

fit for snacking!

Prices Good
9/7/11-9/13/11



Sweet, Juicy Whole
Large Cantaloupe

\$1.33
Ea.

PRAIRIE FRESH



100% Natural
Assorted
Pork
Loin Chops

\$2.27
lb.

\$1.97
lb.

Deli Fresh!
Slice Free to Order!
**Blue Ribbon
Turkey Breast**



**Kraft Original
Miracle Whip
or Mayonnaise**

30 oz., Your Choice
Mix or Match
First 2 Total Per Family Please

*After 35¢ instant coupon on product.

\$2.87*
Ea.



**Western Family
Chilled
Orange Juice**

64 oz., Selected Varieties
Your Choice, Mix or Match
First 2 Total Per Family Please

\$1.77
Ea.



**Franz Pan
Style Bread**

24 oz., Selected Varieties
Your Choice, Mix or Match
First 3 Total Per Family Please

\$1.37
Ea.



great prices, everyday!

~ it's that simple ~

Visit us online at tradingcostores.com

No sales to dealers. We reserve the right to limit quantities. Not responsible for typographical errors. Some advertised items may not be available due to circumstances beyond our control.



"like" us
on facebook!



Red or Yukon Potatoes

\$2.48 Ea.



Sweet, Ripe Red or Black Plums

99¢ lb.



Bone In Shank Half Ham

\$1.37 lb.



Boneless Sirloin Tip Steak

\$3.27 lb.



New Crop! Green Beans

99¢ lb.



Taylor Farms Veggie Tray

\$2.98 Ea.



100% Natural Marinated Pork Loin Fillets

\$3.29 lb.



Boneless Beef Rump Roast

\$2.97 lb.



Peeled Mini Carrots

\$1.98 Ea.



Sweet, Ripe Raspberries

\$3.98 Ea.



Easy Peel Frozen Prawns

\$12.97 Ea.



Fresh Jumbo Pack Fryer Drumsticks or Wings

\$1.47 lb.



Bakery Fresh In-Store! Chocolate Chip or Peanut Butter Cookies

Buy One, Get One FREE!



Bakery Fresh! Mini Croissants

33¢ Ea.



Deli Fresh! Ready to Enjoy! Deviled Egg, Baked Potato or 4 Bean Salad or BBQ Baked Beans

\$1.99 lb.



Deli Fresh! Sliced Free to Order! Cady Creek Provolone or Swiss Cheese

\$4.98 lb.



White or Yellow Corn Calidad Tortilla Chips

97¢ Ea.



Malt-O-Meal Big Bag Cereals

\$1.77 Ea.



Tuscan Traditions Pasta Sauce

\$1.66 Ea.



Progresso Ready to Serve Soup or Chowder

\$1.33 Ea.



Maintain Chunk Style Dog Food

\$11.88 Ea.



Sparkle Paper Towels

\$4.88 Ea.



Skinny Cow Frozen Treats, Haagen-Daz Snack Size or Nestlé Drumsticks Lil' Drums

\$2.98 Ea.



Freschetta Pizza

\$3.88 Ea.

Spokane Valley
13014 E. Sprague
509.928.9122
RX-509.926.2200

Latah Creek
4235 S. Cheney-Spokane Rd.
509.838.1198
RX-509.838.0896

Post Falls
1501 E. Seftice Way
208.773.3383
RX-208.773.2499

Cheney
4 Cheney-Spokane Rd.
509.235.6310

Store hours: 6 am - 11 pm

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2 WEEK SALE!

Prices Good 8/31/11 - 9/13/11



International Delight Flavored Coffee Creamer
32 oz., Selected Varieties
Your Choice

\$2.88
Ea.



Smart Balance Spreads
13-15 oz., Selected Varieties
Your Choice

\$2.48
Ea.



Tillamook
16 oz. Jr. Loaf
or 12 oz. Natural Sliced Cheese
Selected Varieties, Your Choice

\$3.77
Ea.



Non Fat, 1%, 2%
or Homogenized

Organic Valley Milk
64 oz., Your Choice

\$3.27
Ea.
\$1.67
Ea.



Pepperidge Farm Garlic Bread, Texas Toast or Parmesan Texas Toast
10-11.26 oz., Selected Varieties
Your Choice

\$1.98
Ea.



Jimmy Dean Breakfast Bowls or Ham N'Cheese Omelet
8-8.6 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Over 30 Selected Varieties
Marie Callender's or Healthy Choice Dinners, Meat Pies, Entrees or Steamers
8.5-19 oz., Your Choice
Mix or Match

2 for \$5



Hot, Lean or Croissant Pockets
6.5-9 oz., Your Choice
Mix or Match

2 for \$4



El Monterey Burritos
32 oz., Selected Varieties
Your Choice

\$2.97
Ea.



Farmland Bacon
16 oz., Selected Varieties
Your Choice

\$3.77
Ea.



Western Family Lunch Meat
12 oz., Selected Varieties
Your Choice

\$2.77
Ea.



Johnsonville Sausage or Brats
19.8 oz., Selected Varieties
Your Choice

\$3.77
Ea.



Original, Small Bites, Healthy Joints or Longevity
Pedigree Premium Dog Food
15-20 lb., Your Choice

\$13.97
Ea.



Western Family Cozy Care Diapers
70-96 ct., Sizes 3, 4 or 5

\$14.88
Ea.



Chinet Paper Plate, Cups, Bowls or Platters
8-36 ct., Selected Varieties
Your Choice

\$2.28
Ea.



Soft & Strong or Ultra Plush
Quilted Northern Bath Tissue
6 Double Rolls, Your Choice

\$3.98
Ea.



Small, Medium or Large
Western Family Household Gloves
1 Pair, Your Choice

98¢
Ea.



Vidal Sassoon Hair Pins, Clips, Rollers, Barrettes & Pony Tail Holders
Over 60 Varieties,
Your Choice

50% OFF



Axe or Degree Shower Gel, Body Spray, Deodorant or Shampoo
2.6-12 oz., Selected Varieties
Your Choice

\$3.98
Ea.



Over 75 Varieties
Nature's Bounty Vitamins
30-250 ct., Your Choice

50% OFF
"OUR ENTIRE LINE!"

2 WEEK SALE!

Prices Good 8/31/11 - 9/13/11



Oroweat English Muffins
6 ct., Selected Varieties
Your Choice, Mix or Match

Buy One, Get One FREE!

Quaker Instant Oatmeal
10.1-15.1 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5

Quaker Oats
42 oz., Quick or Old Fashioned **\$2.88** Ea.

Kraft BBQ Sauce
18 oz., Selected Varieties
Your Choice

\$1.18 Ea.

Pasta Roni or Rice a Roni
3.8-7.2 oz., Your Choice

Over 25 Varieties

98¢ Ea.

Wesson Vegetable or Canola Oil
48 oz., Your Choice

\$2.99 Ea.

Krusteaz Muffin & Dessert Mixes
14-21 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4

Krusteaz Pancake & Waffle Mixes
28-32 oz., Selected Varieties
Your Choice **\$2.37** Ea.

Chef Boyardee Can Pasta or Hunt's Manwich
7.5-15.5 oz., Selected Varieties
Your Choice

98¢ Ea.

Libby's Can Vegetables
14.5-15 oz., Selected Varieties
Your Choice

Green Beans, Corn, Peas, Mixed Vegetables, Lima Beans or Peas & Carrots

78¢ Ea.

Libby's Can Fruit
15-15.25 oz., Peaches, Pears or Fruit Cocktail
Your Choice **\$1.17** Ea.

Bush's Baked Beans
16 oz., Selected Varieties
Your Choice

\$1.33 Ea.

Rosarita Refried Beans
16 oz., Selected Varieties
Your Choice

88¢ Ea.

Golden Star Calrose Premium Rice
5 lb., Your Choice

White or Brown

\$3.47 Ea.

Jell-O Gelatin or Pudding
6-6 oz., Selected Varieties
Your Choice, Mix or Match

Original or Sugar Free

4 for \$5

Quaker Chewy Granola Bars
6.5-8.4 oz., Selected Varieties
Your Choice

\$2.44 Ea.

Hunt's Snack Pack Pudding
4 pk., Selected Varieties
Your Choice

98¢ Ea.

Nalley Pickles
46 oz., Selected Varieties
Your Choice

\$2.77 Ea.

Pace Picante Sauce or Chunky Salsa
15-16 oz., Selected Varieties
Your Choice

\$1.99 Ea.

Frito Lay Value Pack Chips
20-22 ct.

Perfect for School Lunches!

\$5.87 Ea.

Nabisco Ritz Crackers or Oreo Cookies
9.5-16 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5

Reser's Chip Dips
8 oz., Selected Varieties
Your Choice

97¢ Ea.

Mission Brown Bag Tortilla Chips
13 oz., Your Choice

Rounds, Triangles or Strips

\$1.77 Ea.