

AD DATES EFFECTIVE JUNE 28 - JULY 4, 2023

## FRESH MEATS



**6<sup>99</sup>** lb.

Boneless Beef  
New York Steak  
USDA Choice



**2<sup>49</sup>** lb.

Bone-In Pork  
Country Style Ribs



**3<sup>99</sup>** lb.

Draper Valley Farms  
Boneless, Skinless  
Chicken Breast  
Value Pack, Northwest Grown



3-DAY SALE ONLY:  
JUNE 30 - JULY 2, 2023



**2/\$3**

John Morrell  
Meat Franks  
Selected Vtys.,  
12-oz.



**1<sup>29</sup>** ea.

Taylor Farms  
Tri Color  
Coleslaw  
14-oz. Package



**2<sup>99</sup>** ea.

Litehouse  
Vegetable Dips  
Selected Vtys.,  
12-oz.



**4/\$5**

2-Liter Merchant's  
Craft Soda  
or Mixer  
Selected Vtys.



**2/\$3**

Simply Done  
Napkins  
250-ct.



**4/\$5**

Food Club  
Marshmallows  
Regular or Mini  
10-oz.



**4/\$5**

Simply Done  
Plastic Cutlery  
Selected Vtys.,  
48-ct.

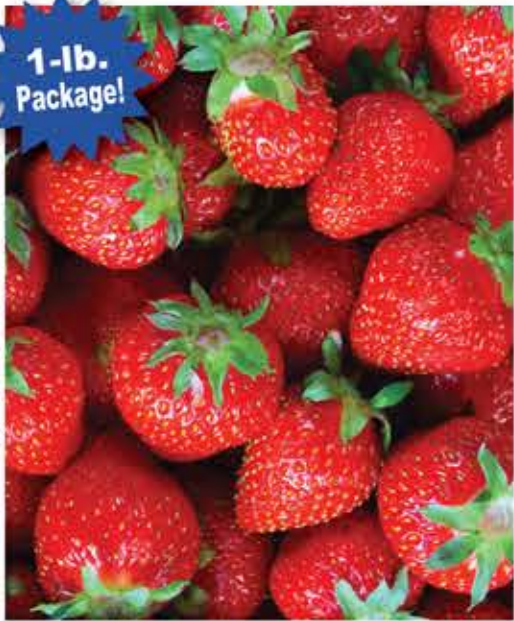


**99¢**

Hershey's  
Candy Bars  
Selected Vtys.,  
1-ct.

VALID JUNE 30 - JULY 2, 2023  
WHILE SUPPLIES LAST!

## FRESH PRODUCE



**99¢** ea.

Sweet  
Strawberries  
1-lb. Package



**1<sup>29</sup>** lb.

On The Vine  
Tomatoes



**59¢** lb.

Whole Seedless  
Watermelon



**2/\$5**

Lay's or  
La Cocina  
De Josefina  
Chips  
Selected Vtys.,  
5 to 12-oz.



**2/\$7**

Capri Sun  
Juice Drink  
Selected Vtys.,  
10-ct.



**4<sup>29</sup>**

Tillamook  
Ice Cream  
Selected Vtys.,  
48-oz., Frozen



**4/\$5**

Pearls  
Pitted Olives  
Selected Vtys.,  
6-oz.



**3<sup>29</sup>**

Kraft  
Dressing  
Selected Vtys.,  
16-oz.



**2/\$7**

Nabisco  
Snack Crackers  
Selected Vtys.,  
6.5 to 8.5-oz.



**3/\$4**

Western Farms  
Hamburger or  
Hot Dog Buns  
8-ct.



**2<sup>69</sup>**

French's  
Mustard  
Honey or Dijon  
12-oz.



# GROCERY SPECIALS



**Bush's Baked Bean**  
Selected Vtys.,  
22 to 28-oz.

**2/\$5**



**Cheez-It Baked Snack Crackers**  
Selected Vtys.,  
7.5 to 12.4-oz.

**3<sup>99</sup>**



**8-Pack Gatorade Thirst Quencher**  
Selected Vtys.,  
8/20-oz. Bottles

**6<sup>99</sup>**

**Kraft or Velveeta Macaroni or Shells & Cheese**  
Selected Vtys.,  
12 to 14-oz.



**4<sup>39</sup>**

**Clamato Tomato Cocktail**  
Selected Vtys.,  
32-oz.



**2<sup>79</sup>**

**Crav'n Flavor Graham Crackers**  
Honey or Cinnamon  
14.4-oz.



**2<sup>69</sup>**

**Mazola Corn or Canola Oil**  
40-oz.



**5<sup>29</sup>**

**Lawry's Marinades**  
Selected Vtys.,  
12-oz.



**2<sup>99</sup>**

**Bull's-Eye B.B.Q Sauce**  
Selected Vtys.,  
18-oz.



**2<sup>29</sup>**

**Frank's RedHot Sauce**  
Selected Vtys.,  
12-oz.



**4<sup>29</sup>**

**Country Kitchen Syrup**  
Original or Butter  
36-oz.



**2<sup>99</sup>**

**Jell-O Gelatin or Pudding Mix**  
Selected Vtys.,  
.9 to 3.9-oz.



**1<sup>39</sup>**

**Smucker's Ice Cream Topping**  
Selected Vtys.,  
7.25 to 12.25-oz.



**2<sup>19</sup>**

**Nature Valley Granola Bars**  
Selected Vtys.,  
6-ct.



**2<sup>79</sup>**

**General Mills Cereals**  
Selected Vtys.,  
8.9 to 11.7-oz.



**3<sup>59</sup>**

**Raid or Off! Insect Repellent, Killer or Trap**  
Selected Vtys.,  
3 to 4-ct. or  
.5 to 17.5-oz.



**20% OFF**

**Reynolds Wrap Aluminum Foil**  
Regular or Heavy Duty  
50 to 75-sq. ft.



**5<sup>39</sup>**

**Solo Plastic Cups**  
Selected Vtys.,  
30 to 50-ct.



**3<sup>99</sup>**

**Paws Happy Life Canned Dog Food**  
Selected Vtys.,  
13.2-oz.



**1<sup>39</sup>**

# DAIRY & FROZEN SAVINGS



**Sargento Shredded or Sliced Cheese**  
Selected Vtys.,  
5 to 8-oz.

**2<sup>69</sup>**



**Simply Juice, Limeade or Lemonade**  
Selected Vtys.,  
52-oz.

**2<sup>79</sup>**



**Cool Whip Whipped Topping**  
Selected Vtys.,  
8-oz., Frozen

**1<sup>99</sup>**

**Zoi Greek Yogurt**  
Selected Vtys.,  
6-oz.



**89¢**

**Darigold Fit Milk or Re:Fuel Beverage**  
Selected Vtys.,  
14-oz.



**1<sup>69</sup>**

**Healthy Choice Café Steamers**  
Selected Vtys.,  
9.5 to 11-oz., Frozen



**3<sup>39</sup>**

**Hungry-Man Dinners**  
Selected Vtys.,  
14 to 16-oz., Frozen



**3<sup>59</sup>**

**Food Club String Cheese**  
Low-Moisture Part-Skim Mozzarella  
16-oz.



**4<sup>69</sup>**

**Wide Awake Coffee Co. Cold Brew Coffee**  
Selected Vtys.,  
48-oz.



**4<sup>99</sup>**

**Crav'n Flavor Pizza Bites**  
Pepperoni or Combination  
45-oz., Frozen



**6<sup>59</sup>**

**Morningstar Farms Veggie Meats**  
Selected Vtys.,  
5.25 to 12-oz., Frozen



**4<sup>49</sup>**



# ADDITIONAL SAVINGS



## WHERE YOU SHOP MATTERS

When you shop at Your Northwest stores and see our family of exclusive brands, you can trust that you are buying local, supporting your neighbors and strengthening your community.

At URM, we are proud of being member-owned and being able to say that we have been supporting our communities throughout the Northwest for over 100 years.



# GO PAPERLESS!

SIGN UP TO GET  
AN EMAIL OF OUR  
WEEKLY ADS  
[familyfoodstores.com](http://familyfoodstores.com)

# From the Northwest. FOR THE NORTHWEST.

### INTRODUCING MERCHANT'S CRAFT CREATED BY A NEARLY CENTURY-OLD NORTHWEST CO-OP.

From our unique regional flavors to our local bottling and distribution networks, we're guided by the desire to create quality products that are rooted in the Northwest community. And because our products are available exclusively at independently owned stores, you'll know you're supporting a local business owner whenever you see the Merchant's Craft brand. And really, what's more Northwest than that?

MERCHANT'S  
Craft™



@merchantscraft

#FindYourNorthwest  
MERCHANTSCRAFT.COM



# FRESH MEATS



Ground Beef  
80% Lean  
Made Fresh In Store

**3.99**  
lb.



Boneless Beef  
Cross Rib Roast  
USDA Choice

**3.99**  
lb.



Seasoned Pork  
Loin Fillets  
Selected Vtys.,  
27.2-oz.

**6.99**  
ea.



E.J. Poultry  
Fresh Bone-In  
Chicken Thighs  
Jumbo Pack  
Southern Grown

**1.79**  
lb.



Bone-In  
St. Louis Style  
Pork Spareribs

**3.99**  
lb.



Bone-In Pork  
Shoulder Steak

**2.99**  
lb.



Johnsonville  
Brats  
Selected Vtys.,  
16 to 19-oz., Frozen

**4.99**  
ea.



Curly's  
BBQ Entrées  
Selected Vtys.,  
12 to 16-oz.

**5.29**  
ea.

Curly's  
BBQ Pork  
Back Ribs  
24-oz.  
**10.99**  
ea.

Nathan's Famous  
Beef Franks  
Selected Vtys.,  
10 to 12-oz.

**4.99**  
ea.



Farmland  
Bacon  
Selected Vtys.,  
16-oz.

**5.49**  
ea.



Hill's  
Premium Meats  
German Sausage  
or Old Fashioned  
Frankfurters  
3-lb.

**10.99**  
ea.



Buddig  
Premium Deli  
Lunchmeat  
Selected Vtys.,  
1-lb.

**4.99**  
ea.



# FRESH PRODUCE



Radishes or  
Green Onions

**69¢**  
ea.



Fresh Express or  
Taylor Farms  
Iceberg  
Garden Salad  
12-oz. Package

**2/\$3**



Whole or Sliced  
Mushrooms  
8-oz. Package

**2.29**  
ea.



Peeled  
Mini Carrots  
2-lb. Package

**2.79**  
ea.



Walla Walla  
Sweet Onions

**1.29**  
lb.



Fresh  
Guacamole  
Selected Vtys.,  
16-oz.

**4.99**  
ea.



Organic  
Lemons

**89¢**  
ea.



Organic  
Strawberries  
16-oz. Package

**3.99**  
ea.



Sweet  
Red Cherries  
New Crop  
Northwest Grown

**2.99**  
lb.

### Fresh Cherry Jubilee

Servings: 8

Ingredients:  
1/2 cup sugar  
1 tablespoon cornstarch  
1/4 cup each water and orange juice  
3 cups pitted Northwest fresh sweet cherries  
1/2 teaspoon grated orange peel  
1/4 cup brandy, optional  
1 quart vanilla ice cream

### Directions:

Combine sugar and cornstarch. Blend in water and orange juice. Cook and stir until thickened and smooth. Add cherries and orange peel. Return to boil and simmer 10 minutes. Gently heat brandy, pour over sauce and flame, if desired. Serve over ice cream.

Recipe and photo © NWCherries.com



Not only do sweet cherries grown in the Northwest taste good, but they are good for you too!

- ✓ Filled With Antioxidants
- ✓ Fat Free
- ✓ High in Fiber
- ✓ Great Source of Vitamin C
- ✓ Low Glycemic Index of 22
- ✓ Cholesterol and Sodium Free
- ✓ A Healthy Snack that Kids Love!
- ✓ 20 Cherries Provides 25mg of Anthocyanins

Freezing Northwest Sweet Cherries is as simple as 1-2-3:

1. Wash, stem, and pit cherries.
2. Pack cherries in plastic freezer bags or freezer-grade containers. Remove excess air, seal, and store in freezer.
3. Thaw.

Nutrition Facts	
Serving Size 5 oz. (140 g) 1 cup or about 21 cherries	
Amount/Serving	
Calories 90	% Daily Value
Total Fat 0g	0%
Sat. Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0g	0%
Total Carb. 19g	6%
Dietary Fiber 3g	12%
Sugars 16g	
Protein 1g	
Potassium 270g	
Vitamin A 2%	
Calcium 2%	
Iron 2%	

\*Percent Daily Values are based on a diet of cherries.

We reserve the right to limit quantities and to correct pricing errors. No sales to dealers. Not responsible for typographical errors. All items may not be available at all stores. Select images courtesy of BeefItsWhatsForDinner.com.

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