



HUCKLEBERRY'S

NATURAL ★ MARKET

FEBRUARY

2024

NATURAL NEWS & SAVINGS



**HIGH PROTEIN
KETO
RAMEN NOODLES
21G PROTEIN
6 GRAMS NET CARBS
100% PLANT BASED**



New!



Immi Ramen
Selected Varieties
2.1 or 2.43-oz.
\$4.99

CHECK US OUT FOR THE LATEST & GREATEST IN NATURAL, ORGANIC & SUSTAINABLE FOODS!

Sonoma Gourmet Pasta Sauce
Selected Varieties
25-oz.
\$6.99

New!



Lovo Plant Based Chocolate
Selected Varieties
2.82-oz.
2/\$7

New!



Ocho Organic Chocolate
Selected Varieties
.76-oz. 2 Good Wafers
6/\$6
1.5-oz. Bars
2/\$4

New!



Planet Based Foods Taquitos
Selected Varieties
9.6-oz.
\$6.49

New!



Refresh Plant-Based Sugar Free Gum
Selected Varieties
12-ct.
\$2.29

New!



Lucky Foods Veggie or Kimchi Korean Pancakes
14.12-oz.
\$5.49

New!



Honey Mama's Truffle Bars
Selected Varieties
2.5-oz.
\$4.49

New!



Graza Extra Virgin Olive Oil
25.3-oz. Sizzle
\$13.99
16.9-oz. Drizzle
\$17.99

New!



Stacy's Pita or Bagel Chips
Selected Varieties
7 or 7.33-oz.
\$3.99

New!



Prices Effective January 31st Through February 27th, 2024

(Some items may not be available in all areas.)

GAME DAY READY MEANS STOCKING UP ON THE ESSENTIALS FOR YOUR SHAREABLE DISHES! START AT HUCK'S & SAVE ALL MONTH LONG!

Hatch

Selected Varieties
4-oz. Sliced Jalapeños
10-oz. Diced Tomatoes and Green Chiles

2/\$3

4-oz. Chiles

2/\$4

12-oz. Sliced Jalapeños

2/\$6

14 or 15-oz. Enchilada Sauce

\$3.99

Eden

Organic Beans

Selected Varieties

15-oz.

2/\$5

15 or 16-oz. Refried

2/\$6

Late July

Tortilla Chips

Selected Varieties

7.4 10.1-oz.

\$3.99

Simply Organic

Selected Varieties

.71 to 1.5-oz. Seasoning Mix

2/\$3

.85-oz. Dairy Free Sauce Mix

\$1.79

Rumiano

Organic Cheese

Selected Varieties

6-oz. Sliced or Shredded

2/\$7

8-oz. Block

\$3.99



Nancy's Probiotic

Selected Varieties

16-oz. Sour Cream

\$3.39

8-oz. Organic Cream Cheese

\$4.49

Siggi's Yogurt

Selected Varieties

4 to 8-oz.

\$1.89

Oatly Non Dairy

Selected Varieties

8-oz. Cream Cheese

29.7-oz. Creamer

32 or 64-oz. Oat Milk

\$4.99

Lightlife Tempeh

Selected Varieties

8-oz.

\$3.99



Organic Valley

Selected Varieties

6-oz. Shredded Cheese

\$4.89

7.5-oz. Ghec

\$10.99

Nuts for Cheese Organic Vegan Cheese

Selected Varieties

4.22 or 4.23-oz.

\$7.49

Nouns Greek Yogurt

Selected Varieties

5.3-oz.

\$2.39

Noosa Yogurt

Selected Varieties

5.8 or 8-oz.

2/\$5

Hope

Selected Varieties

8-oz. Hummus

\$4.49

8-oz. Cashew Almond Dip

\$5.79

15-oz. Original Hummus

\$6.99

Green Valley Creamery Lactose Free Cheese

Selected Varieties

6-oz. Sliced or Shredded

\$4.49

8-oz. Block

\$5.49

Lucky Foods

Selected Varieties

12.35 to 15-oz. Sauce

\$5.49

14-oz. Kimchi

\$5.99

Good Culture Cottage Cheese

Selected Varieties

15 or 16-oz.

\$5.99

Dream Plant Milk

32-oz. Original or Vanilla

\$3.99

Brown Cow Cream Top Yogurt

Selected Varieties

32-oz.

\$4.39

Wildbrine Sauerkraut

Selected Varieties

18-oz.

\$7.49

WayFare Plant-Based

Selected Varieties

8-oz. Cream Cheese

\$3.99

12-oz. Sour Cream, Sauce or Whipped Butter

\$4.49

4-ct. Pudding

\$5.49



Stonyfield Organic Kids Yogurt

Selected Varieties
3.5-oz.

2/\$4

Blue Diamond Almond Breeze Almondmilk

Selected Varieties
64-oz.

2/\$7

Koia Plant Powered Protein

Selected Varieties
12-oz.

\$3.69

Antioxidant Solutions Not from Concentrate Juice

Selected Varieties
32-oz.

\$5.99

Heartwater

16-oz. Plain Rain

2/\$3

23.9-oz. Still Rainwater

\$2.29

GT's Organic Kombucha

Selected Varieties
16-oz.

2/\$6

Yum Earth Candy

Selected Varieties
5-oz. or 5-ct.

\$5.49

Zevia Zero Sugar Soda

Selected Varieties
12-ct.

\$11.99

Boxed Water is Better

33.8-oz.

2/\$4

\$8.99

Alo Aloe Vera Juice Drink

Selected Varieties
16.9-oz.

\$2.29

Suja Organic

Selected Varieties
2-oz. Shots

2/\$5

12-oz. Cold-Pressed

2/\$7

12-oz. Elevated Nutrients

\$4.49

Skinny Dipped Bites or Cups

Selected Varieties
3.17-oz.

\$5.49

Cybele's Gluten Free Cookies

Selected Varieties
6-oz.

\$4.99



NUMI
ACTIVATING PURPOSE

Numi's vision is to activate a chain of positivity and possibility that radiates far and wide. Through their products and practices, they create lasting positive change.

As an organization, They celebrate difference and creativity. Numi employees embrace possibilities, take risks, seek solutions, and create change.



Numi
Selected Varieties
16-ct. Tea

\$6.49

6.3-oz. Drinking Chocolate

\$7.99



Kind
Selected Varieties
1.4-oz. Bar

\$1.89

11-oz. Granola

\$5.49

Guayaki Yerba Mate
Selected Varieties
15.5-oz.

2/\$5

16-oz.

\$2.99

4-ct.

\$9.99

Simply Gum
Selected Varieties
15 or 30-ct.

2/\$5

55-ct.

\$4.59



HUCKLEBERRY'S
NATURAL ★ MARKET

Jan 31 - Feb 27

Recycle This Flyer



Plant-Based Artisans

Whole 30 7-Layer Dip

from kite-hill.com

Ingredients:

- 3 1/2 tbsp taco seasoning, divided
- 1 pound ground meat of choice
- 1 8-oz package Kite Hill Plain Cream Cheese
- 1/2 cup compatible ranch
- 15 oz or about 2 cups guacamole
- 15 oz or about 2 cups picante salsa
- 1 head iceberg or romaine lettuce, thinly sliced
- 1 2.25oz can sliced olives, or 1/2 cup sliced olives
- 2 fresh jalapeños, thinly sliced
- 1 cup pico de gallo
- Optional: Top with ranch or chipotle ranch dressing



Total: 20 min Serves 8

Directions

1. HEAT a medium saucepan to medium heat. Add ground meat and 2 1/2 tablespoons taco seasoning. Cook until browned through, about 10 minutes.
2. COMBINE in a small bowl the cream cheese, ranch, and remaining 1 tablespoon taco seasoning. Whisk until well combined.
3. BUILD your 7 layer dip in a 9x9 dish. Start with the cream cheese mixture, then the ground meat, guacamole, salsa, lettuce, olives, jalapeños, pico de gallo, drizzling with ranch or chipotle ranch if desired.
4. SERVE with raw vegetables or tostones.



Kite Hill Dairy Free

Selected Varieties

- 5.3-oz. Yogurt **\$1.79**
- 8-oz. Dip **\$3.99**
- 16-oz. Yogurt **\$4.99**
- 8-oz. Cream Cheese **\$5.99**
- 8-oz. Ricotta **\$6.99**



Rawkin Raw Organic

Selected Varieties

- 2-oz. Macarons **2/\$7**
- 3-oz. Chocolate Truffles **\$5.99**

Wild West Chocolate

Selected Varieties

- 2.3-oz. Bars **\$4.29**
- 2.96-oz. Bear Claws **\$5.99**



Spudsy Sweet Potato Puffs

4-oz. Cheddar or Cinnamon

\$3.99

SeaPoint Farms

Dry Roasted Edamame

Selected Varieties 3.5 or 4-oz.

2/\$4

Nick's Sticks

Grassfed Snacks

Selected Varieties 1.7-oz.

\$2.79

Moon Cheese Snacks

Selected Varieties 2-oz.

\$3.29

Kettle Brand Chips

Selected Varieties 6.5 or 7.5-oz.

\$4.29

Ella's Flats Crisps

Selected Varieties 4.8-oz.

\$6.49

GimMe Seaweed Snacks

Selected Varieties .32 or .35-oz.

2/\$4

6-ct.

\$5.59

Ziba Foods

Selected Varieties 5.3-oz.

\$6.69

The Good Crisp Company Snacks

Selected Varieties 2.75 or 3.6-oz.

2/\$7

Stacy's Pita Chips

Selected Varieties 16-oz.

\$6.99

10.25-oz. Organic

\$5.69

Silly Cow Hot Chocolate

Selected Varieties 16.9-oz.

\$7.99

Pascha Organic Chocolate Chips

Selected Varieties 7.1 or 8.8-oz.

\$4.99

8-oz. Zero Sugar Dark Chocolate

\$6.99

Peace Coffee

Selected Varieties 12-oz.

\$8.69

Ortalli Balsamic Vinegar

8.45-oz. Organic Glaze

\$3.99

8.45-oz.

\$7.99

Jan 31 - Feb 27



Recycle This Flyer

FROZEN

Rudi's Organic

Selected Varieties
18-oz. Thin Sliced Bread

\$5.39

18-oz. Gluten-Free Bread

\$7.39

9-oz. Gluten-Free Tortilla

\$7.99

Mason Dixie

Selected Varieties
1-ct. Breakfast Sandwich

2/\$7

6-ct. Biscuits

\$5.49

Just Egg Folded Eggs

8-oz.

\$4.99

Flax4Life

Gluten Free Muffins

Selected Varieties
7-oz. Mini Muffins

\$4.99

14-oz.

\$6.49

Cappello's Grain Free

Selected Varieties
8 to 12-oz. Pasta

\$9.49

10.82 to 12-oz. Pizza

\$9.99

Brazi Bites

Selected Varieties
10 or 11.5-oz.

\$6.49

Alex's Awesome Sourdough Pizza

Selected Varieties
12 or 13.2-oz.

\$11.99

Bueno
12-oz. Organic White Tortillas

\$4.29

18-oz. Red or Green Chile Tamales

\$8.49

Straus Family Creamery Organic Ice Cream

Selected Varieties
16-oz.

\$6.49

Starlite Cuisine Plant Based Entrees

Selected Varieties
12 or 14-oz.

\$7.99

Seapoint Farms Edamame

Selected Varieties
12 or 14-oz.

2/\$7

Against the Grain Gluten Free

Selected Varieties
12.5 or 15-oz.

Bread, Rolls or Bagels

\$7.99

22.4 or 24-oz. Pizza

\$12.99

Lucky Foods Spring Rolls

Selected Varieties
8.5-oz.

\$4.49

8.5-oz. Gluten Free

\$5.49

Blackbird Pizza

Selected Varieties
14-oz.

\$10.99

Pamela's Gluten Free Baking

Selected Varieties
12 to 64-oz.

20% Off

Nonna Pia's Classic Balsamic Reduction

8.45-oz.

\$6.99

Native Forest Coconut Milk

13.5-oz. Light

2/\$6

13.5-oz. Regular or Unsweetened

\$3.29

Montebello Organic

Selected Varieties
16-oz. Pasta

\$4.49

19.75-oz. Arrabbiata or Basil Marinara

\$6.49

Marukome Organic Miso

13.2-oz. Regular or Reduced Sodium

\$4.99

Mekhala Organic Paste

Selected Varieties
3.53-oz.

\$4.99

Kettle & Fire Organic Broth

Selected Varieties
32-oz.

\$4.99

It's Skinny Pasta

Selected Varieties
9.52-oz.

\$3.69

Groundwork Organic Coffee

Selected Varieties
12-oz.

\$12.99



Jan 31 - Feb 27

HUCKLEBERRY'S
NATURAL ★ MARKET

Recycle This Flyer

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Feel Good FOODS

Skip ordering take-out and open your freezer instead. Feel Good Food's products are ready in minutes, so you can heat up, eat up and feel good.

Food brings people together, and the only thing better than food, is food everyone can feel good about. From Certified Gluten-Free Potstickers to Mozzarella Sticks, they've got you covered.

They are committed to bringing you back to the foods you loved as a kid (plus new ones to crave), minus the gluten, fillers and preservatives, because they believe in delicious food made with fewer, better-for-you ingredients.

Feel Good Foods
Selected Varieties
8-oz. Egg & Cheese Pockets
\$5.99
7 or 8-oz. Bites
8-oz. Fried Dill Pickles
\$7.99
9 to 10.75-oz. Egg Rolls,
Dumplings or Potstickers
\$8.99
17.8-oz. Pizza
\$10.49



Jeff's Garden
Selected Varieties
12-oz. Peppers
2/\$7
6 or 12-oz. Specialties
\$3.99
5.5-oz. to 12-oz. Olives
\$5.99
HealthSavor Organic
Miso Mustard
13.5-oz.
\$7.99
Goodles
Shells & Cheese
Selected Varieties
5.25 or 6-oz.
2/\$5



GrandyOats Coconola
Selected Varieties
9-oz.
\$7.99
Food Earth Organic Entrees
Selected Varieties
7.93 or 10.58-oz.
\$4.99
Dr. Bronner's Organic Whole Kernel Coconut Oil
14-oz.
\$9.99
30-oz.
\$18.99
ECOS
Selected Varieties
22 or 24-oz. Cleaner
\$3.99
20-oz. Odor Eliminator
22-oz. Organic Veggie Wash or Furniture Polish
\$5.49
50-ct. Laundry Sheets
100-oz. Laundry Detergent
\$12.99
Choice Organics Tea
Selected Varieties
16-ct.
2/\$7
Clif Builders Bar
Selected Varieties
2.4-oz.
2/\$5
Luna Bar
Selected Varieties
1.69 or 1.7-oz.
4/\$5
Coombs Family Farms Organic Grade A Dark Amber Maple Syrup
12-oz.
\$14.99
Cucina Antica Pasta Sauce
Selected Varieties
16.9 or 25-oz.
\$6.99
Chickapea Organic Chickpea Pasta
Selected Varieties
7 or 8-oz.
\$4.99
bionaturae Organic
Selected Varieties
12-oz. Pasta
28.2-oz. Tomatoes
\$4.49
Bachan's Japanese Barbecue Sauce
Selected Varieties
16 or 17-oz.
\$7.49
Annie's Homegrown
Selected Varieties
5.5 or 6-oz. Pasta & Cheese
2/\$6
11 or 11.3-oz. Deluxe Pasta & Cheese
\$4.99



Jan 31 - Feb 27

Recycle This Flyer

Zoup!
Selected Varieties
16-oz. Soup

\$4.99

8-oz. Bone Broth Concentrate

\$8.49

Huckleberry's Organic Coffee

Selected Varieties
12-oz.

\$9.99

Bulk
\$10.99 lb.

A Dozen Cousins

Selected Varieties
3 or 4-oz. Seasoning Sauce

2/\$6

8-oz. Rice

2/\$7

10-oz. Beans

\$3.99

World Centric Compostable Dinnerware

Selected Varieties
5 to 50-ct.

25% Off

White Leaf Provisions

Selected Varieties
3.17-oz. Baby Food

\$2.29

4-ct. Apple Sauce

\$4.39

Wild Planet Albacore Tuna or Chicken

Selected Varieties
5-oz.

\$4.49

West Life Soy Milk

Selected Varieties
32-oz.

\$4.29

Tinkyada Gluten Free Brown Rice Pasta

Selected Varieties
16-oz.

\$4.29

10-oz. Lasagna

\$4.49

Tony's Organic Coffee

Selected Varieties
14 or 16-oz.

\$10.99

Voyage

Roasted Seed Spread
13 or 16 oz.

\$4.69

Stoked Oats

Superfood Granola

Selected Varieties
10.6-oz.

\$4.29

SunButter

Sunflower Butter

Selected Varieties
16-oz.

\$7.99



NATURAL LIVING



Ceramedx Cleanser or Moisturizer
Selected Varieties
2 to 12-oz.

20% Off

Giovanni Hair Care

Selected Varieties
6.8 or 8.5-oz.

\$7.99

24-oz.

\$13.99

Aura Cacia

Selected Varieties
2.5-oz. Bath

\$3.29

.5-oz. Essential Oil

\$6.39

13-oz. Bubble Bath

\$8.49

16-oz. Castor Oil

\$10.99

4-ct. Essential Oil Kit

\$13.99

HiBar Solid Shampoo or Conditioner

Selected Varieties
2.7 or 3.2-oz.

\$9.49

Winged

Women's Wellness

Selected Varieties
14-ct. Gummies

\$5.99

3.5-oz. or 3.6-oz. Drink Mix
42 or 60-ct. Gummies

\$16.99

9.7-oz. Glow Up Drink Mix

\$19.99

Ancient Nutrition

Selected Varieties
180-ct. Grass-Fed Liver

\$27.99

180-ct. Organs Blend

\$29.99

90-ct. or 7.23 or 8.82-oz.
Super Greens

\$31.99

16-oz. Multi Collagen
Protein Powder

\$36.79

Pranarom Supplements

Selected Sizes & Varieties

20% Off

Country Life Maxi

Supplements

Selected Sizes & Varieties

15% Off



Jan 31 - Feb 27

HUCKLEBERRY'S
NATURAL ★ MARKET

Recycle This Flyer

DON'T BREAK THE BANK...OR YOUR HEART, GET A BAG OF HEAVENLY HUNKS INSTEAD! DON'T WORRY...THESE HUNKS HAVE PLENTY TO GO AROUND!



What began as cookies sealed with Saran Wrap and a sticker, has now evolved into heavenly hunks. These perfectly square hunks are soft, chewy, and full of flavor. They're big enough bites to satisfy, but small enough that you can't eat just one.

To this day, every hunk starts its journey in Casey's kitchen and is given the stamp of approval from not only his immediate but also his heavenly hunk family. Quality, honesty, and integrity are at the center of every hunk. "We don't use any ingredient you couldn't find in your own kitchen." Each one of these real ingredients is sustainably

sourced and free of additives so there's no guilt.



Heavenly Hunks
Gluten Free Cookies
Selected Varieties
6-oz.
\$3.99



Hu Kitchen
Selected Varieties
2.1-oz. Bars
3.5-oz. Gems

2/\$8
4-oz. Hunks
\$5.49
9-oz. Gems
\$7.99

Chocolove
Selected Varieties
1.2 or 1.3-oz. Mini

4/\$5
1.2-oz. Cups
\$1.79
3.2-oz. Bars
2/\$6
3.5-oz. Bites
2/\$7



Bequet Caramels
Selected Varieties
3.6-oz.

\$4.99

Dolcezza Gelato
Selected Varieties
16-oz.

\$5.49

Theo Chocolate
Selected Varieties
1.3-oz. Cups

2/\$4
3-oz. Bars
\$3.29

Dr. Bronner's Chocolate Bars
Selected Varieties
2.93 or 3-oz.

2/\$7



Justin's Chocolate
Selected Varieties
1.32 to 1.4-oz. Cups
1.5-oz. Pieces

2/\$4
4.2 or 4.7-oz. Cups
\$5.49

Milkboy Chocolate Bars
Selected Varieties
3.5-oz.
\$3.99

Panda Licorice
Selected Varieties
1.1-oz.

69¢
7-oz.
2/\$7

Lily's Stevia Chocolate
Selected Varieties
2.8 or 3-oz.
\$3.99



Jan 31 - Feb 27



Recycle This Flyer

www.huckleberrysnaturalmarket.com

Facebook.com/HuckleberrysSpokane • Instagram.com/huckleberrysnaturalmarket

