



# Family Foods

Group B

*Our Family Serving Yours*

**AD DATES EFFECTIVE JANUARY 11 THRU 17, 2012**



**Boneless Beef  
New York Steak**  
Broil or grill!

**5<sup>98</sup>**  
lb.



**Knorr  
Sides**  
Selected Vtys.  
3.8 to 5.8-oz.

**79<sup>¢</sup>**



**Boneless  
Pork Sirloin  
Roast**  
100% Natural Pork

**1<sup>98</sup>**  
lb.



**Iceberg  
Head Lettuce**  
Tty a wedged salad!  
Cello Wrapped

**49<sup>¢</sup>**  
lb.



**Red & Ripe  
Large  
Tomatoes**  
Great in salads or  
on sandwiches!

**78<sup>¢</sup>**  
lb.



**Family Foods**  
COUPON SAVINGS

**Starkist  
Chunk  
Light Tuna**  
5-oz. In Water or  
Vegetable Oil

**69<sup>¢</sup>**

Limit 3 with this coupon. Additional at regular price.  
Good only at participating Family Foods stores.  
Coupon valid January 11 thru 17, 2012. One coupon  
per customer. Cash value 1/20¢. **PLU 954**



**Family Foods**  
COUPON SAVINGS

**Hunt's  
Tomato  
Sauce**  
15-oz.

**69<sup>¢</sup>**

Limit 3 with this coupon. Additional at regular price.  
Good only at participating Family Foods stores.  
Coupon valid January 11 thru 17, 2012. One coupon  
per customer. Cash value 1/20¢. **PLU 955**

# OUR FAMILY SERVING YOURS!

## General Mills Cereal

8.7-oz. Kix, 8.9-oz. Cheerios,  
10.9-oz. Whole Grain Total,  
10.7-oz. Trix, 11.5-oz. Lucky  
Charms, 11.8-oz. Cocoa Puffs,  
12.3-oz. Frosted Toast Crunch,  
12.8-oz. Cinnamon Toast Crunch

# 1<sup>99</sup>



## Yoplait Yogurt

Selected Vtys,  
4 to 6-oz.

# 5\$<sup>3</sup> FOR

## Langers Apple or Tomato Juice

Half-Gallon Apple Juice,  
Apple Cider, Diet Apple Juice  
or Tomato Juice

# 1<sup>89</sup>



## Bandon Medium Cheddar Cheese

2-lb. Loaf

# 5<sup>99</sup>



## Idahoan Specialty Potatoes

Selected Vtys,  
3.8 to 4.1-oz.

# 99¢



## Nabisco Newtons

Selected Vtys,  
10.5 to 14-oz.

# 2<sup>99</sup>



## Ruffles Potato Chips

Selected Vtys,  
9 to 10-oz.

# 2<sup>69</sup>



## Darigold Sour Cream

Selected Vtys,  
16-oz.

# 2\$<sup>3</sup> FOR



## Jif Peanut Butter

Selected Vtys,  
18-oz.

# 2<sup>89</sup>



## Nabisco Premium Saltine Crackers

Selected Vtys,  
13.6 to 16-oz.

# 2<sup>FOR</sup> \$<sup>5</sup>



## RedVines Licorice Twists

4-lb.  
Red or Black

# 8<sup>99</sup>



## Powers Trail Mix

Selected Vtys,  
20-oz.

# \$<sup>3.99</sup>

## Flav-R-Pac Classic Vegetables

Selected Vtys,  
16-oz. Frozen

# 99¢

## OUR FAMILY SERVING YOURS!



### Charmin Bath Tissue

12-Double Rolls Ultra Soft or Ultra Strong

**7<sup>89</sup>**



### Western Family Cat Food

7-lbs.

**4<sup>99</sup>**



### Western Family Batteries

8-ct. AA or AAA

**1<sup>99</sup>**



### Kleenex Facial Tissue

Selected Vty's. 50 to 184-ct.

**2<sup>53</sup>**  
FOR



### Western Family Basics Laundry Detergent

30-lbs. Original Scent or With Bleach Alternative

**8<sup>99</sup>**



### Pantene Shampoo or Conditioner

Selected Vty's. 12.6-oz.

**3<sup>99</sup>**

## Beef Steak & Vegetables For Two

Total Recipe Time: 30 minutes

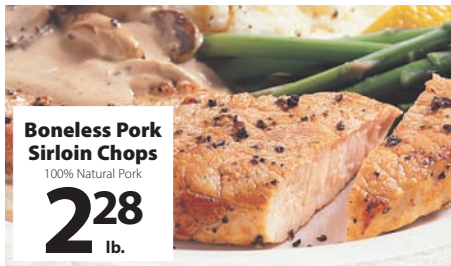
- 2 boneless beef New York steaks, cut 1 inch thick (about 1-1/4 pounds)
  - 2 teaspoons olive oil
  - 1/2 teaspoon dried Italian seasoning
  - 1 medium yellow squash, sliced diagonally (3/4-inch)
  - 1 medium zucchini, sliced diagonally (3/4-inch)
  - 2 tablespoons grated Parmesan cheese
- Combine oil and Italian seasoning; brush on vegetables. Sprinkle with cheese.
  - Place beef steaks and vegetables on grill over medium, ash-covered coals. Grill uncovered, 15 to 18 minutes for medium rare (145°F) to medium (160°F) doneness and until vegetables are tender; turning occasionally.
  - Carve steaks. Season beef and vegetables with salt and pepper.

Makes 2 servings

**Recipe and photo © Cattlemen's Beef Board & National Cattlemen's Beef Association.**



# OUR FAMILY SERVING YOURS!



## Boneless Pork Sirloin Chops

100% Natural Pork

**2<sup>28</sup>**  
lb.



## Fletcher's Steak Pak Sliced Bacon

Selected Vtys., 20-oz.

**6<sup>28</sup>**  
ea.



## Draper Valley Farms Split Fryer Breasts

Fresh, Northwest Grown, Value Pack

**1<sup>68</sup>**  
lb.

DRAPER VALLEY FARMS  
NO Antibiotics • NO Added Hormones • Vegetarian Fed



## John Morrell Off the Bone Lunch Meat

Selected Vtys., 7-oz.

**2<sup>68</sup>**  
ea.



## John Morrell Smoked Sausage

Selected Vtys., 32-oz.

**3<sup>68</sup>**  
ea.



## Red or Yellow Bell Peppers

Great in stir fry, salads or just for snacking!

**4<sup>\$5</sup>**  
FOR



## 10-lb. Bag U.S. #1 Potatoes

Perfect for homemade hash browns!

**2<sup>99</sup>**  
ea.



## Crisp Red Delicious Apples

A sweet, nutritious treat! Northwest Grown

**1<sup>19</sup>**  
lb.

RAIN CHECKS-All the advertised items will be available for sale except circumstances beyond our control. If an advertised item is not available, or due to geographical location some advertised items may not be available, we will issue a FAMILY FOODS RAIN CHECK. This will enable you to purchase the item when stock arrives or substitute like items whenever possible. We will gladly accept USDA Food Stamps. No sales to dealers. Not responsible for typographical or pictorial errors. Rights reserved to limit quantities.

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