



Family Foods

Group B

Our Family Serving Yours

AD DATES EFFECTIVE NOVEMBER 30 THRU DECEMBER 6, 2011



Boneless Beef New York Steak

Broil or grill!

5⁹⁸
lb.



Western Family Milk

1-Gallon,
2%, 1% or Skim

2⁴⁹



Boneless Pork Loin Roast

100% Natural Pork

2⁶⁸
lb.



Fresh Express Premium Garden Salad

Ready to serve!
Selected Vtys., 9 to 12-oz.

1⁹⁹
ea.



Gala Apples

A sweet, nutritious snack!
Northwest Grown

88[¢]
lb.



Family Foods COUPON SAVINGS

Western Family Tomato Soup

10.75-oz.

2^{\$1}
FOR



Limit 4 with this coupon. Additional at regular price.
Good only at participating Family Foods stores.
Coupon valid November 30 thru December 6, 2011.
One coupon per customer. Cash value 1/20¢. **PLU 924**



Family Foods COUPON SAVINGS

Western Family Biscuits

7.5-oz. Homestyle
or Buttermilk

3^{99[¢]}
FOR



Limit 3 with this coupon. Additional at regular price.
Good only at participating Family Foods stores.
Coupon valid November 30 thru December 6, 2011.
One coupon per customer. Cash value 1/20¢. **PLU 925**

OUR FAMILY SERVING YOURS!

Ragu Pasta Sauce

Selected Vtys,
16 to 24-oz.

1.89



Tillamook Lowfat Yogurt

Selected Vtys,
6-oz.

2\$1
FOR

Chef Boyardee Pasta

Selected Vtys,
7.5 to 15-oz.

99¢



Freschetta Frozen Pizza

Selected Vtys,
17.2 to 26.58-oz.

4.99



Betty Crocker Specialty Potatoes
Selected Vtys,
4.6 to 6.6-oz.

\$1.29



Betty Crocker Rich & Creamy Frosting
Selected Vtys,
12 to 16-oz.

2 FOR \$3



Western Family String Cheese
1-oz.

4 FOR \$1



Snack Pack Pudding

Selected Vtys,
Four 3.25-oz.

99¢

Betty Crocker Super Moist Cake Mix

Selected Vtys,
15.2 to 15.3-oz.

4\$5
FOR

Western Family Ice Cream

Selected Vtys,
56-oz, Frozen

2\$5
FOR

Western Family Shredded Cheese

Selected Vtys,
32-oz.

5.99



Nabisco Premium Saltine Crackers
Selected Vtys,
13.6 to 16-oz.

2 FOR \$5



Nissin Top Ramen

Selected Vtys,
3-oz.

4\$1
FOR

Tostitos or Sun Chips

Selected Vtys,
9 to 13-oz.

2.69

Brown & Haley Mountain Candy Bars

Selected Vtys, 1-ct.

2\$1
FOR

Darigold Butter

1-lb. Quarters Sweet Cream or Unsalted

2\$5
FOR

OUR FAMILY SERVING YOURS!



Sun 2X Ultra Liquid Laundry Detergent

Selected Vty's,
45.4-oz.

1.69



Western Family Dishwashing Liquid

Selected Vty's,
24-oz.

2\$4
FOR



Western Family Scrubbers, Sponges or Brushes

Selected Vty's,
1 to 4-ct

**25%
OFF**



Western Family Ocean Fish Cat Food

7-lbs.

4.99



Western Family Latex Long Cuff Gloves

1-Pair Small,
Medium or Large

2\$3
FOR



Scope Mouthwash

Selected Vty's,
750-ml or 1-Liter

3.79

Beef Steak & Vegetables For Two

Total Recipe Time: 30 minutes

- 2 boneless beef top loin steaks, cut 1 inch thick (about 1-1/4 pounds)
- 2 teaspoons olive oil
- 1/2 teaspoon dried Italian seasoning
- 1 medium yellow squash, sliced diagonally (3/4-inch)
- 1 medium zucchini, sliced diagonally (3/4-inch)
- 2 tablespoons grated Parmesan cheese

1. Combine oil and Italian seasoning; brush on vegetables. Sprinkle with cheese.
2. Place beef steaks and vegetables on grill over medium, ash-covered coals. Grill, uncovered, 15 to 18 minutes for medium rare (145°F) to medium (160°F) doneness and until vegetables are tender, turning occasionally.
3. Carve steaks. Season beef and vegetables with salt and pepper.

Makes 2 servings

Recipe and photo © Cattlemen's Beef Board & National Cattlemen's Beef Association.



OUR FAMILY SERVING YOURS!



Boneless Pork Loin Chops

100% Natural Pork

2.98
lb.



Draper Valley Farms Best of Fryer

Fresh, Northwest Grown

1.98
lb.

DRAPER VALLEY FARMS
NO Antibiotics • NO Added Hormones • Vegetarian Fed



Western Family Sliced Bacon

Selected Vtys.,
20-oz.

5.88
ea.



Oscar Mayer Deli Fresh Shaved Lunch Meat

Selected Vtys., 7 to 9-oz.

2.98
ea.



Fast Fixin' Chicken or Meatballs

Selected Vtys.,
20 to 28-oz., Frozen

5.98
ea.



D'Anjou Pears

Northwest Grown

89¢
lb.



Rio Star Grapefruit

A healthy start to your day!

59¢
ea.



Green Bell Peppers

Excellent for stuffing!

2.88¢
FOR

RAIN CHECKS-All the advertised items will be available for sale except circumstances beyond our control. If an advertised item is not available, or due to geographical location some advertised items may not be available, we will use a FAMILY FOODS RAIN CHECK. This will enable you to purchase the item when stock arrives or substitute like items whenever possible. We will gladly accept USDA Food Stamps. No sales to dealers. Not responsible for typographical or pictorial errors. Rights reserved to limit quantities.

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