

Natural Body Care Products
Certified Organic Foods

All-Natural Ingredients
Fair-Trade Products

SEPTEMBER



2011

• NATURAL NEWS & SAVINGS •

BACK TO SCHOOL



Lunchbox Treats!

Organic Valley
Single Serve Milk
Selected Varieties

8-oz. Carton - **7/\$7**

4-ct., 8-oz. Cartons - **\$3.89** Ea.

12-ct., 8-oz. Cartons - **\$10.99** Ea.

Rudi's Organic Bakery
Bread

20-oz. to 22-oz. Bag
Selected Varieties

\$3.99 Ea.

Crown Prince
Tuna

6-oz. Can
Selected Varieties

Tongol - **\$1.99** Ea.

Albacore - **2/\$5**

*a lunchbox
classic, no refrigeration
required*



Santa Cruz
Organic Applesauce
6-ct. Package or 23-oz. Jar
Selected Varieties

\$3.49 Ea.

Organic Valley
Stringles
Selected Varieties

1-oz. Package - **69¢** Ea.

6-oz. Package - **\$3.99** Ea.

Clif and Mojo Bars
Selected Varieties

1.59-oz. to 2.4-oz. Package - **7/\$7**

12-ct., 2.4-oz. Box - **\$10.99** Ea.

Tasty
Organic Fruit Snacks
2.75-oz. to 6.15-oz. Box
Selected Varieties

25% Off

• Prices Effective August 31st Through September 27th, 2011 •

(Some items may not be available in all areas.)

MONTH LONG SAVINGS · MONTH LONG SAVINGS · MONTH LONG SAVINGS

SEPTEMBER SAVINGS

Kashi Cereal
10.4-oz. to 17.5-oz. Box
Selected Varieties
2/\$7

R.W. Knudsen Organic Juice
32-oz. Bottle
Selected Varieties
25% Off

Arrowhead Mills Cereal
12-oz. to 13-oz. Box
Selected Varieties
2/\$7

Triple Leaf Tea
20-ct. Box
Selected Varieties
25% Off

Barbara's Cereal
8-oz. to 14-oz. Box
Selected Varieties
\$2.99 Ea.

Santa Cruz Organic Juice
32-oz. Bottle
Selected Varieties
4/\$5

Snapdragon Soup Bowls or Cups
1.7-oz. to 2.1-oz. Package
Selected Varieties
4/\$5

Snapdragon Stir Fry
7.7-oz. Package
Selected Varieties
\$1.99 Ea.

Cascade Fresh Yogurt
6-oz. Cup
Selected Varieties
69¢ Ea.

White Mountain Vegetarian Tamales
6-ct. Package
Selected Varieties
\$3.99 Ea.

Illy Issimo Coffee
4-ct., 8-oz. Cans
Selected Varieties
\$6.39 Ea.

Voskos Greek Yogurt
Selected Varieties
5.3-oz. Cup - **7/\$7**
8-oz. Cup - **4/\$5**

Nuun Electrolyte Tablets
Selected Varieties
12-ct. Tube - **\$4.19** Ea.
16-ct. U Hydration - **\$5.49** Ea.

Traditional Medicinals Seasonal Teas
16-ct. Box
Selected Varieties
\$3.99 Ea.

Earth Friendly Natural Cleaning Products
8-oz. to 100-oz. Package
Selected Varieties
25% Off

Redwood Hill Farm Goat Milk Yogurt
6-oz. Cup
Selected Varieties
\$1.59 Ea.

Lucini Pasta Sauce
19.6-oz. to 25.5-oz. Jar
Selected Varieties
\$6.99 Ea.

Wolfgang Puck Soup
14.5-oz. Can
Selected Varieties
2/\$5

Maui & Sons Coconut Water
17.5-oz. Can
\$1.99 Ea.

World Centric Picnicware
20-ct. to 50-ct. Package
Selected Varieties
25% Off

Lillian's Healthy Gourmet Entrees
8-oz. Box
Selected Varieties
\$4.69 Ea.

Earth Friendly Natural Cleaning Products
Family owned and operated for over 40 years, Earth Friendly Products manufactures the most effective and affordable natural cleaning products right here in the Northwest. The plant based formulas are PH Neutral and free of toxic chemicals like 1,4 Dioxane, phosphates, formaldehyde and petrochemicals that endanger the health of your family, pets and the environment.

www.ecos.com

• Aug 31 - Sept 27, 2011 •



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HUCKLEBERRY'S IS THE PLACE TO GO FOR HEALTHY LIVING

ALL NATURAL

**Lillian's Healthy Gourmet
Crispy Seafood Cakes**
8-oz. Box

\$5.69 Ea.

Olade Beverage
16-oz. Bottle
Selected Varieties

2/\$3

Quorn Meatless Foods
7-oz. to 12-oz. Box
Selected Varieties

\$4.89 Ea.

**Dr. Praeger's
Veggie Pancakes**
12-oz. to 13.5-oz. Box
Selected Varieties

\$3.19 Ea.

**Dr. Praeger's
Potato Crusted
Fish Sticks**
10.5-oz. to 11.2-oz. Box
Selected Varieties

\$4.49 Ea.

**Simply Asia
Stir-fry Sauce**
3.98-oz. to 4.44-oz. Package
Selected Varieties

2/\$3

**Simply Asia
Noodle Bowls**
8.5-oz. Package
Selected Varieties

2/\$5

**Rising Moon
Pasta Sauce**
14-oz. Jar
Selected Varieties

\$3.19 Ea.



**Rising Moon
Frozen Pizza**
11-oz. Box
Selected Varieties

\$4.99 Ea.



**Rising Moon
Frozen Ravioli
or Pierogi**
16-oz. Package
Selected Varieties

\$4.99 Ea.



**So Delicious
Coconut Milk Yogurt**
Selected Varieties

6-oz. Cup - **\$1.39** Ea.

16-oz. Tub - **2/\$5**



**Biokleen
Laundry Powder**
5-lb. Box

\$8.49 Ea.



**Biokleen
Premium Plus
Laundry Powder**
5-lb. Box

\$9.99 Ea.



**Spectrum
Mayonnaise or
Cooking Oil**
14-oz. to 32-oz. Package
Selected Varieties

25% Off



Oikos Greek Yogurt
Selected Varieties

5.3-oz. Cup - **\$1.79** Ea.

16-oz. Tub or 4-ct. Package - **\$4.59** Ea.



**Stonyfield Farm
Organic Activia**
4-ct., 4-oz. Cup
Selected Varieties

\$2.99 Ea.



PJ's Burritos
6-oz. Package
Selected Varieties

\$1.99 Ea.



**Mrs. Meyer's
Dish Liquid or
Surface Scrub**
11-oz. to 16-oz. Bottle
Selected Varieties

\$3.79 Ea.

**Mrs. Meyer's
All Purpose Cleaner**
32-oz. Bottle
Selected Varieties

\$5.99 Ea.

**Ecover
Cleaning Products**
Selected Sizes & Varieties

25% Off



L&A Juice
32-oz. Bottle
Selected Varieties

25% Off

**Newman's Own
Chocolate or
Caramel Cups**
1.2-oz. Package
Selected Varieties

4/\$5

Newman's Own Pretzels
7-oz. to 8-oz. Bag
Selected Varieties

\$1.99 Ea.

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HUCKLEBERRY'S IS THE PLACE TO GO FOR HEALTHY LIVING

WHOLESOME



Enjoy Life Cookies
6-oz. to 7-oz. Box
Selected Varieties
2/\$7



Enjoy Life Semi-Sweet Chocolate Mega Chunks
10-oz. Bag
Selected Varieties
\$3.99 Ea.



Citra-Drain
22-oz. Bottle
Selected Varieties
\$4.79 Ea.



Citra Suds Liquid Laundry Detergent
50-oz. Jug
Selected Varieties
\$5.99 Ea.



Liberte Mediterranee Yogurt
6-oz. Cup
Selected Varieties
\$1.59 Ea.



Earth Balance Products
13-oz. to 16-oz. Package
Selected Varieties
25% Off



Boulder Potato Chips
5-oz. Bag
Selected Varieties
\$1.89 Ea.



Earth's Best Baby Food
Selected Sizes & Varieties
25% Off



Against The Grain Products
12.5-oz. to 24-oz. Package
Selected Varieties
\$5.99 Ea.



Kids Central Kitchen Baking Mixes
10-oz. to 13-oz. Package
Selected Varieties
\$2.99 Ea.



Uncle Matt's Orange Juice
59-oz. Bottle
Selected Varieties
\$5.79 Ea.



Zhena's Seasonal Tea
22-ct. Can
Selected Varieties
\$4.99 Ea.



Lifeway Kefir
32-oz. Bottle
Selected Varieties
\$3.59 Ea.



Drew's Salad Dressing
8-oz. Bottle
Selected Varieties
\$2.99 Ea.



Gaytan Cheese Puffs
7-oz. Bag
Selected Varieties
\$2.19 Ea.



Good Kind Natural Coffee Creamer
12-oz. Package
Selected Varieties
\$5.59 Ea.



Huckleberry's Organic Coffee
Selected Varieties
12-oz. Bag - **\$7.99** Ea.
Bulk - **\$8.99** Lb.



Nutiva Hemp Foods
1-oz. to 16-oz. Package
Selected Varieties
25% Off



Nature's Path Granola
11.5-oz. Box
Selected Varieties
2/\$5



Mother's Bumpers Cereal
10.6-oz. to 14-oz. Box
Selected Varieties
\$3.59 Ea.



Revolution Foods
Selected Sizes & Varieties
25% Off



Sun Tropics Nectar
64-oz. Carton
Selected Varieties
\$3.69 Ea.



Bulk Sunridge Cranberry Harvest or Organic Trail Mix
\$6.49 Lb.



Good Kind Natural Coffee Creamer

Good Kind is committed to providing their customers with a premium natural coffee creamer that is unique, satisfying, nutritious, and convenient.

They choose only the best natural and organic ingredients because they are better for the environment and for all of us living in it.

They strive to be a socially responsible business and use sustainable ingredient sourcing and recyclable packaging.

Good Kind is a small company that values and respects our customers, employees, suppliers, and shareholders.

www.goodkind.com

● Aug 31 - Sept 27, 2011 ●



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HUCKLEBERRY'S IS THE PLACE TO GO FOR HEALTHY LIVING

Once Again
Organic Sunflower Seed Butter
16-oz. Jar
\$4.99 Ea.



Food For Life
Ezekiel 4:9 Bread or Cereal
16-oz. to 24-oz. Package
Selected Varieties
25% Off



• Natural Living •

Earth's Best Diapers
26-ct. to 44-ct. Package
Selected Varieties
25% Off



Alba Botanica Lotion
Selected Sizes & Varieties
25% Off



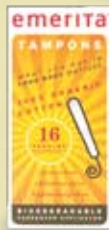
Shikai Lotion
8-oz. Tube
Selected Varieties
\$4.99 Ea.



American Health Supplements
Selected Sizes & Varieties
25% Off



Emerita Feminine Products
Selected Sizes & Varieties
25% Off



Stevita Clear Liquid
1.35-oz. Bottle - **\$3.69** Ea.
3.3-oz. Bottle - **\$7.49** Ea.



Stevita Sticks
10-ct. Package
Selected Varieties
\$5.59 Ea.



Huckleberry's Supplements

Every one of our supplements has been processed in an FDA approved facility that meets the stringent quality and cleanliness guidelines required for processing pharmaceuticals, exceeding the guidelines for just vitamins and supplements. The end result is a consistent, exceptionally high quality product, from a name you can trust...

Huckleberry's.

Huckleberry's Echinacea, 250mg.
60-ct. Bottle
\$3.99 Ea.



Huckleberry's Bee Pollen
100-ct. Bottle
\$3.99 Ea.



Huckleberry's Spirulina, 500mg.
100-ct. Bottle
\$3.99 Ea.



Huckleberry's Vitamin C, 500mg
60-ct. Bottle
\$4.59 Ea.



Huckleberry's Immunity Formula
60-ct. Bottle
\$6.99 Ea.



• Aug 31 - Sept 27, 2011 •



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REACH FOR SOMETHING ORGANIC WHEN YOU'RE IN THE MOOD FOR SNACKS

SNACK TIME

Bobo's Oat Bars

3-oz. Package
Selected Varieties

\$1.99 Ea.



Wallaby

Organic Lowfat Yogurt
Selected Varieties

6-oz. Cup - **79¢** Ea.

32-oz. Tub - **\$2.79** Ea.



Soy Delicious

Frozen Dessert

32-oz. Tub or 6-ct. Li'l Buddies
Selected Varieties

\$3.99 Ea.



Dr. Kracker Snackers

6-oz. Package
Selected Varieties

\$2.59 Ea.



Larabar

1.6-oz. to 1.8-oz. Package
Selected Varieties

4/\$5



Blue Sky

Organic Soda

6-ct., 12-oz. Cans
Selected Varieties

\$3.19 Ea.



Blue Sky

Free Soda

6-ct., 12-oz. Cans
Selected Varieties

\$3.49 Ea.



Kettle

Organic Potato Chips

5-oz. Bag
Selected Varieties

2/\$5



Buffalo Cranberry Bites

NO NITRATES • NO MSG • LOW FAT
GLUTEN FREE • LACTOSE FREE

TANKA BITES
100% NATURAL



Tanka Bars

1-oz. Bars
Selected Varieties

\$1.99 Ea.

Tanka Bites

3-oz. Bag
Selected Varieties

\$4.99 Ea.



Kettle

Potato Chips
13-oz. Bag
Selected Varieties

\$3.19 Ea.

Glutino Cookies

8.6-oz. to 10.6-oz. Box
Selected Varieties

\$3.99 Ea.



Bearitos

Puffs or Crunchitos
4.5-oz. to 6-oz. Bag
Selected Varieties

\$1.99 Ea.



Andalou Naturals

Body Care Products

The meaning of Andalou is 'Path of Light', and they believe it best reflects their intention to foster good things in the world and enrich the lives they touch, one responsible product at a time. For Andalou Naturals, it's simply the way business should be done.



Their skin care, hair care and body care products are made thoughtfully and beautifully, blending advanced Fruit Stem Cell Science with natural and fair-trade ingredients, with a minimum 70% certified organic content, for visible and healthy results.

Andalou Naturals Body Care Products

.6-oz. to 11.5-oz. Package
Selected Varieties

25% Off

www.andalou.com

• Aug 31 - Sept 27, 2011 •



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REALLY GOOD RECIPES CALL FOR THE VERY BEST INGREDIENTS

GREAT INGREDIENTS

**Organic Valley
Lactose Free Milk**
32-oz. Carton

\$2.19 Ea.

**Organic Valley
Half & Half**
16-oz. Carton

\$1.89 Ea.

**Organic Valley
Butter**
8-oz. Package
Selected Varieties

\$3.59 Ea.

**Organic Valley
Cream Cheese or
Neufchatel**
8-oz. Package

\$2.69 Ea.

**Organic Valley
Sliced Cheese**
6-oz. to 8-oz. Package
Selected Varieties

25% Off

**Organic Valley
Flavored Half & Half
or Soy Creamer**
16-oz. Carton
Selected Varieties

\$2.19 Ea.

Muir Glen Pasta Sauce
25.5-oz. Jar
Selected Varieties

\$3.19 Ea.

Muir Glen Tomatoes
14.5-oz. to 15-oz. Can
Selected Varieties

2/\$3



Dr. Oetker Mixes
3.4-oz. to 17.5-oz. Package
Selected Varieties

25% Off

**Pacific Foods
Organic Broth**
32-oz. Carton
Selected Varieties

\$2.69 Ea.

**Woodstock Farms
Organic Frozen Potatoes**
16-oz. Bag
Selected Varieties

\$2.79 Ea.

**Natural Sea
Salmon**
6-oz. to 7.5-oz. Can
Selected Varieties

25% Off

**Canterbury
Soup or Cake Mix**
6.5-oz. to 16.5-oz. Package
Selected Varieties

2/\$7

Fantastic Foods Mixes
2.7-oz. to 12-oz. Box
Selected Varieties

2/\$5

**Bulk Fantastic Foods
Mixes**
Selected Varieties

\$3.49 Lb.

**Westbrae
Organic Beans**
15-oz. Can
Selected Varieties

2/\$3

• Aug 31 - Sept 27, 2011 •



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MONTH LONG SAVINGS • MONTH LONG SAVINGS • MONTH LONG SAVINGS

HEALTHY BREAKFAST

The most important meal of the day!

You probably heard it from your own parents: Breakfast is the most important meal of the day. But now you're the one saying it - to your sleepy, frazzled, grumpy kids, who insist "I'm not hungry" as you try to get everyone fed and moving in the morning.

Even if you eat a healthy morning meal every day, it can be tough to get kids fueled up in time for school, childcare, or a day of play. But it's important to try.

Breakfast is a great way to give the body the refueling it needs. Kids who eat breakfast tend to eat healthier overall and are more likely to participate in physical activities.

Huckleberry's Organic Eggs
Grade A Large
12-ct. Package
\$2.99 Ea.

Nature's Path Cereal
10.6-oz. to 14-oz. Box
Selected Varieties
2/\$5



Organic Valley Orange Juice
59-oz. Carton
Selected Varieties
\$4.99 Ea.

Nature's Path Frozen Waffles
7.5-oz. Box
Selected Varieties
2/\$4

Coomb's Maple Syrup, Grade B
8-oz. to 32-oz. Package
Selected Varieties
25% Off

Brown Cow Yogurt
6-oz. Cup
Selected Varieties
69¢ Ea.

Jason Toothpaste and Mouthwash
4.2-oz. to 16-oz. Package
Selected Varieties
25% Off



Aug 31 - Sept 27, 2011



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926 South Monroe Street • Spokane, WA 99204 • (509) 624-1349 • www.huckleberrysnaturalmarket.com

YOU'LL ALSO FIND US TUCKED AWAY IN A CORNER OF A ROSAUERS OR SUPER 1 STORE JUST DOWN THE STREET . . .

Rosauers
Supermarkets, Inc.
9414 N. Division St
Spokane, WA 99218
(509) 467-6812

Rosauers
Supermarkets, Inc.
10618 E. Sprague
Spokane, WA 99206
509-924-3700

Rosauers
Supermarkets, Inc.
1867 Twelfth Street
Hood River, OR 97031
(541) 386-1119

Rosauers
Supermarkets, Inc.
North 411 Main Street
Moscow, ID 83843
(208) 882-5574

Rosauers
Supermarkets, Inc.
2150 U.S. Hwy 93 S
Kalispell, MT 59901
(406) 755-5088

Super 1 Foods
East 200 Mt. View
Ellensburg, WA 98926
(509) 962-7770

Rosauers
Supermarkets, Inc.
2610 East 29th Ave
Spokane, WA 99223
(509) 535-3683

Rosauers
Supermarkets, Inc.
410 South 72nd Ave.
Yakima, WA 98908
(509) 972-2327

Rosauers
Supermarkets, Inc.
2350 Reserve
Missoula, MT 59801
(406) 721-5430

Rosauers
Supermarkets, Inc.
332 Thain Road
Lewiston, ID 83501
(208) 746-2377

Rosauers
Supermarkets, Inc.
3255 Technology Blvd. W
Bozeman, MT 59718
(406) 587-0637

Super 1 Foods
710 S. 9th
Walla Walla, WA 99362
(509) 525-8790