

Naturally

the best



**HUCKLEBERRY'S**  
NATURAL MARKET

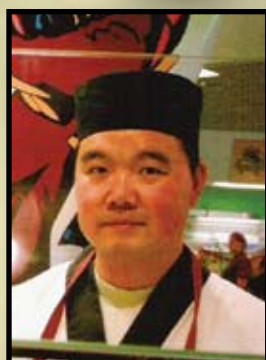


926 S. MONROE • 624-1349 • OPEN 7AM-10PM DAILY • WWW.HUCKLEBERRYSNATURALMARKET.COM



**25% OFF\***

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**Meet Ray Lei :: Sushi Expert**

"I graduated from Gonzaga University in 2002, with my MBA but didn't rush into the job market. Instead, I noticed a variety of fresh sushi packages in Huckleberry's Natural Market in Spokane. As a consumer I was happy to buy fresh sushi with supermarket prices.

I told myself that I should start a sushi company before everyone else does. Having a business plan in mind, I started to obtain all the information about sushi making, food safety etc. and soon, I had all the fundamental knowledge and even got hired as a sushi chef. After two years of preparation, I started to market my products and services to local supermarkets. The response was

overwhelming and the sales were great.

Before long, I had to hire employees for the growing demand. In December 2007, we were honored to start a valuable partnership with a store in Kalispell, MT. Since then, we have been given the opportunity to expand our business to other area stores. Today, we sell our sushi products in more than thirty locations in Oregon, Washington, Idaho and Montana."

**Ray Lei**

President of Eson Gib Asian Cuisine Inc.



\*08/24/11 - 08/30/11

**This week's specials:**

Effective dates 8/24 - 8/30/11.

**Grocery Department**

**Amande Cultured Almondmilk**  
6-oz. Cup  
Selected Varieties  
**\$1.19** Ea.



**Bob's Red Mill Gluten Free All Purpose Baking Flour**  
22-oz. Bag - **\$3.59** Ea.  
44-oz. Package - **\$6.39** Ea.



**Kozy Shack Pudding**  
4-ct. Package  
Selected Varieties  
**\$2.69** Ea.



**Yami Organic Yogurt**  
6-oz. Cup  
Selected Varieties  
**89¢** Ea.



**Bulk Department**

**Lundberg Organic Sushi Rice**  
**\$1.79** Lb.



**San-J Organic Shoyu Tamari**  
**\$3.29** Lb.



**Spokane Wine Co.**

**Sho Chiku Bai Nama Organic Sake**  
300-ml. Bottle  
**\$6.49** Ea.



**Produce Department**

**Organic Green Onions**  
**59¢** Bunch



**Organic Yellow Onions**  
**59¢** Lb.



**Organic Mini Peeled Carrots**  
1-lb. Bag  
**\$1.39** Ea.



**Organic Cantaloupe**  
**69¢** Lb.



**Organic Carrots**  
**\$1.49** Bunch



**Organic Kale**  
Selected Varieties  
**\$1.49** Ea.



**Meat Department**

**Mary's Boneless, Skinless Chicken Breasts**  
**25% Off**



**9th Street Bistro**

**Yakisoba Noodle Salad**  
**\$8.99** Lb.



**Natural Living**

**Garden Of Life Vitamin Code Raw Calcium**  
75-ct. to 150-ct. Bottle  
Selected Varieties  
**25% Off**



**Genuine Health Joint + Care**  
30-ct. Package  
**\$31.99** Ea.



**Gaia Reflux Relief**  
45-ct. Package  
**\$7.99** Ea.



**New Chapter Zylamend**  
60-ct. to 120-ct. Bottle  
Selected Varieties  
**30% Off**



**Upcoming Events**

**Saturday 8/27, 7pm**

**LIVE MUSIC  
CANNED MUSIC**

Canned Music serves up an evening of crowd favorites from rock, folk, pop, jazz and contemporary genres. Tight harmonies and memorable songs are the hallmark of any Canned Music performance.

**Saturday 9/3, 7pm**

**LIVE MUSIC  
ABE KENNEY**

Abe Kenney plays original and collaborative guitar compositions that are heavily influenced by flamenco technique, death metal and video game music. Come and enjoy great music, food, wine & micros in our 9th Street Bistro.

**Saturday 9/10, 7pm**

**LIVE MUSIC  
BACK WATER SAVANTS**

John Coyle and Clarke Ong came together to create The Backwater Savants. Both John and Clarke have diverse musical backgrounds that have moulded each of their musical styles into what they are today. The result is an original, earthy, Rocky Mountains meets bluegrass sound.

**Northwest Vendor Corner**

**Twin Springs Farm  
Kettle Falls, WA**

For nearly 30 years, Bob and Shelly Berryman have devoted their summers to growing organic peaches, a cavalcade of varieties from mid-July to early September with names that conjure starry nights and martial arts movies: Flaming Fury, Early Redhaven, Redhaven, Blazing Star, Suncrest and Red Globe.

It's a family operation: Bob runs the tractor and multi-tasks; Shelly manages the picking and packing crew and wanders the orchards just 30 miles south of the Canadian border in Kettle Falls, Wash.

Patience is what sets Twin Springs Farm apart from many other organic peach growers. They pick each piece of fruit at ideal tree-ripeness, going back to a tree four to five times over many days as each peach reaches its peak.

