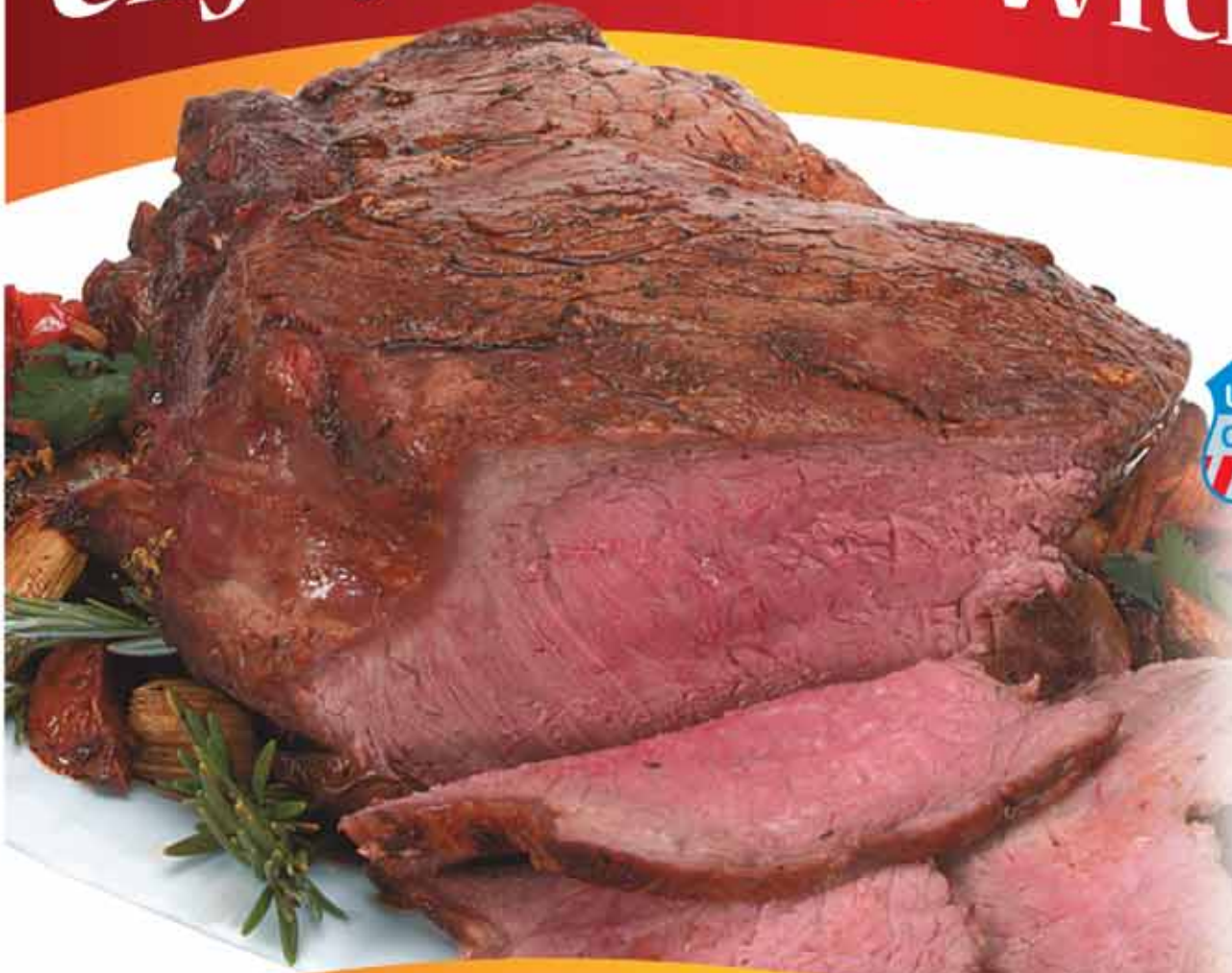


enjoy dinner with chuck!

Prices Good 1/25/12 thru 1/31/12



**DOUBLE R RANCH**  
Northwest Beef



USDA Choice  
**Boneless  
Beef Chuck  
Roast**

**\$2.97**  
lb.

**Fresh Express  
Iceberg  
Garden Salad**  
12 oz.

**77¢**  
Ea.



Deli Fresh!  
Hot & Ready to Enjoy!

**8 Piece All Dark  
Chicken**  
4 Thighs & 4 Legs

**\$4.98**  
Ea.



**Coke  
Products**

12 pk., 12 oz. Cans, Selected Varieties  
Your Choice, Mix or Match  
First 3 Total Per Family Please

**\$2.98**  
Ea.

**Doritos  
Corn Chips**  
11-11.5 oz., Selected Varieties  
Your Choice, Mix or Match



Buy One, Get One  
**FREE!**



**Western Family  
Shredded Cheese**  
8 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$3**



great prices, everyday!  
~ it's that simple ~

Visit us online at [tradingcostores.com](http://tradingcostores.com)



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UNITED STATES  
POSTAL SERVICE.  
Contract Postal Unit

great prices everyday  
~it's that simple~



meat

produce



PRAIRIE FRESH

100% Natural  
Fresh Bone In  
Pork Picnic Roast

\$1.67  
lb.

Ground  
Fresh  
Daily!

\$2.47  
lb.

18 oz.  
Package!

\$3.98  
Ea.

Fresh, Crisp  
Red or Green  
Leaf Lettuce

78¢  
Ea.



PRAIRIE FRESH

100% Natural  
Boneless Pork  
Sirloin Chops

\$1.97  
lb.

DOUBLE R RANCH  
Northwest Best!  
USDA Choice  
T-Bone Steak

\$5.97  
lb.

3 lb.  
Bag!

\$1.99  
Ea.

Great for Salads!  
Radishes or Green Onions  
Mix or Match  
3 for 99¢



DRAPER VALLEY FARMS

Northwest Grown  
Fresh Fryer  
Hindquarters

\$1.37  
lb.

Tyson  
All Natural  
Premium  
Cornish Hen

\$2.77  
Ea.

Field Fresh!  
Red, Ripe Roma  
Tomatoes

77¢  
lb.

2 lb.  
Bag!

Field Fresh!  
Clip Top  
Carrots

97¢  
Ea.

bakery



deli



Baked Fresh In Store!  
Garlic Bread  
in Foil

\$1.77  
Ea.

Includes: Blueberry, Almond  
Poppy, Banana Nut & More!  
Baked Fresh In Store!  
Bundt Cake

\$2.88  
Ea.

Deli Fresh!  
Made In Store!  
Personal  
Chef Salad

\$1.99  
Ea.

Deli Fresh!  
4 Bean, Deviled  
Egg Potato, Baked  
Potato Salads or  
BBQ Beans

\$2.47  
lb.



Western Family  
Tomato or  
Vegetable Juice

2 for \$3

Nestle Hot  
Cocoa Mix

Buy One, Get One  
FREE!

Post Pebbles,  
Shredded Wheat  
or Honey Bunches  
of Oats Cereal

2 for \$4

Nabisco Ritz  
or Premium  
Saltines

\$1.99  
Ea.



Western Family  
Gravy, Seasoning  
or Dressing Mixes

3 for \$1

Western Family  
Apple Juice,  
Fruit Punch, or  
Grape or White  
Grape Cocktail

98¢  
Ea.

Country Shredded Hash  
Browns, O'Brien Potatoes or  
Crinkle Cut or Regular Fries  
Western Family  
Frozen Potatoes

2 for \$3

Western Family  
Paper Towels

\$2.98  
Ea.

Spokane Valley  
13014 E. Sprague  
509.928.9122  
RX-509.926.2200

Latah Creek  
4235 S. Cheney-Spokane Rd.  
509.838.1198  
RX-509.838.0896

Post Falls  
1501 E. Seltice Way  
208.773.3383  
RX-208.773.2499

Cheney  
4 Cheney-Spokane Rd.  
509.235.6310  
Store hours: 6 am - 11 pm

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# 2 week sale!



**Kellogg's Pop-Tarts**  
13.5-14.7 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$4**



**Quaker Chewy Granola Bars**  
6.5-6.7 oz., Selected Varieties  
Your Choice

**\$2.44 Ea.**



**Quaker Cap'n Crunch, Life or Toasted Oats Cereal**  
11.5-14.5 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$5**



**Oroweat English Muffins**  
6 pk., Selected Varieties  
Your Choice, Mix or Match

**Buy One, Get One FREE!**



**Western Family Canned Fruit**  
15-15.25 oz., Selected Varieties  
Your Choice

**97¢ Ea.**



**Sara Lee Wide Pan Breads**  
24 oz., Selected Varieties  
Your Choice, Mix or Match

**Buy One, Get One FREE!**



**Langers Juices**  
64 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$4**



**Kellogg's Special K**  
11.4-19.5 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$5**



**Idahoan Mashed Potatoes**  
3.8-4.1 oz., Selected Varieties  
Your Choice

**\$1.18 Ea.**



**Western Family Canned Beans**  
15 oz., Selected Varieties  
Your Choice

**66¢ Ea.**



**Western Family Canned Tomatoes**  
14.5 oz., Selected Varieties  
Your Choice

**66¢ Ea.**



**Bear Creek Dry Soup Mix**  
9-11.2 oz., Selected Varieties  
Your Choice

**\$2.88 Ea.**



**Pace Salsa**  
15-16 oz., Selected Varieties  
Your Choice

**\$1.98 Ea.**



**Western Family Tomato Ketchup**  
20-24 oz., Your Choice

**97¢ Ea.**



**Healthy Choice Ready to Eat Soup Bowls**  
14 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$4**



**Keebler Fudge Shoppe, Chips Deluxe or E.L. Fudge Cookies**  
6.6-15 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$5**



**Quaker Quakes**  
3.03 oz., Your Choice

**99¢ Ea.**



**Pepperidge Farm Goldfish Crackers**  
6.6-8 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$3**



**Western Family Pretzels**  
15 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$3**



**Red Rose Tea Bags**  
100 ct.

**\$2.98 Ea.**



**Arizona Tea**  
23-24 oz., Selected Varieties  
Your Choice, Mix or Match

**88¢ Ea.**



**VitaminWater or SmartWater**  
16.9-20 oz., Selected Varieties, Your Choice, Mix or Match

**10 for \$10**



**Powerade**  
32 oz., Selected Varieties  
Your Choice

**77¢ Ea.**



**Pepsi, Diet Pepsi & Mountain Dew Products**  
6 pk., 24 oz., Selected Varieties  
Your Choice

**\$3.27 Ea.**

# 2 week sale!



**Coffee-Mate Creamer**  
32 oz., Selected Varieties  
Your Choice

**\$3.48**  
Ea.



**Mountain High Yoghurt**  
32 oz., Selected Varieties  
Your Choice

**\$2.39**  
Ea.



**Häagen-Dazs**  
14 oz. Ice Cream  
or Yogurt or  
3 pk. Ice Cream Bars  
Selected Varieties, Your Choice  
Mix or Match

**2 for \$5**



**Healthy Choice Entrees, Marie Callender's Entrees or Pot Pies**  
8.5-16.5 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$5**



**Western Family String Cheese**  
16 oz.

**\$3.98**  
Ea.



**Darigold Sour Cream**  
24 oz.

**\$2.67**  
Ea.



**Healthy Choice Steamers**  
10-11 oz., Selected Varieties  
Your Choice

**\$2.66**  
Ea.



**Jimmy Dean Breakfast Bowls or Omelets**  
8-8.6 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$4**



**Reser's Tortillas**  
15-20 oz., Selected Varieties  
Your Choice

**\$2.47**  
Ea.



**Armour Healthy Ones Tubs**  
7 oz., Selected Varieties  
Your Choice, Mix or Match

**2 for \$5**



**Johnsonville Brats or Sausage**  
12-14 oz., Selected Varieties  
Your Choice

**\$2.97**  
Ea.



**Western Family Bacon**  
16 oz., Selected Varieties  
Your Choice

**\$3.98**  
Ea.



**Purina Kit & Kaboodle Dry Cat Food**  
16 lb.

**\$9.88**  
Ea.



**Heavy Duty or Original Reynolds Aluminum Foil**  
50-75 Sq. Ft., Your Choice

**\$2.99**  
Ea.



**Western Family AA or AAA Alkaline Batteries**  
8 pk., Selected Varieties  
Your Choice, Mix or Match

**Buy One, Get One FREE!**



**Dawn or Dawn Plus Dish Liquid**  
19-24 oz., Selected Varieties  
Your Choice

**\$2.98**  
Ea.



**Alpo Canned Dog Food**  
22 oz., Selected Varieties, Your Choice, Mix or Match

**10 for \$10**



**Pampers Jumbo Diapers**  
27-42 ct., Selected Varieties  
Your Choice

**\$9.98**  
Ea.



**Robitussin or Dimetapp Cold Medicine**  
4 oz., Selected Varieties  
Your Choice

**\$4.88**  
Ea.



**Cotton or Anti-Bacterial Q-tips Swabs**  
300-375 ct., Selected Varieties  
Your Choice, Mix or Match

**2 for \$5**



Collect Saver Certificates for  
**FREE COOKWARE**

**HORIZONS™ COOKWARE**

DURABLE LONG-LASTING HIGH QUALITY STAINLESS STEEL • SEE-THRU TEMPURED GLASS  
EASY TO CLEAN NON-STICK SURFACES • ALUMINUM SANDWICH BASES FOR EVEN HEAT DISTRIBUTION  
EASY TO HOLD ERGONOMICALLY SHAPED BAKELITE HANDLES

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