

poultry in motion!

Prices Good 1/18/12 thru 1/24/12



**Fresh, Boneless
Skinless
Fryer Breast**
Southern Grown,, Any Size Package

\$1.77
lb.

**Fresh, Sweet
Fuji Apples**

77¢
lb.



**Fresh Flowering
Primroses**
Assorted Colors, Your Choice

88¢
Ea.



**Knorr Noodles
& Sauce or
Rice & Sauce**
3.8-5.7 oz., Selected Varieties
Your Choice

77¢
Ea.



**Western Family
Grade AA
Medium Eggs**
1 dz.
First 2 Total Per Family Please

78¢
Ea.



**Campbell's
Tomato or Chicken
Noodle Soup**
10.75 oz., Mix or Match
First 5 Total Per Family Please

49¢
Ea.



great prices, everyday!
~it's that simple~

Visit us online at tradingcostores.com



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UNITED STATES
POSTAL SERVICE
Contract Postal Unit

great prices everyday
~it's that simple~



produce

meat



US #1 Idaho Potatoes \$1 Ea.



Sweet, Seedless Red or Green Grapes \$1.88 lb.



PRAIRIEFRESH 100% Natural Boneless Pork Loin Chops \$2.77 lb.



DOUBLE R RANCH USDA Choice Boneless Eye of Round Roast \$3.47 lb.



Field Fresh! Mayan Sweet Onions 67¢ lb.



Sweet, Juicy Honey Tangerines 97¢ lb.



Ground Fresh! Country, Onionpepper or Italian Fresh Pork Breakfast Sausage \$1.97 lb.



DOUBLE R RANCH USDA Choice Boneless Top Sirloin Steak \$4.47 lb.



Fresh Express Salad Blends \$1.98 Ea.



Sweet, Juicy D'Anjou or Bosc Pears 77¢ lb.



Cook in the Bag! PRAIRIEFRESH 100% Natural Marinated Pork Loin Fillets \$3.47 lb.



DRAPER VALLEY FARMS Northwest Grown Fresh Whole Fryers \$1.17 lb.



Grape Tomatoes \$1 Ea.



Sweet, Juicy Pineapple \$2.98 Ea.



Foster Farms Turkey Franks or Chicken Franks 88¢ Ea.



Wild Alaskan Cod Fillets \$4.47 lb.

bakery



Apple, Strawberry, Cherry or Blueberry Bakery Fresh! Mini Strudel Bites \$3.77 Ea.



Baked Fresh In Store! Brownies \$2.98 Ea.



Includes Blueberry, Almond Poppy, Bran, Chocolate Chocolate Chip & More! Bakery Fresh! Muffins \$2.77 Ea.



Baked Fresh In Store! English Muffin Bread \$1.33 Ea.



All New Release Titles 1 Day/\$1 2 Days/\$2 3 Days/\$3 Your Choice



Deli Fresh! Hot & Ready to Enjoy! InnovAsian Rice Bowls \$3.98 Ea.



Hormel Deli Fresh! Sliced Free to Order! Top Round or Italian Seasoned Roast Beef \$5.98 lb.



Deli Fresh! Hot & Ready to Enjoy! Buy Any 8 Piece Baked or Fried Chicken, Whole Roasted Chicken or 1 lb. or More Chicken Tenders \$5.98 lb. Get 1 lb. Jo Jos FREE! with Purchase

Spokane Valley 13014 E. Sprague 509.928.9122 RX-509.926.2200

Latah Creek 4235 S. Cheney-Spokane Rd. 509.838.1198 RX-509.838.0896

Post Falls 1501 E. Seltice Way 208.773.3383 RX-208.773.2499

Cheney 4 Cheney-Spokane Rd. 509.235.6310

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2 week sale!



Kellogg's Pop-Tarts
13.5-14.7 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Quaker Chewy Granola Bars
6.5-6.7 oz., Selected Varieties
Your Choice

\$2.44 Ea.



Quaker Cap'n Crunch, Life or Toasted Oats Cereal
11.5-14.5 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Oroweat English Muffins
6 pk., Selected Varieties
Your Choice, Mix or Match

Buy One, Get One FREE!



Western Family Canned Fruit
15-15.25 oz., Selected Varieties
Your Choice

97¢ Ea.



Sara Lee Wide Pan Breads
24 oz., Selected Varieties
Your Choice, Mix or Match

Buy One, Get One FREE!



Langers Juices
64 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Kellogg's Special K
11.4-19.5 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Idahoan Mashed Potatoes
3.8-4.1 oz., Selected Varieties
Your Choice

\$1.18 Ea.



Western Family Canned Beans
15 oz., Selected Varieties
Your Choice

66¢ Ea.



Western Family Canned Tomatoes
14.5 oz., Selected Varieties
Your Choice

66¢ Ea.



Bear Creek Dry Soup Mix
9-11.2 oz., Selected Varieties
Your Choice

\$2.88 Ea.



Pace Salsa
15-16 oz., Selected Varieties
Your Choice

\$1.98 Ea.



Western Family Tomato Ketchup
20-24 oz., Your Choice

97¢ Ea.



Healthy Choice Ready to Eat Soup Bowls
14 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Keebler Fudge Shoppe, Chips Deluxe or E.L. Fudge Cookies
6.6-15 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Quaker Quakes
3.03 oz., Your Choice

99¢ Ea.



Pepperidge Farm Goldfish Crackers
6.6-8 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$3



Western Family Pretzels
15 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$3



Red Rose Tea Bags
100 ct.

\$2.98 Ea.



Arizona Tea
23-24 oz., Selected Varieties
Your Choice, Mix or Match

88¢ Ea.



VitaminWater or SmartWater
16.9-20 oz., Selected Varieties, Your Choice, Mix or Match

10 for \$10



Powerade
32 oz., Selected Varieties
Your Choice

77¢ Ea.



Pepsi, Diet Pepsi & Mountain Dew Products
6 pk., 24 oz., Selected Varieties
Your Choice

\$3.27 Ea.

2 week sale!



Coffee-Mate Creamer
32 oz., Selected Varieties
Your Choice

\$3.48
Ea.



Mountain High Yogurt
32 oz., Selected Varieties
Your Choice

\$2.39
Ea.



Häagen-Dazs
14 oz. Ice Cream
or Yogurt or
3 pk. Ice Cream Bars
Selected Varieties, Your Choice
Mix or Match

2 for \$5



Heathy Choice Entrees, Marie Callender's Entrees or Pot Pies
8.5-16.5 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Western Family String Cheese
16 oz.

\$3.98
Ea.



Darigold Sour Cream
24 oz.

\$2.67
Ea.



Healthy Choice Steamers
10-11 oz., Selected Varieties
Your Choice

\$2.66
Ea.



Jimmy Dean Breakfast Bowls or Omelets
8-8.6 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Reser's Tortillas
15-20 oz., Selected Varieties
Your Choice

\$2.47
Ea.



Armour Healthy Ones Tubs
7 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Johnsonville Brats or Sausage
12-14 oz., Selected Varieties
Your Choice

\$2.97
Ea.



Western Family Bacon
16 oz., Selected Varieties
Your Choice

\$3.98
Ea.



Purina Kit & Kaboodle Dry Cat Food
16 lb.

\$9.88
Ea.



Heavy Duty or Original Reynolds Aluminum Foil
50-75 Sq. Ft., Your Choice

\$2.99
Ea.



Western Family AA or AAA Alkaline Batteries
8 pk., Selected Varieties
Your Choice, Mix or Match

Buy One, Get One FREE!



Dawn or Dawn Plus Dish Liquid
19-24 oz., Selected Varieties
Your Choice

\$2.98
Ea.



Alpo Canned Dog Food
22 oz., Selected Varieties, Your Choice, Mix or Match

10 for \$10



Pampers Jumbo Diapers
27-42 ct., Selected Varieties
Your Choice

\$9.98
Ea.



Robitussin or Dimetapp Cold Medicine
4 oz., Selected Varieties
Your Choice

\$4.88
Ea.



Cotton or Anti-Bacterial Q-tips Swabs
300-375 ct., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Collect Saver Certificates for
FREE COOKWARE

HORIZONS™ COOKWARE

DURABLE LONG-LASTING HIGH QUALITY STAINLESS STEEL • SEE-THRU TEMPURED GLASS
EASY TO CLEAN NON-STICK SURFACES • ALUMINUM SANDWICH BASES FOR EVEN HEAT DISTRIBUTION
EASY TO HOLD ERGONOMICALLY SHAPED BAKELITE HANDLES

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