



# HUCKLEBERRY'S

NATURAL ★ MARKET

MAY

2024

# NATURAL NEWS & SAVINGS

  

## CELEBRATE WELLNESS ALL MONTH LONG!



**Béquet Caramels**  
Selected Varieties  
3.6-oz.  
**\$4.99**



**Chocolove**  
Selected Varieties  
2.9 or 3.5-oz. Bars  
**2/\$6**  
3.2-oz. XO  
3.5-oz. Bites  
**\$3.99**

**Honey Mama's Truffle Bars**  
Selected Varieties  
2.5-oz.  
**\$4.49**

**Lovo Swiss-Made Chocolate**  
Selected Varieties  
2.82-oz.  
**\$3.99**



**Mary Ruth's Supplements**  
Selected Varieties  
1-oz. Spray  
60 or 90-ct. Gummies  
**\$14.99**



**Country Life**  
60-ct. B12 Gummies  
**\$11.99**  
90-ct. Maxi Hair  
**\$16.99**  
60-ct. Real Food Organics  
Women's Multivitamin  
**\$24.99**



**Aura Cacia**  
2.5-oz. Bath  
**2/\$7**  
.5-oz. Essential Oil  
**\$4.49**  
16-oz. Castor Oil  
**\$10.99**



**Pranarôm Essential Oils**  
Selected Sizes & Varieties  
**25% Off**



**Winged Women's Wellness**  
Selected Sizes & Varieties  
**\$19.99**



**South of France Body Care**  
Selected Varieties  
6 or 8-oz. Bar or Liquid  
**\$3.99**  
8-oz. Cream  
**\$6.99**



**Andalou Face Care**  
Selected Varieties  
.28-oz. Face Mask  
**2/\$7**  
.6-oz. Hydro Mask  
**\$4.49**  
.6-oz. Eye Creme  
**\$14.99**



Prices Effective May 1st Through May 28th, 2024

(Some items may not be available in all areas.)



Equal Exchange's mission is to build long-term trade partnerships that are economically just and environmentally sound, to foster mutually beneficial relationships between farmers and consumers and to demonstrate, through our success, the contribution of worker co-operatives and Fair Trade to a more equitable, democratic and sustainable world.

They've been a proud supporter of authentic fair trade since day one, and to them that means knowing and working directly with the farmers who produce their food. They partner with farmer cooperatives who are democratically organized, sharing resources and decision-making among their members.

Collectively, they gain crucial market access and decide how to invest fair trade and organic premiums in their communities. They now source from over 40 small farmer organizations around the world.

Their longstanding relationships allow them to secure the best crops, while continuing to develop innovative programs in collaboration with the co-ops, from crop diversification to quality trainings to women's leadership development.



Certified



Corporation



FAIR TRADE  
CERTIFIED

**Equal Exchange  
Fair Trade**

Selected Varieties  
2.8-oz. Chocolate Bars

**2/\$7**

20-ct. Tea

**\$4.99**

10-oz. Chocolate Chips

**\$6.99**

8 or 12-oz. Cocoa Mix

**\$8.99**

10 or 12-oz. Coffee

**\$12.99**



**May 1 - 28**

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

2



**Amy's**  
Selected Varieties  
15 or 15.4-oz. Refried Beans

**\$3.99**

14.7-oz. Salsa

**\$5.99**

**No Cow**  
**Protein Bar**  
Selected Varieties  
2.12-oz.

**2/\$6**

**Daiya**  
Selected Varieties  
7.1-oz. Shreds  
7.1-oz. Block  
7.8-oz. Slices

**\$3.99**

8-oz. Cream Cheese

**\$4.49**

6-ct. Cheese Sticks

**\$4.99**

**Blue Diamond**  
**Almond Breeze**  
**Almondmilk**

Selected Varieties  
52 to 64-oz.

**2/\$7**

**Wayfare Dairy Free**  
Selected Varieties  
4.8-oz.

**\$2.29**

4-ct. Pudding

**\$4.99**

**Tofutti Milk Free**  
**Better Than**  
8-oz. Cream Cheese  
12-oz. Sour Cream

**\$3.99**

**Siggis Skyr**  
Selected Varieties  
4 to 5.3-oz.

**\$1.79**

32-oz. Drinkable

**\$3.99**

**Pickled Planet**  
**Sauerkraut**  
**or Kim Chee**  
Selected Varieties  
16-oz.

**\$7.49**

**Thor's Skyr Yogurt**  
Selected Varieties  
6-oz.

**2/\$3**

**Recycle This Flyer**

**Perfect Bar**  
Selected Varieties  
2.2 to 2.5-oz.

**2/\$6**

**Norr Skyr**  
Selected Varieties  
4.4-oz.

**2/\$4**

16-oz.  
**\$5.99**

**Noosa Yoghurt**  
Selected Varieties  
4.5-oz.

**4/\$5**

**Malk Plant-Based Milk**

Selected Varieties  
28-oz.

**\$5.99**

**Mid-Day Squares**

Selected Varieties  
1.16-oz.

**2/\$4**

**House Tofu**

Selected Varieties  
14 or 16-oz.

**2/\$5**

**Harmless Harvest Raw Coconut Water**

Selected Varieties  
8.75-oz.

**2/\$6**

**Forager Organic Dairy-Free Cashew Yogurt**

Selected Varieties  
5.3-oz.

**2/\$4**

24-oz.  
28-oz. Drinkable

**\$5.49**

**Califa Farms**

48-oz. Protein Oat  
72-oz. Unsweetened Almondmilk

**\$6.59**

72-oz. Extra Cream Oatmilk

**\$6.99**

**Brown Cow Cream Top Yogurt**

Selected Varieties  
32-oz.

**\$4.49**



**New!**



**BADGER**  
CULTIVATE GOOD



Woman owned, Certified B Corp, mission driven and family owned. They blend the finest organic plant extracts, exotic oils, beeswax, and minerals to make the safest, most effective skincare products to soothe, heal and protect. Stock up all month long for all your summer skincare essentials!



**Badger**  
Selected Varieties  
4-oz. Aloe Vera Gel  
**\$4.99**  
2-oz. Anti-Bug Balm  
**\$6.99**  
4-oz. Anti-Bug Shake & Spray  
**\$7.99**  
2.9-oz. Sunscreen  
**\$10.99**  
1-oz. Balm or Face Oil  
4-oz. Baby Oil  
**\$11.99**



**HUCKLEBERRY'S**  
NATURAL ★ MARKET

**May 1 - 28**

**Recycle This Flyer**



### Swiss Chard Zucchini Tomato Strata

from schaer.com

#### Ingredients:

- 4 slices Deli Style Bread
- 8 eggs
- 1 1/4 cups milk, lactose free
- 1/2 cup Parmesan cheese, grated
- 4 stalks / stems swiss chard
- 1 small zucchini, sliced
- 10 cherry tomatoes, halved
- 3 tbsp chopped chives
- 3/4 tsp salt
- 1/4 tsp pepper



Total: 430 m Serves 6

#### Directions

1. Lightly oil a medium baking dish.
2. Cut or tear bread into 1-inch pieces.
3. In a large bowl, whisk eggs until well beaten. Whisk in milk and cheese.
4. Add bread cubes, Swiss chard, zucchini, tomatoes, chives, salt and pepper. Stir well.
5. Transfer mixture to prepared baking dish.
6. Cover and refrigerate 6 hours or overnight.
7. Preheat oven to 375 degrees F.
8. Bake strata, uncovered, 50 minutes or until lightly browned and set



#### Schar Gluten Free

Selected Varieties

12-oz. Pennec or Spaghetti

**\$3.99**

6.2-oz. Entertainment Crackers

**\$4.49**

4-ct. Hot Dog or Hamburger Buns

**\$4.99**

17.6-oz. Puff Pastry Dough

**\$8.99**



**La Fermiere**  
Yogurt or Dessert  
Selected Varieties  
4.4-5.6 oz.  
**2/\$6**

**Stumptown Nitro**  
Cold Brew Coffee  
Selected Varieties  
10.3-oz.  
**\$3.99**

**Stoked Oats**  
Superfood Granola  
Selected Varieties  
10.6-oz.  
**\$4.99**

**Nut Pods**  
Selected Varieties  
11.2-oz.  
**\$3.99**  
25.4-oz. Creamer  
32-oz. Cold Brew  
**\$4.99**

**Kitu Vanilla Latte**  
Super Coffee  
32-oz.  
**\$3.99**

**Groundwork**  
Organic Cold Brew  
Selected Varieties  
10.1-oz.  
**\$3.59**  
12-oz. Nitro  
**\$4.99**

**Great River Organic**  
Milling Hot Cereal  
Selected Varieties  
24-oz.  
**\$4.99**

**Dream Plant Milk**  
Selected Varieties  
32-oz.  
**\$3.99**

**Catalina Crunch Keto**  
Selected Varieties  
5.25-oz. Mix  
**\$5.49**  
6.8-oz. Cookies  
**\$5.99**  
9-oz. Cereal  
**\$7.99**

**De La Calle!**  
Tepache  
Selected Varieties  
12-oz.  
**2/\$5**



**HUCKLEBERRY'S**  
NATURAL ★ MARKET

May 1 - 28

Recycle This Flyer

# FROZEN

## Sweet Nothings Plant-Based Smoothie

Selected Varieties  
3.5-oz.

**\$2.69**

6-ct. Kids

**\$5.99**

## Keto Pint Ice Cream

Selected Varieties  
16-oz.

**\$6.49**

4-ct. Bars

**\$6.99**

## Jonny Pops

Selected Varieties  
4-ct. Cream Pops  
8-ct. Dairy Free Ice Pops

**\$5.99**

24-ct. Freezer Pops

**\$12.99**

## Flax4Life Muffins

Selected Varieties  
7-oz.

**\$4.99**

14-oz.

**\$6.99**

## Dolcezza Gelato

Selected Varieties  
16-oz.

**\$5.99**

## Amy's

Selected Varieties  
5.5 or 6-oz. Burritos

**2/\$7**

5 or 3.5-oz. Wraps

**\$3.99**

10-oz. Veggie Burgers

**\$6.99**



## Cosmic Bliss Organic Plant-Based Frozen Dessert

Selected Varieties  
14-oz.

**\$6.99**

## Alec's Organic Ice Cream

Selected Varieties  
14-oz.

**\$7.99**

## Brazi Bites

Selected Varieties  
10 or 11.5-oz.

**\$6.99**

## Dr. Praeger's Veggie Burger

Selected Varieties  
10-oz.

**\$5.99**

## Dr. Praeger's Perfect Burger

8-oz. Perfect Burger

**\$6.99**

## Foodies Pumfu

Selected Varieties  
8-oz.

**\$6.49**

## Jack & Annie's Jackfruit

Selected Varieties  
7.8 to 10.6-oz.

**\$5.99**

## StarLite Cuisine

Selected Varieties  
9-oz. Vegan Enchiladas

**\$6.69**

## StarLite Cuisine

12 or 14-oz. Entrees

**\$7.69**

## BuenaNatural Vegetarian Tamales

18-oz. Red or Green Chile

**\$7.99**



May 1 - 28

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

Recycle This Flyer

gluten free  
**katz**<sup>®</sup>



gluten free



- Katz Gluten Free**  
Selected Varieties  
5.5-oz. Soft Pretzel Nuggets  
6-oz. Donut Holes  
7.8-oz. Garlic Texas Toast  
**\$4.99**  
7-oz. Rugelech  
8.5-oz. Cinnamon Rolls  
or Honey Buns  
**\$5.99**  
8.8-oz. Creme Cakes  
10.5 or 11.3-oz. Donuts  
**\$6.99**



- HOP WTR**  
Selected Varieties  
16-oz.  
**\$1.89**  
6-ct.  
**\$9.99**
- Zevia Zero Calorie Soda**  
Selected Varieties  
6-ct.  
**\$5.99**
- Waterloo Sparkling Water**  
Selected Varieties  
8-ct.  
**\$4.49**
- Spindrift Sparkling Water**  
Selected Varieties  
8-ct.  
**\$5.49**
- Nixie Organic Sparkling Water**  
Selected Varieties  
8-ct.  
**\$4.99**
- Wildwonder Sparkling Drink**  
Selected Varieties  
12-oz.  
**2/\$6**
- Tru Enhanced Sparkling Water**  
Selected Varieties  
12-oz.  
**2/\$5**
- Rowdy Mermaid Good Mood Soda**  
Selected Varieties  
12-oz.  
**2/\$4**
- Pop & Bottle Super Coffee Concentrate**  
Selected Varieties  
8-oz.  
**\$12.99**
- Lifeaid Dietary Supplement Drinks**  
Selected Varieties  
12-oz.  
**2/\$6**
- Hoptonic Sparkling Tea**  
Selected Varieties  
12-oz.  
**2/\$5**

May 1 - 28

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

Recycle This Flyer

# NATURAL LIVING

**Mary Ruth's  
Liquid Multivitamin**  
32-oz. Morning or Night  
**\$29.99**

**Biochem Sugar Free  
Chocolate or Vanilla  
Whey Protein**  
11.8 or 12.5-oz.  
**\$24.99**

**Weleda Skin Care**  
Selected Varieties  
6.8-oz. Body Lotion  
**\$10.49**  
2.5 to 6.8-oz.  
**\$15.99**

**Alaffia Body Care**  
Selected Varieties  
12 or 16-oz.  
**\$7.99**  
32-oz.  
**\$11.99**

**The Honey Pot  
Company**  
Selected Varieties  
5.51-oz. Wash  
30-ct. Wipes  
**\$9.99**  
18-ct. Tampons  
**\$10.49**  
1-ct. Menstral Cup  
**\$22.99**

**Phillip Adam  
Shampoo or  
Conditioner**  
Selected Varieties  
12-oz.  
**\$14.99**

**Truvani  
Plant Based Protein**  
Selected Varieties  
297 to 365-gm.  
**\$21.99**  
357-gm. Protein & Greens  
**\$32.99**  
495 to 730-gm.  
**\$39.99**

**David's Toothpaste**  
Selected Varieties  
1.75-oz.  
**2/\$7**  
5.25-oz.  
**\$7.99**

**ThinkSport  
Sunscreen**  
Selected Varieties  
3-oz.  
**\$10.39**  
6-oz. Spray  
**\$13.59**

**NeuroQ  
Supplements**  
Selected Varieties  
30 to 90-ct.  
**25% Off**



**HopTea  
Sparkling Tea**  
Selected Varieties  
16-oz.  
**2/\$5**

**Goldthread  
Plant Based Tonic**  
Selected Varieties  
2-oz. Shot  
**2/\$6**  
12-oz.  
**2/\$7**



**Heywell  
Sparkling Water**  
Selected Varieties  
12-oz.  
**2/\$6**

**Hint Water**  
Selected Varieties  
16-oz.  
**4/\$5**  
12-ct.  
**\$15.99**



**May 1 - 28**



**Recycle This Flyer**

THE ORIGINAL

# OATLY!

Back in the day, 30 or so years ago there was no Oatly—just some researchers at a famous university in a country mistakenly known for polar bears roaming the streets. They nerded out on ways to turn oats into milk and created a production process to keep the beta-glucans (big, scientific word for “soluble fiber”) intact so that those at Oatly could go crazy making all kinds of oat drinks and oat creams and oat spreads image and a barista-edition oat drink and then share all of this oat history on their website, [oatly.com](http://oatly.com) in the hopes that one day you might happen to read how the first oat drink in the world was invented and perfected and want to give it a try.



**Oatly Non-Dairy**

Selected Varieties

32-oz. Oatmilk  
**\$3.99**

16-oz. Frozen Dessert

**\$4.49**

29.7-oz. Creamer

64-oz. Oatmilk  
**\$4.99**



**New!**



**Gerolsteiner Sparkling Mineral Water**  
25.3-oz.  
**2/\$6**  
6-ct.  
**\$8.99**

**Evolution Fresh Organic**  
Selected Varieties  
15.2-oz.  
**\$4.99**

**Daytrip Prebiotic Soda**  
Selected Varieties  
12-oz.  
**2/\$5**

**Culture Pop Soda**  
Selected Varieties  
12-oz.  
**\$1.89**

**Clear Theory Water Booster**  
Selected Varieties  
1.62-oz.  
**\$3.59**

**C Force Premium Artisan Water**  
101.4-oz.  
**2/\$5**

**Cascade Mountain Sparkling or Spring Water**  
28-oz.  
**\$2.29**

**Aura Bora Herbal Sparkling Water**  
Selected Varieties  
12-oz.  
**\$1.79**

**Ardor Organic Sparkling Water**  
Selected Varieties  
12-oz.  
**2/\$5**

**Amy & Brian Coconut Water**  
Selected Varieties  
17.5-oz.  
**2/\$7**  
33.8-oz.  
**\$5.99**

**Late July Tortilla Chips**  
Selected Varieties  
7.4 to 10.1-oz.  
**\$3.99**

**May 1 - 28**

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

**Recycle This Flyer**



**Siete Grain Free**

Selected Varieties  
5.5-oz. Potato Chips

**2/\$7**

5-oz. Tortilla Chips

**\$4.99**

**Vermont  
Smoke & Cure  
Meat Sticks**

Selected Varieties  
1-oz.

**2/\$3**

**Vegan Rob's Puffs**

Selected Varieties  
3.5-oz.

**2/\$7**

**The Good Crisp  
Company Snacks**

Selected Varieties  
1.6-oz.

**2/\$3**

2.75 or 5.6-oz.

**2/\$7**

**The Daily Crave  
Snacks**

Selected Varieties  
4.25 or 6-oz.

**\$3.99**

**Stacy's Pita or  
Bagel Chips**

Selected Varieties  
6.75 to 7.33-oz.

**\$3.99**

10.25-oz. Organic

**\$6.49**

15.6 or 16-oz.

**\$6.99**

**Spudsy Sweet  
Potato Snacks**

Selected Varieties  
4-oz. Poppers

**\$3.99**

3.2-oz. Scoops

**\$4.99**

**Skinny Pop  
Popcorn**

Selected Varieties  
4.4 or 5.3-oz.

**\$3.99**

**Pirate's Booty  
Aged White  
Cheddar Popcorn**

10-oz. or 6-ct.

**\$6.59**



**SIMPLE**  
*Mills*<sup>®</sup>



Simple Mills knows food has a big impact on people and our planet. And, as a food company, they're uniquely positioned to leverage food as a vehicle to advance the health of people and the planet.

They are on a journey to revolutionize food design in a manner that advances regenerative agriculture principles, elevates farmers, empowers eaters, and inspire others so that their food system can nourish people and our planet now and for generations to come.



**Simple Mills  
Gluten Free**  
Selected Varieties  
4.25-oz. Veggie Pita  
Crackers or Sweet Things  
**\$4.29**  
5-ct. Soft Baked Bars  
**\$4.49**  
4 or 4.25-oz. Almond or  
Seed Flour Crackers  
**\$4.99**  
6.75-oz. Nut Butter  
Stuffed Sandwich Cookies  
**\$5.99**

**May 1 - 28**



**Recycle This Flyer**



## Oatmeal Chocolate Chunk Cookie Bars

from theochocolate.com

### Ingredients:

- 1 1/4 cup natural almond butter
- 1 cup coconut sugar
- 2 eggs
- 1 tsp vanilla extract
- 3/4 cup rolled oats
- 1 tsp baking soda
- 1/4 tsp salt
- 1 Theo Pure Milk 45% Chocolate bar, rough chopped (divided)



### Directions

1. Line an 8x8 pan with parchment paper and preheat the oven to 350F.
2. In a large mixing bowl, whisk together almond butter, coconut sugar, eggs, and vanilla extract. Stir together until smooth.
3. Add in rolled oats, baking soda, and salt. Stir together with a wooden spoon until evenly combined. Add in 1/2 of the chopped chocolate bar and stir again.
4. Add cookie dough to the parchment-lined 8x8 pan and spread in an even layer with a spatula. Top with remaining half of chopped chocolate.
5. Move to the oven and bake at 350F for 18-22 minutes or until golden brown on top and edges have started to pull away from sides. You want to make sure not to overbake these for a gooey texture!
6. Let cool for at least 1 hour before cutting into 9 slices. Enjoy!



### Theo Chocolate

Selected Varieties  
1.3-oz. Cups

**\$2.29**

1.3-oz. Almond Butter Cups  
1.7-oz. Filled Bar

**2/\$6**

3-oz. Bar

**\$3.29**

4-oz. Baking

**\$4.49**



### Que Pasa Organic Tortilla Chips

Selected Varieties  
10 or 11-oz.

**\$3.99**

### Moon Cheese Snacks

Selected Varieties  
2-oz.

**2/\$7**



### Mary's Gone Crackers Organic

Selected Varieties  
5-oz. Real Thin Crackers or Cookies

**\$3.99**

4.25 to 6.5-oz. Crackers

**\$4.99**

### Lesser Evil Organic Popcorn

Selected Varieties  
4.6 or 6.4-oz.

**\$3.99**

7-oz. Puffs

**\$4.99**



### Kettle Brand Potato Chips

Selected Varieties  
4.15 or 5-oz.

**2/\$7**

11.25 or 13-oz.

**\$4.99**

### Inka Snacks

Selected Varieties  
2 or 4-oz.

**2/\$5**

4-oz. Tostones

**\$3.29**



### Hippeas

### Chickpea Snacks

Selected Varieties  
5-oz.

**2/\$7**



### GimMe Seaweed Snacks

Selected Varieties  
.35-oz.

**2/\$4**

6-ct.

**\$5.99**



### From the Ground Up Gluten Free Snacks

Selected Varieties  
3.5 to 4.5-oz.

**2/\$6**

May 1 - 28

**10**  
**HUCKLEBERRY'S**  
NATURAL ★ MARKET

Recycle This Flyer

**Food Should Taste Good  
Tortilla Chips**

Selected Varieties  
5.5-oz.

**2/\$7**

**Field Trip  
Meat Sticks**

Selected Varieties  
1-oz.

**\$1.79**

**Country Archer  
Meat Snacks**

Selected Varieties  
1-oz. Stick

**2/\$4**

2 or 2.5-oz. Jerky

**\$5.99**

**Burroughs Family Farms  
Organic Almonds**

Selected Varieties  
4-oz.

**\$7.99**

**Blue Diamond  
Nut Thins**

Selected Varieties  
4.25-oz.

**\$3.99**

**Yum Earth Candy**

Selected Varieties  
5-oz.

**\$5.49**

5-ct.

**\$5.99**

**Unreal Chocolate  
Dark Chocolate**

Selected Varieties  
1.2 or 1.3-oz.

**2/\$4**

3.4 to 5-oz.

**\$5.49**

**Torie & Howard  
Organic Hard Candy**

Selected Varieties  
2-oz.

**2/\$7**

**TCHO Chocolate**

Selected Varieties  
2.5-oz.

**2/\$8**

**Panda Licorice**

Selected Varieties  
1.1-oz.

**79¢**

7-oz.

**2/\$7**



**UNIQUE  
SNACKS**  
ESTD 1921

Unique Snacks is a snack industry leader offering high-quality snacks featuring more flavor, fewer ingredients and smarter baking. Unique Snacks creates a variety of pretzels that meet dietary constraints including Gluten Free, Vegan, Kosher, Non-GMO Project Verified, no artificial colors or flavors, no Trans fat, no preservatives and cholesterol-free. Unique Snacks is known for its Original "Splits", Pretzel Shells, Sourdough Craft Beer Pretzel Rings, Sprouted pretzels, chocolate coated pretzels and pretzel dips. In 2023, Unique Snacks introduced a new gluten free snack Puffzels – a light and airy puffed, non-fried, snack in the shape of a pretzel available in four flavors: Honey Mustard, Aged Cheddar, Wild Buffalo and Homestyle (garlic and butter) featuring Big Puff Flavor, Fun Pretzel Crunch!



**Unique Snacks**  
Selected Varieties  
11-oz. Pretzels  
**\$3.99**  
4.8-oz. Puffzels  
**\$4.49**

**May 1 - 28**



**Recycle This Flyer**



Boulder Canyon was founded by brothers John and Mark Maggio in 1994, who together wanted to create a healthier but equally delicious snack option. The two learned the methodology of making potato chips and soon after started to create healthier options using better-for-you oils, like olive oil or avocado oil. The Boulder brand was born and the rest is history...



**Boulder Canyon Kettle Style Potato Chips**  
Selected Varieties  
5.25 to 6.5-oz.  
**2/\$6**



**Little Secrets Snacks**  
Selected Varieties  
1.4 or 1.8-oz.  
**2/\$5**  
5-oz.  
**\$5.99**

**Evolved Dairy Free Keto Chocolate Bar**  
Selected Varieties  
2.5-oz.  
**\$4.59**

**Endangered Species Chocolate**  
Selected Varieties  
3-oz.  
**2/\$6**  
4.6-oz. Mini Truffles  
**\$6.49**

**That's It Fruit Bar**  
Selected Varieties  
1.2-oz.  
**2/\$4**  
1.2-oz. Probiotic  
**\$2.29**

**Simply Gum**  
Selected Varieties  
15-ct.  
**\$2.69**  
55-ct.  
**\$4.99**

**Quantum Energy Squares**  
Selected Varieties  
1.69-oz.  
**2/\$4**

**Nairn's Gluten Free Snacks**  
Selected Varieties  
5.64 or 8.8-oz.  
**\$4.99**

**Mindright Superfood**  
Selected Varieties  
1.76-oz. Bars  
**2/\$5**  
4-oz. Chips  
**\$3.99**

**Larabar**  
Selected Varieties  
1.6 or 1.7-oz.  
**4/\$5**

**Kate's Real Food**  
Selected Varieties  
2.2-oz.  
**2/\$4**

May 1 - 28



Recycle This Flyer

**Jonesboro Organic**  
Selected Varieties  
1.7-oz.

**\$2.29**

**Clif ZBar**  
Selected Varieties  
1.27-oz.

**4/\$5**

6-ct.  
**\$6.69**

**Clif Builder Bar**  
Selected Varieties  
2.4-oz.

**\$2.29**

**Bobo's Bars**  
Selected Varieties  
2.5 or 3-oz.

**\$2.69**

5-ct.  
**\$4.39**

**Fillo's**  
Selected Varieties  
4-oz. Walking Tamales

**\$2.29**

10-oz. Beans  
**\$3.29**

**A Dozen Cousins**  
Selected Varieties  
3 or 4-oz. Seasoning Sauce

**2/\$6**

8-oz. Rice  
10-oz. Beans  
**\$3.99**

**Eden**  
Selected Varieties  
15 or 16-oz. Organic Beans

**2/\$6**

14-oz. Sea Salt  
**\$6.39**

**World Centric Compostable**  
Selected Varieties  
24-ct. Bamboo Cutlery

**2/\$4**

20-ct. 9" Plates  
**2/\$7**

**Tinkyada Gluten Free Brown Rice Pasta**  
Selected Varieties  
16-oz.

**\$3.99**

10-oz. Lasagna  
**\$4.99**

**New!**



# Sweet Loren's

**GLUTEN FREE & VEGAN,  
NO SUGAR SUBSTITUTES,  
HIGH QUALITY  
& NON GMO  
INGREDIENTS.**



**Sweet Loren's  
Cookie Dough**  
Selected Varieties  
12-oz.

**\$6.49**

**13**

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

**May 1 - 28**

**Recycle This Flyer**

# EXPLORER

Try the viral cold brew enjoyed by all Pac Northwest explorers! This is the world's first premium, fair trade cold brew coffee super concentrate. With Explorer you choose how you want your coffee; pick the caffeine level, flavor, creamer, & craft the perfect cup in 30 seconds or less. It's sustainably grown, certified organic, and brewed with love in the USA! Plus the bottle is gorgeous & will add that flare you've been missing to your at home coffee bar.



**New!**



CAFFEINE FREE!

**Explore Organic Cold Brew Concentrate**  
Selected Varieties  
32-oz.  
**\$12.99**  
32-oz. The Magician or Alchemist  
**\$14.49**



**Voyage Roasted Seed Spread**  
13-oz. Hazelnut-Free  
16-oz. Peanut-Free  
**\$4.49**  
10-ct. Peanut-Free  
**\$8.99**

**Sonoma Gourmet Pasta Sauce**  
Selected Varieties  
25-oz.  
**\$7.99**

**Simply Organic**  
Selected Varieties  
.71 to 1.5-oz. Seasoning Mix  
**2/\$3**  
.85-oz. Dairy Free Sauce Mix  
**\$2.29**  
2.19 to 2.61-oz. Finishing Salt  
**\$8.99**

**Lucky Foods**  
Selected Varieties  
4-oz. Gochujang Paste  
**\$4.99**  
12.35 to 15-oz. Sauce  
**\$5.69**

**Primal Kitchen Whole 30**  
Selected Varieties  
11.5-oz. Queso  
**\$6.99**  
15 to 24-oz. Pasta Sauce  
**\$7.99**  
12-oz. Gravy  
**\$8.99**

**Pascha Organic White Baking Chips**  
7.1-oz.  
**\$5.69**

**Organic India Tulsi Tea**  
Selected Varieties  
18-ct.  
**\$4.99**

**Masala Mama Sauce**  
Selected Varieties  
10-oz.  
**\$4.49**

**Mighty Sesame Co. Tahini**  
Selected Varieties  
16-oz. Paste  
**\$5.99**  
10.9-oz. Organic  
**\$6.99**



**May 1 - 28**

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

**Recycle This Flyer**

**Lotus Foods Rice, Ramen or Noodles**  
Selected Varieties  
1.94 to 25-lb.

**20% Off**

**Lillie's Q Sauce**  
Selected Varieties  
16 or 20-oz.

**\$6.99**

**Lakanto Classic or Golden Monkfruit Sweetener**  
8.29-oz.

**\$6.99**

**Justin's Organic Chocolate Cups**  
Selected Varieties  
1.32 to 1.4-oz.

**2/\$4**

4.2 or 4.7-oz.

**\$4.99**

**Immi Ramen**  
Selected Varieties  
2.4 or 2.43-oz.

**\$5.99**

**Chosen Foods**  
Selected Varieties  
8-oz. Dressing

**\$5.99**

12-oz. Mayo  
**\$8.69**

**Bionaturae Organic Fruit Spread**  
Selected Varieties  
9-oz.

**\$4.99**

**Crofter's Spread**  
Selected Varieties  
16.5-oz. Grape

**\$4.49**

16.5-oz.

**\$4.99**

10-oz. Just Fruit  
**\$3.99**

**Bare Bones Bone Broth**  
Selected Varieties  
4-ct. Pantry Pack

**\$7.59**

16-oz.  
**\$7.99**



**Bachan's Japanese BBQ Sauce**  
Selected Varieties  
5.5 or 6-oz.  
**\$7.99**

**Annie's Shells and Cheese**  
Selected Varieties  
5.5 or 6-oz.  
**2/\$6**  
10.8 to 11.3-oz. Deluxe  
**\$4.99**

**White Leaf Provisions**  
Selected Varieties  
3.17-oz. Baby Food  
**\$2.29**  
4-ct. Apple Sauce  
**\$3.99**

**Cerebelly Baby Food**  
Selected Varieties  
4-oz.  
**2/\$6**  
4-oz. With Bone Broth  
**2/\$7**

**Peter Rabbit Organics Baby Food**  
Selected Varieties  
3.5 to 4.4-oz.  
**\$1.89**

**Joyride Zero Sugar**  
Selected Varieties  
1.8-oz. Gummies  
**2/\$6**  
2.5-oz. Gum  
**2/\$7**

**Magic Spoon Grain Free Cereal**  
Selected Varieties  
7-oz.  
**\$7.49**

**Guru Organic Energy**  
Selected Varieties  
12-oz.  
**2/\$6**

**Sanzo Sparkling Water**  
Selected Varieties  
6-ct.  
**\$8.99**

**May 1 - 28**



**Recycle This Flyer**

# egglife®

**EATING WELL  
NEVER TASTED  
THIS GOOD!**

## Whipped Brie and Cranberry Pinwheels

from [egglifefoods.com](http://egglifefoods.com)

Ingredients:  
**4 original egglife® wraps**  
**8 oz of brie cheese**  
**2/3 cup dried cranberries**  
**2/3 cup pistachios**



### Directions

1. Use a mixer to whip brie at medium-high speed for 5-8 minutes.
2. Spread the whipped brie on an egglife wrap.
3. Sprinkle cranberries and chopped pistachios on the spread cheese then roll up the wrap.
4. Cut into bite-size pinwheels, garnish with chopped pistachios and enjoy!



**Egglife  
Egg White Wraps**  
 Selected Varieties  
 6-ct.  
**\$4.99**



**Bubbies  
Mochi Ice Cream**  
 Selected Varieties  
 7.5-oz.  
**\$5.99**



**Nature's Bakery  
Fig Bars**  
 Selected Varieties  
 2-oz.  
**10/\$10**  
 2-oz. Gluten Free  
**4/\$5**  
 6-ct.  
**\$4.99**



**Undercover  
Chocolate  
Quinoa Crisps**  
 2-oz. Milk or  
 Dark Chocolate + Sea Salt  
**2/\$5**



**Pamela's  
Gluten Free**  
 Selected Varieties  
 6.25-oz. Cookies  
**\$4.99**  
 7.5-oz. Honey Grahams  
**\$5.99**



**Outside the  
Breadbox  
Gluten-Free  
Bread**  
 Selected Varieties  
 12 or 16-oz.  
**\$6.99**



**Base Culture  
Gluten Free  
Sourdough or  
7 Nut & Seed Bread**  
 16-oz.  
**\$9.99**



**Ella's  
Flats Crisps**  
 Selected Varieties  
 4.8-oz.  
**\$6.49**



**Artisan Tropic  
Plantain or  
Cassava Chips**  
 Selected Varieties  
 4.5-oz.  
**\$4.49**



**It's Skinny Pasta**  
 Selected Varieties  
 9.52-oz.  
**\$3.99**



**Miracle Noodle  
Plant Based  
Noodles**  
 Selected Varieties  
 7 to 9.9-oz.  
**\$4.99**



**May 1 - 28**

**HUCKLEBERRY'S**  
 NATURAL ★ MARKET

**Recycle This Flyer**



[www.huckleberrysnaturalmarket.com](http://www.huckleberrysnaturalmarket.com)  
 Facebook.com/HuckleberrysSpokane • Instagram.com/huckleberrysnaturalmarket

