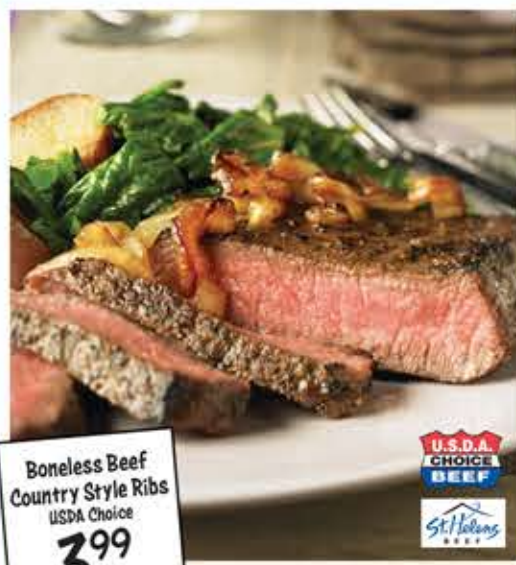


AD DATES EFFECTIVE AUGUST 2 - 8, 2023

## FRESH MEATS



Boneless Beef  
Country Style Ribs  
USDA Choice  
**3.99**  
lb.

Boneless Beef  
Sirloin Tip Steak  
USDA Choice

**3.99**  
lb.



Boneless Pork  
Sirloin Chops

**2.49**  
lb.



Smithfield  
Prime Fresh  
Lunchmeat

Selected Vtys., 7 to 8-oz.

**3.99**  
ea.

## MEAT SALE



3-DAYS ONLY

AUGUST 3 - 5, 2023



Boneless Beef  
Top Round  
London Broil  
USDA Choice

**3.99**  
lb.



Ground Beef  
80% Lean, Value Pack  
Made Fresh In Store

**3.79**  
lb.



Bone-In Pork  
Baby Back Ribs

**3.99**  
lb.



Boneless Pork  
Loin Chops

**2.49**  
lb.



familyfoodstores.com

### GO PAPERLESS!

SIGN UP TO GET AN EMAIL  
OF OUR WEEKLY ADS

## FRESH PRODUCE



Whole Seedless  
Watermelon

**49¢**  
lb.



18-oz.  
Package!

Blueberries  
18-oz. Package

**2.89**  
ea.



Hass  
Avocados

**99¢**  
ea.



Bone-In Chicken  
Drumsticks or Thighs  
Jumbo Pack  
Southern Grown

**1.49**  
lb.



John Morrell  
Smoked Bacon  
Selected Vtys.,  
12-oz.

**3.99**  
ea.



Bar-S  
Smoked Sausage  
Selected Vtys.,  
2.5-lbs.

**6.99**  
ea.



Land O'Frost  
Premium Deli  
Lunchmeat  
Selected Vtys.,  
10 to 16-oz.

**5.99**  
ea.

VALID AUGUST 3-5, 2023  
WHILE SUPPLIES LAST!

Food Club  
Ketchup  
20-oz.

**1.89**



Betty Crocker  
Suddenly  
Pasta Salad  
Selected Vtys.,  
6.2 to 7.75-oz.

**2/\$4**



Lay's  
Party Size  
Chips  
Selected Vtys.,  
8.125 to 17-oz.

**2/\$9**



Gatorade  
Thirst  
Quencher  
Selected Vtys.,  
28-oz.

**1.29**



FatBoy  
Frozen  
Novelties  
Selected Vtys.,  
4 to 9-ct.

**3.99**



Herdez  
Salsa  
Selected Vtys.,  
15.7 to 16-oz.

**2.39**



Betty Crocker  
Brownie Mix  
Selected Vtys.,  
16 to 19.1-oz.

**2.29**



Kellogg's  
Pop-Tarts  
Selected Vtys.,  
20.3-oz.

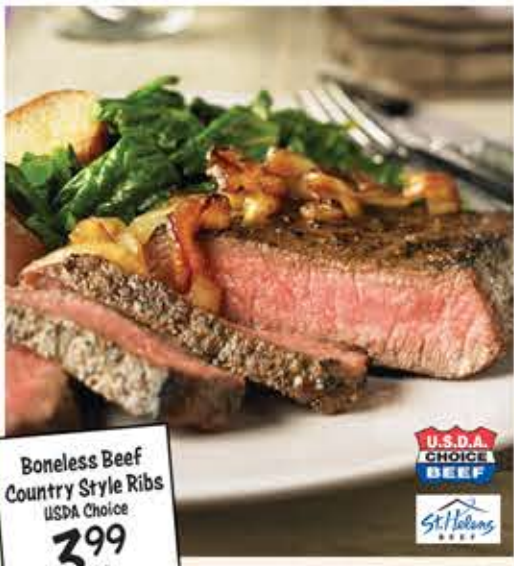
**2/\$7**





AD DATES EFFECTIVE AUGUST 2 - 8, 2023

## FRESH MEATS



Boneless Beef  
Country Style Ribs  
USDA Choice  
**3.99**  
lb.

Boneless Beef  
Sirloin Tip Steak  
USDA Choice

**3.99**  
lb.



Boneless Pork  
Sirloin Chops

**2.49**  
lb.



Smithfield  
Prime Fresh  
Lunchmeat

Selected Vtys., 7 to 8-oz.

**3.99**  
ea.

## MEAT SALE



Boneless Beef  
Top Round  
London Broil  
USDA Choice

**3.99**  
lb.



Ground Beef  
80% Lean, Value Pack  
Made Fresh In Store

**3.79**  
lb.



Bone-In Pork  
Baby Back Ribs

**3.99**  
lb.



Boneless Pork  
Loin Chops

**2.49**  
lb.



Bone-In Chicken  
Drumsticks or Thighs  
Jumbo Pack  
Southern Grown

**1.49**  
lb.



John Morrell  
Smoked Bacon  
Selected Vtys.,  
12-oz.

**3.99**  
ea.



Bar-S  
Smoked Sausage  
Selected Vtys.,  
2.5-lbs.

**6.99**  
ea.



Land O'Frost  
Premium Deli  
Lunchmeat  
Selected Vtys.,  
10 to 16-oz.

**5.99**  
ea.

VALID AUGUST 3, 2023  
WHILE SUPPLIES LAST!

## FRESH PRODUCE



Whole Seedless  
Watermelon

**49¢**  
lb.



Blueberries  
18-oz. Package

**2.89**  
ea.



Hass  
Avocados

**99¢**  
ea.

Food Club  
Ketchup  
20-oz.

**1.89**



Betty Crocker  
Suddenly  
Pasta Salad  
Selected Vtys.,  
6.2 to 7.75-oz.

**2/\$4**



Lay's  
Party Size  
Chips  
Selected Vtys.,  
8.125 to 17-oz.

**2/\$9**



Gatorade  
Thirst  
Quencher  
Selected Vtys.,  
28-oz.

**1.29**



FatBoy  
Frozen  
Novelties  
Selected Vtys.,  
4 to 9-ct.

**3.99**



Herdez  
Salsa  
Selected Vtys.,  
15.7 to 16-oz.

**2.39**



Betty Crocker  
Brownie Mix  
Selected Vtys.,  
16 to 19.1-oz.

**2.29**



Kellogg's  
Pop-Tarts  
Selected Vtys.,  
20.3-oz.

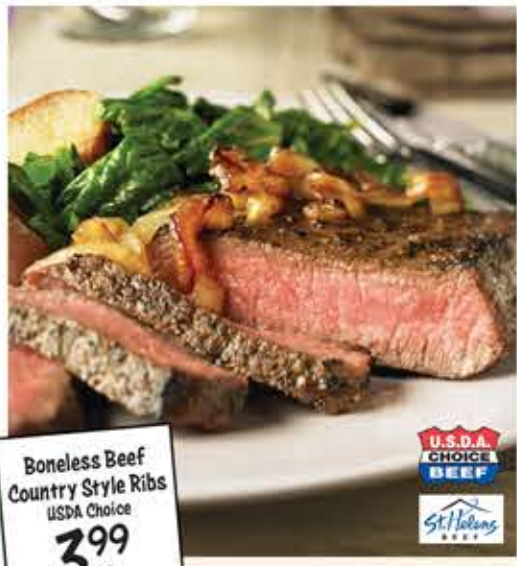
**2/\$7**





AD DATES EFFECTIVE AUGUST 2 - 8, 2023

## FRESH MEATS



Boneless Beef  
Country Style Ribs  
USDA Choice  
**3.99**  
lb.

Boneless Beef  
Sirloin Tip Steak  
USDA Choice

**3.99**  
lb.



Boneless Pork  
Sirloin Chops

**2.49**  
lb.



Smithfield  
Prime Fresh  
Lunchmeat

Selected Vtys., 7 to 8-oz.

**3.99**  
ea.

## MEAT SALE



FRIDAY ONLY  
AUGUST 4, 2023



Boneless Beef  
Top Round  
London Broil  
USDA Choice

**3.99**  
lb.



Ground Beef  
80% Lean, Value Pack  
Made Fresh In Store

**3.79**  
lb.



Bone-In Pork  
Baby Back Ribs

**3.99**  
lb.



Boneless Pork  
Loin Chops

**2.49**  
lb.



familyfoodstores.com

### GO PAPERLESS!

SIGN UP TO GET AN EMAIL  
OF OUR WEEKLY ADS

## FRESH PRODUCE



Whole Seedless  
Watermelon

**49¢**  
lb.



18-oz.  
Package!

Blueberries  
18-oz. Package

**2.89**  
ea.



Hass  
Avocados

**99¢**  
ea.



Bone-In Chicken  
Drumsticks or Thighs  
Jumbo Pack  
Southern Grown

**1.49**  
lb.



John Morrell  
Smoked Bacon  
Selected Vtys.,  
12-oz.

**3.99**  
ea.



Bar-S  
Smoked Sausage  
Selected Vtys.,  
2.5-lbs.

**6.99**  
ea.



Land O'Frost  
Premium Deli  
Lunchmeat  
Selected Vtys.,  
10 to 16-oz.

**5.99**  
ea.

VALID AUGUST 4, 2023  
WHILE SUPPLIES LAST!

Food Club  
Ketchup

20-oz.

**1.89**



Betty Crocker  
Suddenly  
Pasta Salad

Selected Vtys.,  
6.2 to 7.75-oz.

**2/\$4**



Lay's  
Party Size  
Chips

Selected Vtys.,  
8.125 to 17-oz.

**2/\$9**



Gatorade  
Thirst  
Quencher

Selected Vtys.,  
28-oz.

**1.29**



FatBoy  
Frozen  
Novelties

Selected Vtys.,  
4 to 9-ct.

**3.99**



Herdez  
Salsa

Selected Vtys.,  
15.7 to 16-oz.

**2.39**



Betty Crocker  
Brownie Mix

Selected Vtys.,  
16 to 19.1-oz.

**2.29**



Kellogg's  
Pop-Tarts

Selected Vtys.,  
20.3-oz.

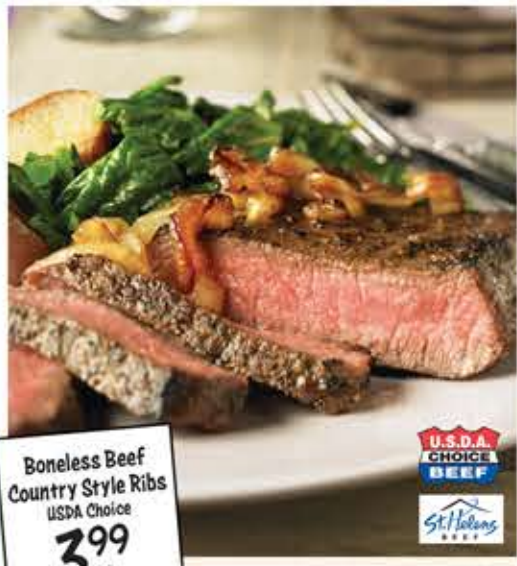
**2/\$7**





AD DATES EFFECTIVE AUGUST 2 - 8, 2023

## FRESH MEATS



Boneless Beef  
Country Style Ribs  
USDA Choice  
**3.99**  
lb.

Boneless Beef  
Sirloin Tip Steak  
USDA Choice

**3.99**  
lb.



Boneless Pork  
Sirloin Chops

**2.49**  
lb.



Smithfield  
Prime Fresh  
Lunchmeat

Selected Vtys., 7 to 8-oz.

**3.99**  
ea.

## MEAT SALE



Boneless Beef  
Top Round  
London Broil  
USDA Choice

**3.99**  
lb.



Ground Beef  
80% Lean, Value Pack  
Made Fresh In Store

**3.79**  
lb.



Bone-In Pork  
Baby Back Ribs

**3.99**  
lb.



Boneless Pork  
Loin Chops

**2.49**  
lb.



Bone-In Chicken  
Drumsticks or Thighs  
Jumbo Pack  
Southern Grown

**1.49**  
lb.



John Morrell  
Smoked Bacon  
Selected Vtys.,  
12-oz.

**3.99**  
ea.



Bar-S  
Smoked Sausage  
Selected Vtys.,  
2.5-lbs.

**6.99**  
ea.



Land O'Frost  
Premium Deli  
Lunchmeat  
Selected Vtys.,  
10 to 16-oz.

**5.99**  
ea.

**VALID AUGUST 5, 2023**  
**WHILE SUPPLIES LAST!**

## FRESH PRODUCE



Whole Seedless  
Watermelon

**49¢**  
lb.



Blueberries  
18-oz. Package

**2.89**  
ea.



Hass  
Avocados

**99¢**  
ea.

Food Club  
Ketchup  
20-oz.

**1.89**



Betty Crocker  
Suddenly  
Pasta Salad  
Selected Vtys.,  
6.2 to 7.75-oz.

**2/\$4**



Lay's  
Party Size  
Chips  
Selected Vtys.,  
8.125 to 17-oz.

**2/\$9**



Gatorade  
Thirst  
Quencher  
Selected Vtys.,  
28-oz.

**1.29**



FatBoy  
Frozen  
Novelties  
Selected Vtys.,  
4 to 9-ct.

**3.99**



Herdez  
Salsa  
Selected Vtys.,  
15.7 to 16-oz.

**2.39**



Betty Crocker  
Brownie Mix  
Selected Vtys.,  
16 to 19.1-oz.

**2.29**



Kellogg's  
Pop-Tarts  
Selected Vtys.,  
20.3-oz.

**2/\$7**





# GROCERY SPECIALS



Bertolli  
Pasta Sauce  
Selected Vtys.,  
15 to 24-oz.

**2/\$7**



Minute  
White Rice  
28-oz.

**4<sup>29</sup>**



Kraft  
Dressing  
Selected Vtys.,  
16-oz.

**3<sup>79</sup>**

Cracker Barrel  
Macaroni &  
Cheese Dinner  
Selected Vtys.,  
14-oz.



**4<sup>99</sup>**

Panda Express  
Sauce  
Selected Vtys.,  
20.5 to 20.7-oz.



**3<sup>59</sup>**

Heinz  
Mustard  
14-oz.



**2<sup>29</sup>**

Betty Crocker  
Potatoes  
Selected Vtys.,  
4.7 to 5.1-oz.



**1<sup>79</sup>**

Tapatio  
Marinade  
or Sauce  
Selected Vtys.,  
8-oz.



**2<sup>29</sup>**

Crisco  
Pure Oil  
Vegetable  
or Canola  
40-oz.



**4<sup>99</sup>**

Hi-C  
Fruit Drink  
Selected Vtys.,  
8-ct.



**2<sup>19</sup>**

Crav'n Flavor  
Woven Wheats  
Crackers  
Selected Vtys.,  
9-oz.



**2/\$4**

Jolly Time  
Microwave  
Popcorn  
Selected Vtys.,  
3-ct.



**2<sup>89</sup>**

Funables  
Fruit Snacks  
Selected Vtys.,  
10-ct.



**2<sup>89</sup>**

Wide Awake  
Coffee Co.  
K-Cup Pods  
Selected Vtys.,  
10-ct.



**5<sup>69</sup>**

Kellogg's  
Cereal  
Selected Vtys.,  
9 to 15.5-oz.



**3<sup>99</sup>**

Cascade  
Original  
ActionPacs  
Dishwasher  
Detergent  
25-ct.



**6<sup>29</sup>**

Tide  
Liquid Laundry  
Detergent  
Selected Vtys.,  
92-oz.



**15<sup>39</sup>**

Paws  
Happy Life  
Canned  
Cat Food  
Selected Vtys.,  
5.5-oz.



**69¢**

Charmin  
Bath Tissue  
Ultra Soft or Strong  
12-Mega Rolls



**18<sup>99</sup>**

# DAIRY & FROZEN SAVINGS



Darigold  
Cottage Cheese  
Selected Vtys.,  
16-oz.

**2<sup>99</sup>**



Tillamook  
Cheese  
Selected Vtys.,  
2-lb. Loaf

**9<sup>99</sup>**



Stouffer's  
Family Size  
Dinners  
Selected Vtys.,  
30 to 40-oz., Frozen

**8<sup>99</sup>**

Darigold  
Fit Milk  
Selected Vtys.,  
59-oz.



**3<sup>69</sup>**

Yami  
Yogurt  
Selected Vtys.,  
6-ct.



**2<sup>19</sup>**

Food Club  
Potatoes  
Selected Vtys.,  
22.5 to 32-oz., Frozen



**2<sup>99</sup>**

Totino's  
Party Pizza  
Selected Vtys.,  
9.8 to 10.9-oz.,  
Frozen



**1<sup>79</sup>**

Swiss Miss  
Pudding Cups  
Selected Vtys.,  
6-ct.



**3<sup>39</sup>**

Pillsbury  
Cookie Dough  
Selected Vtys.,  
16.5-oz.



**3<sup>69</sup>**

Healthy Choices  
Café Steamers  
Selected Vtys.,  
9.5 to 11-oz., Frozen



**3<sup>39</sup>**

Marie  
Callender's  
Meal For Two  
Lasagna or  
Scalloped Potatoes  
27 to 31-oz., Frozen



**5<sup>99</sup>**



# ADDITIONAL SAVINGS



## WHERE YOU SHOP MATTERS

When you shop at Your Northwest stores and see our family of exclusive brands, you can trust that you are buying local, supporting your neighbors and strengthening your community.

At URM, we are proud of being member-owned and being able to say that we have been supporting our communities throughout the Northwest for over 100 years.



## From the Northwest. FOR THE NORTHWEST.

### INTRODUCING MERCHANT'S CRAFT CREATED BY A NEARLY CENTURY-OLD NORTHWEST CO-OP.

From our unique regional flavors to our local bottling and distribution networks, we're guided by the desire to create quality products that are rooted in the Northwest community. And because our products are available exclusively at independently owned stores, you'll know you're supporting a local business owner whenever you see the Merchant's Craft brand. And really, what's more Northwest than that?



@merchantscraft

#FindYourNorthwest  
MERCHANTSCRAFT.COM



# FRESH MEATS



Boneless Beef  
Sirloin Tip Roast  
USDA Choice

**3<sup>99</sup>**  
lb.



Boneless Beef  
New York Steak  
USDA Choice

**10<sup>99</sup>**  
lb.



Draper  
Valley Farms  
Whole Chicken  
Northwest Grown

**1<sup>49</sup>**  
lb.



Ranger Free Range  
Bone-In Half  
Chicken Breast  
Northwest Grown

**3<sup>99</sup>**  
lb.



Boneless Pork  
Country Style Ribs

**2<sup>99</sup>**  
lb.



Prairie Fresh  
Signature  
Pork Loin Filet  
Selected Vtys.,  
27.2-oz.

**6<sup>99</sup>**  
ea.



Yummy  
Dino Buddies  
Chicken Nuggets  
Selected Vtys.,  
18 to 21.5-oz., Frozen

**6<sup>49</sup>**  
ea.



Kentucky Legend  
Boneless Ham

**4<sup>99</sup>**  
lb.

Oscar Mayer  
Beef Franks  
Selected Vtys.,  
15 to 16-oz.

**4<sup>99</sup>**  
ea.



Daily's  
Bacon  
Selected Vtys.,  
24-oz.

**7<sup>99</sup>**  
ea.



Yummy  
Chicken  
Entrées  
Selected Vtys.,  
28 to 35-oz., Frozen

**9<sup>99</sup>**  
ea.



Carando  
Meatballs or  
Italian Sausage  
Selected Vtys.,  
16-oz., Frozen

**4<sup>99</sup>**  
ea.



# FRESH PRODUCE



Romaine  
Lettuce

**1<sup>49</sup>**  
ea.



On The Vine  
Tomatoes

**1<sup>49</sup>**  
lb.



Large Green  
Bell Peppers

**79¢**  
ea.



Strawberries  
1-lb. Package

**3<sup>89</sup>**  
ea.



Fresh Express  
Premium  
Garden Salad  
Selected Vtys.,  
9 to 11-oz.

**3<sup>89</sup>**  
ea.



Green  
Cabbage

**69¢**  
lb.

Organic  
Zucchini

**2<sup>29</sup>**  
lb.



Organic  
Celery

**1<sup>29</sup>**  
lb.



Griller  
Mushrooms  
8-oz. Package

**3<sup>49</sup>**  
ea.



Bolthouse  
Carrot Chips  
16-oz. Package

**1<sup>79</sup>**  
ea.



We reserve the right to limit quantities and to correct pricing errors. No sales to dealers. Not responsible for typographical errors.  
All items may not be available at all stores. Select images courtesy of BeefItsWhatsForDinner.com.

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