



Family Foods

Group B

Our Family Serving Yours

AD DATES EFFECTIVE SEPTEMBER 21 THRU 27, 2011



**Boneless Beef
Rump or
Bottom
Round Roast**

2.78
lb.

**NEXT
WEEK!**



**the
BUY
CASE
sale**



**Snowwhite
Cauliflower**

Delicious steamed!

78¢
lb.



**Banquet
Frozen
Meals**
Selected Vtys,
5 to 10.25-oz.

89¢



**Boneless Country
Style Pork Ribs**
100% Natural Pork

2.28
lb.



**Iceberg
Head Lettuce**
The perfect start to
a tossed green salad!

59¢
lb.

Family Foods
COUPON SAVINGS

**Chicken
of the Sea
Chunk
Light Tuna**
5-oz. In Water
or Oil



69¢

Limit 3 with this coupon. Additional at regular price.
Good only at participating Family Foods stores.
Coupon valid September 21 thru 27, 2011. One
coupon per customer. Cash value 1/20¢. **PLU 933**

Family Foods
COUPON SAVINGS

**2-Liter
Western
Family
Pop**
Selected Vtys.



79¢

Limit 3 with this coupon. Additional at regular price.
Good only at participating Family Foods stores.
Coupon valid September 21 thru 27, 2011. One
coupon per customer. Cash value 1/20¢. **PLU 934**

OUR FAMILY SERVING YOURS!

Pillsbury Moist Supreme Cake Mix

Selected Vtys,
18.25 to 18.9-oz.

99¢



Pillsbury Creamy Supreme Frosting
Selected Vtys, 16-oz.

2 FOR \$3

Nabisco Chips Ahoy! Cookies

Selected Vtys,
9.5 to 10.2-oz.

2 \$5
FOR



Tillamook Lowfat Yogurt

Selected Vtys,
6-oz.

2 \$1
FOR

Freschetta Frozen Pizza

Selected Vtys,
17.2 to 26.58-oz.

4.99



Nissin Top Ramen

Selected Vtys,
3-oz.

5 \$1
FOR



Doritos Tortilla Chips

Selected Vtys,
11 to 11.5-oz.

2.89



Western Family Sour Cream

16-oz.

2 \$3
FOR



Western Family Cottage Cheese

16-oz. Small Curd or
Sleek Low Fat

1.69



Sunshine Cheez-It Crackers

Selected Vtys,
10.5 to 14-oz.

2.69



Pace Picante Sauce or Chunky Salsa

Selected Vtys,
15 to 16-oz.

2 \$4
FOR



Hershey's Snack Size Candy

Selected Vtys,
9 to 22-oz.

2 \$5
FOR



Flav-R-Pac Classic Vegetables

Selected Vtys,
16-oz. Frozen

4 \$5
FOR

OUR FAMILY SERVING YOURS!



Gain Liquid Laundry Detergent

50-oz. Original or Island Fresh

5⁹⁹



Soft Scrub Cleanser

Selected Vtys., 23 to 25.4-oz.

2⁵
FOR



Western Family Antacid

Selected Vtys., 96 to 150-ct.

1⁹⁹



Western Family Bleach

96-oz. Regular Scent

2⁵³
FOR



O Cedar Brushes or Scrubbers

Selected Vtys., 1-Package

50% OFF



Pantene Shampoo or Conditioner

Selected Vtys., 12.6-oz.

2⁹⁹

Carolina Country Style Ribs

Time: 15 minutes prep, 60 minutes cook

Ingredients:

- 1 1/2 to 2 pounds boneless country-style pork ribs
- 2 cups apple cider vinegar
- 1 cup water, cold
- 2 tablespoons vegetable oil
- 2 tablespoons molasses OR 1/4 cup firmly packed brown sugar
- 1 tablespoon kosher salt
- 1 1/2 teaspoons crushed red pepper
- 1/2 teaspoon cayenne

Cooking Directions:

Place ribs in a large bowl or resealable plastic bag, set aside. In 4-cup glass measure, stir together vinegar, water, oil, molasses, salt, red pepper flakes and cayenne pepper until salt is dissolved. Remove 1/2 cup marinade; set aside. Add remaining marinade to ribs; seal bag and marinate for 4 – 6 hours in the refrigerator. Remove ribs from marinade; discard marinade.

Prepare medium-hot fire; grill ribs over indirect heat for 50 to 60 minutes or until pork is tender and the internal temperature reaches 160° F. Baste ribs twice with reserved sauce mixture during last 15 minutes of grilling.

Serves 6

Recipe and photo © National Pork Board.



OUR FAMILY SERVING YOURS!



**Boneless Beef
Bottom
Round Steak**

2⁹⁸
lb.



**Draper Valley
Farms Split
Fryer Breasts
or Drums**

Fresh, Northwest Grown,
Jumbo Pack

1⁴⁸
lb.

**DRAPER
VALLEY
FARMS**
Antibiotic-Free • No Added Hormones • Vegetarian Fed



**Daily's
Big Buy
Bacon**

16-oz.

2²⁸
ea.



**John Morrell
Bologna or
Cotto Salami**

Selected Vtys., 16-oz.

1⁸⁸
ea.

**John Morrell
Beef Bologna**

16-oz.

2⁹⁸
ea.



**Jennie-O
Turkey Store
Turkey Franks**

12-oz.

4⁵
FOR



**New Crop
Peaches**

Tree-ripened flavor—
ideal for homemade
peach cobbler!
Washington Grown

1²⁹
lb.



**Crisp
Celery**

Great for cooking or
as a healthy snack!

49¢
lb.



**New Crop Extra
Fancy Fuji Apples**

Sweet and crisp!
Northwest Grown

1⁶⁹
lb.

RAIN CHECKS-All the advertised items will be available for sale except circumstances beyond our control. If an advertised item is not available, or due to geographical location some advertised items may not be available, we will issue a FAMILY FOODS RAIN CHECK. This will enable you to purchase the item when stock arrives or substitute like items whenever possible. We will gladly accept USDA Food Stamps. No sales to dealers. Not responsible for typographical or pictorial errors. Rights reserved to limit quantities.

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