

meat & taters!



Prices Good
9/14/11-9/20/11

DOUBLE R RANCH
Northwest Beef



**Boneless Beef Chuck
Roast or Steak**

\$2.97
lb.



**10 lb.
Bag!**



**U.S. No. 1
Russet
Potatoes**

\$1.48
Ea.

77¢
Ea.

Baked Fresh In Store!

**French
Bread**
16 oz.



**Coca Cola
Products**

12 pk., 12 oz. Cans, Selected Varieties
Your Choice, Mix or Match
First 3 Total Per Family Please

\$2.97
Ea.



**Betty Crocker
Hamburger, Tuna
or Chicken Helper**

4.4-7.5 oz., Selected Varieties
Your Choice, Mix or Match
First 5 Total Per Family Please

87¢
Ea.



**Western Family
Canned Tomatoes**

14.5 oz., Selected Varieties
Your Choice, Mix or Match
First 6 Total Per Family Please

2 for \$1



great prices, everyday!

~ it's that simple ~

Visit us online at tradingcostores.com

No sales to dealers. We reserve the right to limit quantities. Not responsible for typographical errors.
Some advertised items may not be available due to circumstances beyond our control.



"like" us
on facebook!



Northwest Grown!
Hermiston Sweet Onions **2 for \$1** lbs.



1 lb. Package!
Sweet, Ripe Strawberries **\$1.88** Ea.



PRAIRIEFRESH
100% Natural Boneless Pork Loin Chops **\$2.87** lb.



DOUBLE R RANCH Northwest Beef
U.S.D.A. CHOICE Boneless Top Sirloin Steak **\$5.47** lb.



2 lb. Bag!
Great for Stews!
Clip Top Carrots **87¢** Ea.



Fresh, Crisp Red or Yellow Bell Peppers Your Choice **99¢** Ea.



PRAIRIEFRESH
100% Natural Boneless Whole Pork Loin In the Bag **\$2.57** lb.



DOUBLE R RANCH Northwest Beef
U.S.D.A. CHOICE Boneless Eye of Round Steak **\$3.47** lb.



Includes Danish, Spaghetti & Butternut
Assorted Hard Squash **77¢** lb.



Great for Baking!
Del Monte Chilled Fruit 19-20 oz. Jar, Selected Varieties Your Choice **\$2.98** Ea.



Ahi Tuna Steaks 10 oz., Previously Frozen **\$7.49** lb.



DOUBLE R RANCH Northwest Beef
U.S.D.A. CHOICE Ground Fresh Daily!
Fresh Ground Chuck Extra Lean Any Size Package **\$3.27** lb.



Organic Girl Salads 5 oz., Selected Varieties Your Choice **\$2.98** Ea.



Organically Grown! Peaches and Nectarines **\$1.77** lb.



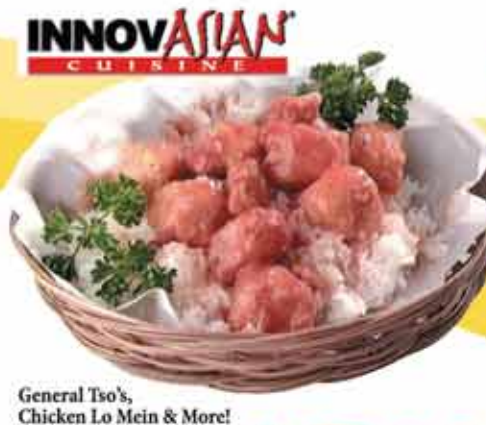
Northwest Grown! Draper Valley Fresh Thrifty Pack Fryer **\$1.37** lb.



Fresh Fryer Leg Quarters Southern Grown **89¢** lb.



Yangtze BBQ Pork 6-10 oz. Pkg. **\$5.98** lb.



General Tso's, Chicken Lo Mein & More!
Deli Fresh!
InnovAsian Rice Bowls 5 oz. Entrée & 8 oz. Rice Selected Varieties, Your Choice **\$3.98** Ea.



Tribe Hummus 8 oz., Selected Varieties Your Choice **\$1.98** Ea.



Golden Plump
4 Legs & 4 Thighs
Deli Fresh!
Hot & Ready to Enjoy!
8 Piece All Dark Chicken **\$4.98** Ea.



Baked Fresh In Store!
Brownies or Apple Raisin Squares 20 oz., Selected Varieties Your Choice **\$3.47** Ea.



Baked Fresh In Store!
Cinnamon Pull-A-Parts 18 oz. **\$2.47** Ea.



Baked Fresh In Store!
Snickerdoodle Cookies 24 ct., 18 oz. **Buy One, Get One FREE!**



White or Chocolate
Baked Fresh In Store!
Frosted Cupcakes 6 pk., Your Choice **\$2** Ea.

Spokane Valley 13014 E. Sprague 509.928.9122 RX-509.926.2200
Latah Creek 4235 S. Cheney-Spokane Rd. 509.838.1198 RX-509.838.0896
Post Falls 1501 E. Seltice Way 208.773.3383 RX-208.773.2499
Cheney 4 Cheney-Spokane Rd. 509.235.6310
Store hours: 6 am - 11 pm
No sales to dealers. We reserve the right to limit quantities. Not responsible for typographical errors. Some advertised items may not be available due to circumstances beyond our control.

2 WEEK SALE!

Prices Good 9/14/11 - 9/27/11



Old Orchard
Apple, Grape,
Red Grapefruit
or Apple Juice Blends
64 oz., Selected Varieties
Your Choice

\$1.98
Ea.



Prego or
Classico
Pasta Sauce
15-24 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Betty Crocker
Super Moist
Cake Mix
15.25-15.3 oz., Selected Varieties
Your Choice, Mix or Match
First 3 Total Per Family Please

97¢
Ea.

Betty Crocker
Ready to Spread Frosting
12-16 oz., Selected Varieties
Your Choice

\$1.88
Ea.



Selected Varieties of Pears,
Peaches, Fruit Cocktail or Apricots
Western Family
Canned Fruit
15-15.25 oz., Your Choice

97¢
Ea.



8.8 oz. Hinode
90 Second or
28-32 oz. Long
Grain White or
Brown Rice
Selected Varieties, Your Choice
Mix or Match

2 for \$3



Craven's
Bulk Whole
Bean Coffee
Selected Varieties, Your Choice

\$8.77
lb.



Keebler
Vanilla Wafers,
Cheez-Its or
TLC Crackers
7.9-14 oz., Selected Varieties
Your Choice

\$2.44
Ea.



Bear Creek
Dry Soup Mix
9-11.2 oz., Selected Varieties
Your Choice

\$2.77
Ea.



1.25 oz. Better Than
Bouillon Gravy Mix
or 2.5 oz. Crockery
Gourmet
Seasoning Mix
Selected Varieties, Your Choice

\$1.33
Ea.



Western Family
Instant Oatmeal
10.9-15.1 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$3



Oroweat
Rye Bread
16 oz., Selected Varieties
Your Choice

\$2.48
Ea.



Las Palmas
Enchilada
Sauce
28 oz., Selected Varieties
Your Choice

\$1.98
Ea.



Pepperidge Farm
Goldfish
30 oz., Selected Varieties
Your Choice

\$5.98
Ea.



Snyder's
Pretzels
9-10 oz., Selected Varieties
Your Choice

\$1.68
Ea.



Quaker Cap'n
Crunch, Life
or Toasted Oat
Squares
11.5-16 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



4.5-8 oz. Betty
Crocker Fruit
Snacks 6.7-8.9 oz.
Nature Valley
Breakfast Bars
Selected Varieties, Your Choice
Mix or Match

2 for \$4



Quaker
Quakes
6-6.6 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4

Quaker Mini Quakes
3.03 oz., Caramel or Cheddar
Your Choice

\$1.27
Ea.



Gatorade
Sport Drink
32 oz., Selected Varieties
Your Choice

98¢
Ea.



Good Earth
Tea
18-20 ct., Selected Varieties
Your Choice

\$2.98
Ea.



Power Bar Performance Bars
2.29 oz., Selected Varieties, Your Choice, Mix or Match

10 for \$10
Power Bar Protein Bars
2.75-3.17 oz., Selected Varieties
Your Choice, Mix or Match

4 for \$5

2 WEEK SALE!

Prices Good 9/14/11 - 9/27/11



Blue Bunny Ice Cream or Sherbet
56 oz., Selected Varieties
Your Choice

\$2.99
Ea.



DiGiorno Pizza
Thin Crust, Garlic, Flat Bread or Original
14-34.2 Selected Varieties
Your Choice

\$4.88
Ea.



Crystal Farms Shredded or Chunk Cheese
6-8 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Tillamook Sour Cream
16 oz., Selected Varieties
Your Choice

\$1.66
Ea.



Frigo String Cheese
24 oz.

\$5.77
Ea.



Banquet Frozen Dinner Value Meals
5.75-10.25 oz., Selected Varieties
Your Choice

\$1
Ea.



Banquet Brown & Serve Sausage or Links
6.4 oz., Selected Varieties
Your Choice, Mix or Match

4 for \$5



Don Pancho Tortillas
12 ct., Your Choice

97¢
Ea.



Nestlé Cookie Dough
16-16.5 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



InnovAsian Entrees
12-18 oz., Selected Varieties
Your Choice

\$3.98
Ea.



Land O'Frost Lunch Meat
16 oz., Selected Varieties
Your Choice

\$3.47
Ea.



Armour Lunch Makers
10.9-11.8 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Western Family Flavor Blend Dry Cat Food
14 lb.

\$6.88
Ea.



Kleenex Facial Tissue
White or With Lotion
70-100 ct., Your Choice

97¢
Ea.

77¢
Ea.



Cottonelle Bath Tissue
6 Roll Ultra Double or Double White
Your Choice

\$3.98
Ea.



SunBurst Liquid Laundry Detergent
45.4 oz., 24-29 Use
Selected Varieties, Your Choice

\$1.77
Ea.



Lubriderm Lotion
13.5-16 oz., Selected Varieties
Your Choice

\$6.78
Ea.



Hall's Cough Drops
20-30 ct. Bag, Selected Varieties
Your Choice, Mix or Match

2 for \$3



Huggies Wipes
64-72 ct., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Western Family Alkaline Batteries
4 pk. AA or AAA, 2 pk. C or D or 1 pk. 9 Volt
Your Choice

Buy One, Get One FREE!