

summer grillin' goodness!

Prices Good
8/10/11-8/16/11



**Boneless Petite
Sirloin Steak**

\$2.97
lb.



**Fresh Express
Iceberg Garden
Salad or 3 Color
Coleslaw**

12-16 oz., Your Choice

88¢
Ea.

**Breyers
Premium Ice Cream**

48 oz., Selected Varieties
Your Choice, Mix or Match
First 2 Total Per Family Please

\$2.88
Ea.



**Hunt's
Spaghetti Sauce**
26-26.5 oz., Selected Varieties
Your Choice, Mix or Match
First 4 Total Per Family Please

77¢
Ea.



**Sara Lee
Deluxe Bagels**
6 ct., 20 oz., Selected Varieties
Your Choice, Mix or Match

Buy One, Get One
FREE!



**VO5 Shampoo
or Conditioner**
15 oz., Selected Varieties
Your Choice, Mix or Match
First 2 Total Per Family Please

66¢
Ea.



great prices, everyday!

~ it's that simple ~

Visit us online at tradingcostores.com

No sales to dealers. We reserve the right to limit quantities. Not responsible for typographical errors.
Some advertised items may not be available due to circumstances beyond our control.



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on facebook!



Fresh Sno White Jumbo or Crimini Mushrooms **\$2.88** lb.



Fresh, Crisp Red or Green Seedless Grapes **\$1.48** lb.

PRAIRIE FRESH



100% Natural Bone In Pork Loin or Rib Chops **\$2.27** lb.

DOUBLE R RANCH Northwest Beef



Boneless Beef Country Style Ribs **\$2.77** lb.



Extra Large Green Bell Peppers **44¢** Ea.



Sweet Red or Black Plums **98¢** lb.



Fresh Chicken Hindquarters Jumbo Pack **\$1.27** lb.



Boneless Beef Rump Roast **\$2.77** lb.



Fresh Green Cabbage **33¢** lb.



Organic Strawberries **\$1.88** Ea. 1 Lb. Package



Lean Fresh Ground Turkey **\$3.47** Ea. 20 oz.



Boneless Beef Cube Steak **\$3.27** lb.



Large Slicing Tomatoes **97¢** lb.



Blueberries **\$2.77** Ea. 1 Pint



Sno Mist Frozen Tilapia Fillets **\$6.77** Ea.



Easy Peel Prawns **\$13.98** Ea. 2 1/25 ct., Previously Frozen



Bakery Fresh! Maple or Chocolate Bars **33¢** Ea. Your Choice



Baked Fresh In Store! Angel Food Cake **\$2.47** Ea. 10"



Deli Fresh! Hot & Ready to Enjoy! Buy Any 8 Piece Baked or Fried Chicken, Whole Roasted Chicken or 1 lb. or More Chicken Tenders **FREE!** with Purchase



Deli Fresh! Sliced Free to Order! Virginia Baked or Smoked Honey Ham **\$3.88** lb.



Bakery Fresh! Baked Croissants **\$2.77** Ea. 4 ct.



Bakery Fresh! Roasted Garlic Loaf **\$2.98** Ea. 17 oz.



Del Monte Fruit Singles **\$1** Ea. 6-8 oz., Selected Varieties



Deli Fresh! Sliced Free to Order! Cady Creek Swiss Cheese **\$4.97** lb.

Spokane Valley
13014 E. Sprague
509.928.9122
RX-509.926.2200

Latah Creek
4235 S. Cheney-Spokane Rd.
509.838.1198
RX-509.838.0896

Post Falls
1501 E. Seltice Way
208.773.3383
RX-208.773.2499

Cheney
4 Cheney-Spokane Rd.
509.235.6310
Store hours: 6 am - 11 pm

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2 WEEK SALE!

Prices Good 8/10/11 - 8/23/11



StarKist Chunk White Albacore Tuna

5 oz.

98¢ Ea.



Chicken, Beef or Shrimp
Nissin Cup Soup

3 pk., Your Choice

97¢ Ea.



Creamy or Chunky
Western Family Peanut Butter

18 oz., Your Choice

\$1.27 Ea.



Over 20 Selected Varieties
Gatorade Sport Drinks

32 oz., Your Choice

99¢ Ea.



Wish-Bone Pourable Salad Dressings

16 oz., Selected Varieties Your Choice

\$1.88 Ea.



12 oz. Tully's or 12 ct. K-Cup Coffee

Selected Varieties, Your Choice

\$6.98 Ea.



Chicken, Beef or Sweet & Sour
La Choy Chow Mein

42-43.5 oz., Your Choice

\$2.88 Ea.



Over 25 Selected Varieties
Ronzoni or Healthy Harvest Pasta

12-16 oz., Your Choice

99¢ Ea.



Western Family Potato Chips

11 oz., Selected Varieties Your Choice

\$1.87 Ea.



10 oz. Mixed, 9 oz. Whole Cashews or 9 oz. Almonds
Imperial Snack Nuts

9 oz., Selected Varieties Your Choice

\$2.98 Ea.



Imperial Peanuts

9-12 oz.

\$1.88 Ea.



Orville Redenbacher's Microwave Popcorn

2-4 pk., Selected Varieties Your Choice, Mix or Match

Buy One, Get One **FREE!**



Franz Cookies

10.5-11.5 oz., Selected Varieties Your Choice, Mix or Match

2 for \$4



Western Family Fruit Snacks

5.4 oz., Selected Varieties Your Choice

99¢ Ea.



Ocean Spray Juice Drinks

64 oz., Selected Varieties Your Choice

\$2.33 Ea.



C&H Granulated Sugar

10 lb.

\$5.88 Ea.



Mission Family Size Brown Bag Tortilla Chips

20 oz., Selected Varieties Your Choice

\$2.27 Ea.



Original or Pink
Old Orchard Lemonade

64 oz., Your Choice Mix or Match

2 for \$3



Original, Butter or Lite
Western Family Pancake Syrup

24 oz., Your Choice

\$1.88 Ea.



Rice, Corn or Wheat
Chex Cereal

12.8-14 oz., Your Choice Mix or Match

2 for \$5



Power Bars

1.94-2.29 oz., Selected Varieties Your Choice, Mix or Match

10 for \$10

2 WEEK SALE!

Prices Good 8/10/11 - 8/23/11



Blue, Feta, Gorgonzola or Parmesan
Treasure Cave Cheese
4.25-8 oz., Your Choice

\$1.98
Ea.



Swiss Miss Pudding

6 pk., 3.5-4 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$4



Dannon Activia Yogurt, Danimal Cups or Drinkables or DanActive Drink Yogurts
4-6 pk., Selected Varieties
Your Choice

\$1.77
Ea.



Western Family 16 Singles American
12 oz.

\$1.88
Ea.



Western Family Vegetable Blends
16 oz., Selected Varieties
Your Choice, Mix or Match

4 for \$5



Jimmy Dean Breakfast Sandwiches

13.6-18.4 oz., 5 Selected Varieties
Your Choice

\$3.99
Ea.



Over 20 Selected Varieties!
Weight Watcher's or Blue Bunny Frozen Treats
6-12 ct., Your Choice

\$3.97
Ea.



Over 70 Selected Varieties!
Stouffer's or Lean Cuisine Entrees
6-12.8 oz., Your Choice
Mix or Match

2 for \$5



John Morrell Bacon
12 oz., Selected Varieties
Your Choice

\$2.88
Ea.



Mission Burrito Size Tortillas
16 ct., 40 oz.

\$2.98
Ea.



Foster Farms Chicken or Turkey Franks
12 oz., Selected Varieties
Your Choice

97¢
Ea.



Land O'Frost Premium Lunch Meat
16 oz., Selected Varieties
Your Choice

\$3.47
Ea.



Fancy Feast Canned Cat Food
3 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$1



Western Family Multi-Flavored Dog Biscuits
4 lb.

2 for \$5



Western Family Kibbles & Bones Adult Dog Food
17.6 lb.

\$7.88
Ea.



Western Family White Facial Tissue
160 ct.

97¢
Ea.



Western Family Complete Allergy Medicine
100 Ct.

Buy One, Get One FREE!

375 ct. Original or 300 ct. Antibacterial
Q-Tip Swabs
Your Choice, Mix or Match

2 for \$5



Barbasol Shave Cream
11 oz., Selected Varieties
Your Choice

99¢
Ea.



Aim or Pepsodent Toothpaste
4.8-6 oz., Selected Varieties
Your Choice

88¢
Ea.