,  
13.2-oz.

**1<sup>59</sup>**



Paws Happy Life Cat Food  
Selected Vtys.,  
5.5-oz.

**89¢**

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# EXCLUSIVE BRAND SAVINGS



Crav'n Flavor  
Cookies  
Selected Vtys.,  
8.5 to 12.5-oz.

**289**



12-Pack  
Merchant's Craft  
Soft Drinks  
Selected Vtys.,  
12/12-oz. Cans

**469**



Food Club  
Ripe Pitted  
Black Olives  
Selected Vtys.,  
5.75 to 6-oz.

**209**



Wide Awake  
Non-Dairy  
Coffee Creamer  
Selected Vtys.,  
32-oz.

**379**



Food Club  
Cheese Slices  
Selected Vtys.,  
7 to 8-oz.

**249**

Food Club Cheese Shreds  
Selected Vtys., 8-oz.

**229**



Food Club  
Frozen Fruit  
Selected Vtys.,  
12 to 14-oz.

**349**



Crystal Creamery  
Ice Cream  
or Sherbet  
Selected Vtys.,  
48-oz., Frozen

**499**



Food Club  
Stuffing Mix  
Selected Vtys.,  
6-oz.

**189**



Food Club  
Nuts  
Selected Vtys.,  
2.25-oz.

**199**

Food Club Cooking Spray  
Selected Vtys., 5 to 6-oz.

**289**



Crav'n Flavor  
Frozen Appetizers  
Selected Vtys.,  
8-oz.

**339**



Crav'n Flavor  
Frozen Entrées  
Selected Vtys.,  
18-oz.

**659**



Simply Done  
Tall Kitchen  
Trash Bags  
Selected Vtys.,  
40 to 45-ct.

**729**



Simply Done  
Food Storage  
Containers  
Selected Vtys.,  
2 to 6-ct.

**339**



Food Club  
Whipped Topping  
Selected Vtys.,  
8-oz., Frozen

**159**



Crav'n Flavor  
Breakfast Bowls  
Selected Vtys.,  
7-oz., Frozen

**319**

OFFERS VALID OCTOBER 4 - 31, 2023

# NATURAL & ORGANIC



**IQ**  
Plant-Based  
Protein Bars  
Selected Vtys.,  
1.6-oz.

**1.99**

**My Mochi**  
Ice Cream  
Selected Vtys.,  
6-ct., Frozen

**5.69**

**Tiesta**  
Loose Leaf Tea  
Selected Vtys.,  
3 to 5-oz.

**11.29**



**Quinn**  
Pretzel Sticks  
or Twists  
Selected Vtys.,  
5.6-oz.

**3.99**

**4-Pack**  
Crodo  
Sparkling Beverage  
Selected Vtys.,  
4/11.2-oz. Cans

**4.39**

**Béquet**  
Caramels  
Selected Vtys.,  
3.6-oz.

**5.39**

**Lars Own**  
Imported  
Crispy Onions  
4-oz.

**4.39**



**free2b**  
Sunflower  
Butter Cups  
Selected Vtys.,  
1.4-oz.

**2.29**

**Zing**  
Protein Bars  
Selected Vtys.,  
1.76-oz.

**2.29**

**Nick's**  
Meat Sticks  
Selected Vtys.,  
1.7-oz.

**2.89**

**Wet Hydration**  
Electrolyte Beverage  
Selected Vtys.,  
12-oz.

**2.29**



**Emmy's Organics**  
Brownie Snaps  
or Cookies  
Selected Vtys.,  
3.35 to 4-oz.

**3.99**

**Simply 7**  
Lentil Chips  
Jalapeño or Sea Salt  
4-oz.

**3.89**

**Live Love Pop**  
Gourmet Popcorn  
Selected Vtys.,  
4.4-oz.

**4.79**

**Heart Water**  
Plain Rain  
Water  
16-oz.

**1.49**

**OFFERS VALID OCTOBER 4 – 31, 2023**



# NATURAL & ORGANIC



Jonny Pops  
Frozen  
Novelties  
Selected Vtys.,  
8.25-oz.

**6<sup>49</sup>**

Freshé  
Wild Tuna  
Snacks  
Selected Vtys.,  
4.25-oz.

**5<sup>39</sup>**

Sun Luck  
Products  
Selected Vtys.,  
2 to 16-oz.

**20%  
OFF**



Sans  
Meal Bars  
Selected Vtys.,  
3-oz.

**3<sup>29</sup>**

Hilo  
Supplement  
Gummies  
Selected Vtys.,  
60-ct.

**19<sup>29</sup>**

BranchOut  
Avocado Chips  
Selected Vtys.,  
1.3-oz.

**4<sup>29</sup>**

Bare Bones  
Bone Broth Instant  
Beverage Mix  
Selected Vtys.,  
4-ct.

**7<sup>49</sup>**



The Ginger People  
Ginger Candy  
Selected Vtys.,  
3-oz.

**2<sup>89</sup>**

Taylor Pass  
New Zealand  
Reserve UMF 5+  
Manuka Honey  
8.83-oz.

**15<sup>39</sup>**

Noble Made  
Seasoning  
2.1-oz. All-Purpose or  
2.3-oz. Classic Buffalo

**5<sup>69</sup>**

Cole's Select  
Wild Caught  
Snow Crab  
5.3-oz.

**12<sup>79</sup>**



Cento  
Tomatoes or Puree  
Selected Vtys.,  
28-oz.

**3<sup>69</sup>**

Jake's  
Nut Roasters  
Almonds  
Selected Vtys.,  
7-oz.

**5<sup>19</sup>**

Forage  
Kombucha  
Selected Vtys.,  
12-oz.

**2<sup>39</sup>**

Olipop  
Soda  
Selected Vtys.,  
12-oz.

**2<sup>19</sup>**

**OFFERS VALID OCTOBER 4 – 31, 2023**

# DAIRY SAVINGS



Donald Duck  
Orange Juice  
Selected Vtys.,  
59-oz.

**3<sup>29</sup>**



Philadelphia  
Original  
Cream Cheese  
2/8-oz. Bars

**7<sup>29</sup>**



Eggland's Best  
Grade A  
Large Eggs  
18-ct.

**4<sup>69</sup>**



Tillamook  
Cheese  
Selected Vtys.,  
6.5 to 8-oz.

**3<sup>79</sup>**



Zoi  
Greek Yogurt  
Selected Vtys.,  
32-oz.

**3<sup>99</sup>**



Cracker Barrel  
Cheese Bars  
Selected Vtys.,  
8-oz.

**3<sup>99</sup>**



Cracker Barrel  
Cheese Cubes  
Selected Vtys.,  
2-oz.

**1<sup>59</sup>**



Swiss Miss  
Pudding Cups  
Selected Vtys.,  
6/4-oz.

**3<sup>69</sup>**



Kraft  
Cheese Singles  
Selected Vtys.,  
10.7 to 12-oz.

**4<sup>89</sup>**



Oui French Style or  
Ratio Keto Yogurt  
Selected Vtys.,  
5 to 5.3-oz.

**1<sup>59</sup>**



Philadelphia  
Cheesecake  
Crumbles  
Selected Vtys.,  
2-ct.

**4<sup>29</sup>**



Colliders Desserts,  
Jell-O Pudding or  
Gelatin Cups  
Selected Vtys.,  
2 to 4-ct.

**2<sup>79</sup>**



Tillamook  
Greek Yogurt  
Selected Vtys.,  
5.3-oz.

**1<sup>29</sup>**



Reddi Wip  
Whipped Topping  
Original or Extra Creamy  
6.5-oz.

**3<sup>89</sup>**



Ore-Ida  
Just Crack an Egg  
Selected Vtys.,  
2.3 to 3-oz.

**2<sup>79</sup>**

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# FROZEN SAVINGS



Hot Pockets  
Sandwiches  
Selected Vtys.,  
12-ct., Frozen

**14<sup>99</sup>**



Banquet  
Frozen Meals  
Selected Vtys.,  
7.4 to 11.88-oz.

**1<sup>99</sup>**

Banquet Brown 'N Serve Sausage Links  
Selected Vtys., 6.4-oz., Frozen

**1<sup>79</sup>**



Kraft  
Deluxe  
Mac & Cheese  
Selected Vtys.,  
12-oz., Frozen



**3<sup>49</sup>**



Van de Kamp's  
Fish Sticks or Fillets  
Selected Vtys.,  
19 to 24.6-oz., Frozen

**6<sup>59</sup>**



Pillsbury  
Toaster Strudel  
Selected Vtys.,  
11.7-oz., Frozen

**3<sup>19</sup>**

Pillsbury Grands! Biscuits  
Selected Vtys., 25-oz., Frozen

**3<sup>49</sup>**



Birds Eye  
Frozen Vegetables  
Selected Vtys.,  
13 to 16-oz.

**2<sup>79</sup>**

Birds Eye Voila! Frozen Entrées  
Selected Vtys., 21-oz.

**5<sup>79</sup>**



Mr. Dell's  
Frozen Hash Browns  
Selected Vtys.,  
24 to 32-oz.

**3<sup>89</sup>**

Mr. Dell's Shredded Hash Browns  
64-oz., Frozen

**7<sup>29</sup>**



SuperPretzel  
Pretzel Snacks  
Selected Vtys.,  
9 to 13-oz., Frozen

**3<sup>69</sup>**



Sandwich Bros.  
Frozen Sandwiches  
Selected Vtys.,  
13.5 to 18-oz.

**6<sup>39</sup>**



Healthy Choice  
Café Steamers  
Selected Vtys.,  
9.5 to 11-oz., Frozen

**3<sup>59</sup>**

Healthy Choice Power Bowls  
Selected Vtys., 9.25 to 9.75-oz., Frozen

**4<sup>69</sup>**



Bertolli or  
P.F. Chang's  
Frozen Entrées  
Selected Vtys.,  
22-oz.

**8<sup>99</sup>**



Marie Callender's  
Frozen Bowls  
Selected Vtys.,  
10.5 to 13-oz.

**3<sup>59</sup>**



Marie Callender's  
Frozen Pot Pies  
Selected Vtys.,  
15-oz.

**4<sup>19</sup>**



Hungry-Man  
Frozen Meals  
Selected Vtys.,  
14 to 16-oz.

**3<sup>79</sup>**



Banquet  
Mega Bowls  
Selected Vtys.,  
13 to 14-oz., Frozen

**3<sup>59</sup>**

Banquet Fruit Pies  
Selected Vtys., 7-oz., Frozen

**4/\$5**

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# DELI MEAT SPECIALS



Armour  
Hickory Smoked  
Summer Sausage  
20-oz. **5<sup>99</sup>**  
ea.



Smithfield  
Pork Sausage  
Patties or Links  
Selected Vtys.,  
19.5 to 20-oz., Frozen



**5<sup>99</sup>**  
ea.



Farmland  
Ham Steaks,  
Cubes or Slices  
Selected Vtys.,  
16-oz.



**4<sup>99</sup>**  
ea.



Realgood  
Frozen  
Chicken Entrées  
Selected Vtys.,  
10 to 12-oz.



**5<sup>79</sup>**  
ea.



Carando  
Meatballs or  
Italian Sausage  
Selected Vtys.,  
16-oz., Frozen

**5<sup>29</sup>**  
ea.



Chaparro's  
Frozen Tamales  
Selected Vtys.,  
30-oz.



**8<sup>99</sup>**  
ea.



Claussen  
Pickles or  
Sauerkraut  
Selected Vtys.,  
20 to 32-oz.



**3<sup>99</sup>**  
ea.



Buddig  
Lunch Meat  
Selected Vtys.,  
2-oz.



**79¢**  
ea.



Armour  
LunchMakers  
Selected Vtys.,  
2.44 to 2.9-oz.



**1<sup>49</sup>**  
ea.



Hill's  
German Sausage or  
Old Fashioned  
Frankfurters  
3-lbs.

**9<sup>99</sup>**  
ea.



Kevin's  
Chicken Entrées  
Selected Vtys.,  
16-oz., Frozen



**7<sup>99</sup>**  
ea.



Farmer John  
Sausage  
Selected Vtys.,  
42-oz.



**8<sup>99</sup>**  
ea.



Armour  
Pepperoni  
4-oz. Turkey or  
5-oz. Original



**2<sup>99</sup>**  
ea.



Cook's  
Ham Steak  
Selected Vtys.

**3<sup>49</sup>**  
lb.



Farmer John  
Pork Sausage Links  
Selected Vtys.,  
8-oz., Frozen

**1<sup>99</sup>**  
ea.

We reserve the right to limit quantities and to correct pricing errors. No sales to dealers. Not responsible for typographical errors. All items may not be available at all stores.  
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